

MARCH

Neighbourhood of Ailsa Craig

Legend

C—Chapel

TH—Town Hall

MF— Main Floor

TS—Town Square

SC—Social Club

FE—Front Entrance

L—Library

EM—Emma's

HS—Hobby Shop

JPL — Jack Purcell Lounge

BP— Back Patio

FC—Fitness Centre

MFC — Main Floor Café

PC—Patio Courtyard

March is...

**Music Therapy Awareness,
National Social Work, &
Nutrition Month**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 10:15 Word Games HS 10:30 Coffee & Crokinole JPL 2:00 Knitting Club 4th FL 2:30 Betting Bingo! JPL 2:30 Parallel Bars Balance FC 2:30 Movie Matinee: "The English Patient" TH 4:00 Singing Group JPL
2 11:15 DrumFIT FC 2:00 Euchre JPL 3:00 Chapel Service C 4:00 Sunday TV Series: "Waiting for God" TH	3 World Wildlife Day 10:30 Catholic Communion C 11:00 VON Exercise JPL 2:00 High Tea 2nd FL 2:30 RIA Nutrition Month Study TH 3:00 Better Balance JPL 4:00 Hand Therapy JPL 5:00 Happy Hour 2nd FL 7:30 Musical Mondays: "Nana Mouskouri in Concert" TH	4 Shrove Tuesday 9:30 Chaplain's Corner 2nd FL 10:30 Meeting of Minds TH 10:30 Piano Music w/ Karen Guitard TS 11:00 VON Exercise JPL 2:00 Edgar Cayce Study Group JPL 2:30 Celebration of Life TH 7:30 Trivia Night HS 7:30 Senior Fireside Chat TH Cameron Cards 10:30-2 TS	5 Ash Wednesday 11:00 VON Exercise JPL 3:00 Get Active JPL 4:00 Jeopardy JPL 2:30 & 7:30 Movie: "Driving Miss Daisy" TH Imposition of Ashes - (Ash Wednesday) - Available throughout the day in the Chapel	6 10:00 Chair Yoga FC 10:30 Bible Study C 11:00 VON Exercise JPL 2:30 Food Committee Meeting L 7:00 No Stress Bridge JPL 7:30 Bingo! HS	7 10:30 Meditation Stretches JPL 10:30 Movie Crew Meeting HS 11:15 Betting Bingo JPL 2:30 Corn Hole 4th FL 4:00 Happy Hour 3rd FL 4:20 Happy Hour 4th FL 2:30 & 7:30 Movie: "The Best Exotic Marigold Hotel" TH	8 Intl. Women's Day 10:15 Word Games HS 2:00 Knitting Club 4th FL 2:30 Parallel Bars Balance FC 2:30 Movie Matinee: "The Odd Couple" TH 7:30 Comedy Hour TH View our International Women's Day Display in TS
9 Daylight Savings Begins 11:15 DrumFIT FC 2:00 Euchre JPL 3:00 Chapel Service C 4:00 Sunday TV Series: "Waiting for God" TH Don't forget to set your clocks AHEAD 1 hour!	10 10:30 Catholic Communion C 11:00 VON Exercise JPL 2:00 High Tea 2nd FL 3:00 Better Balance JPL 4:00 Hand Therapy JPL 4:00 Dinner: East Side Mario's *RSVP* 5:00 Happy Hour 2nd FL 7:30 Entertainment: "Lyre Harpist Ryan MacLeod" TH	11 9:30 Chaplain's Corner 2nd FL 10:30 Meeting of Minds TH 11:00 VON Exercise JPL 2:00 Edgar Cayce Study Group JPL 2:30 Film of Faith: "Healed by Grace 2" TH 3:00 Praying the Rosary C 7:30 Trivia Night HS 7:30 Senior Fireside Chat TH	12 10:15 Morning Bakers Café JPL 10:30 Men's Conversation Connection C 11:00 VON Exercise JPL 2:15 Pet Therapy HS 3:00 Get Active JPL 3:00 Bookmobile FE 4:00 Jeopardy JPL 2:30 & 7:30 Movie: "North By Northwest" TH Creations Boutique 10-2 HS	13 Purim 10:00 Chair Yoga FC 10:30 Bible Study C 11:00 VON Exercise JPL 7:00 No Stress Bridge JPL 7:30 Bingo! HS	14 Holi & Pi Day 10:30 Meditation Stretches JPL 11:15 Betting Bingo! JPL 2:30 Corn Hole 4th FL 4:00 Happy Hour 3rd FL 4:20 Happy Hour 4th FL 2:30 & 7:30 Movie: "Bullitt" TH	15 10:15 Word Games HS 10:30 Cambridge Center & Hudson's Bay *RSVP* 2:00 Knitting Club 4th FL 2:30 Parallel Bars Balance FC 2:30 Movie Matinee: "Thunder Ball" TH 4:00 Singing Group JPL

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<p>16 11:15 DrumFIT FC 2:00 Euchre JPL 3:00 Chapel Service with Salvation Army Hymn Sing TH 4:00 Sunday TV Series: "Waiting for God" TH</p>	<p>17 St. Patrick's Day 10:30 Catholic Communion C 11:00 VON Exercise JPL 2:00 High Tea 2nd FL 3:00 Better Balance JPL 6:30-8:30 Annual St. Patrick's Day Pub Crawl w/ Music by Traditional Folk Band "Shepherd's Knot" TS</p>	<p>18 9:30 Chaplain's Corner 2nd FL 10:30 Meeting of Minds TH 10:30 Piano Music w/ Karen Guitard TS 11:00 VON Exercise JPL 2:00 Edgar Cayce Study Group JPL 7:30 Trivia Night HS 7:30 Senior Fireside Chat TH</p>	<p>19 10:15 Morning Bakers Café JPL 11:00 VON Exercise JPL 3:00 Get Active JPL 4:00 Jeopardy JPL 2:30 & 7:30 Movie: "M*A*S*H" TH</p>	<p>20 First Day of Spring 10:00 Chair Yoga FC 10:30 Bible Study C 11:00 VON Exercise JPL 3:00 Spring Fling Social: Entertainment w/ Katie Lammert TS 7:00 No Stress Bridge JPL 7:30 Bingo! HS</p>	<p>21 World Poetry Day 10:30 Meditation Stretches JPL 11:15 Betting Bingo! JPL 2:30 Corn Hole 4th FL 4:00 Happy Hour 3rd FL 4:20 Happy Hour 4th FL 2:30 & 7:30 Movie: "Raiders of the Lost Ark" TH</p>	<p>22 10:15 Word Games HS 2:00 Knitting Club 4th FL 2:30 Parallel Bars Balance FC 2:30 Movie Matinee: "The Birdcage" TH 7:30 Comedy Hour TH</p>
<p>23 National Puppy Day 11:15 DrumFIT FC 2:00 Euchre JPL 3:00 Chapel Service C 4:00 Sunday TV Series: "Waiting for God" TH</p>	<p>24 10:30 Catholic Communion C 11:00 VON Exercise JPL 2:00 High Tea 2nd FL 3:00 Better Balance JPL 4:00 Hand Therapy JPL 5:00 Happy Hour 2nd FL 7:30 Musical Mondays: "Celtic Women in Concert" TH</p>	<p>25 9:30 Chaplain's Corner 2nd FL 10:30 Meeting of Minds TH 11:00 VON Exercise JPL 2:00 Edgar Cayce Study Group JPL 7:30 Trivia Night HS 7:30 Senior Fireside Chat TH</p>	<p>26 10:15 Morning Bakers Café JPL 10:30 Men's Conversation Connection C 1:45 Conversation Café JPL 2:30 Residents' Council Meeting TH 3:00 Get Active JPL 3:00 Bookmobile FE 4:00 Jeopardy JPL 2:30 & 7:30 Movie: "One Flew Over the Cuckoo's Nest" TH</p>	<p>27 10:00 Chair Yoga FC 10:30 Bible Study C 11:00 VON Exercise JPL 2:30 Team Member Armchair Travel: Emma's Trip to Japan TH 7:00 No Stress Bridge JPL 7:30 Bingo! HS Suzanne M. Jewelry 10-2 TS</p>	<p>28 10:30 Meditation Stretches JPL 11:30 Lunch: Milestones *RSVP 2:30 Corn Hole 4th FL 4:00 Birthday Party 3rd FL 2:30 & 7:30 Movie: "Sully" TH</p>	<p>29 Eid al-Fitr 10:15 Word Games HS 10:30 Coffee & Crokinole JPL 2:00 Knitting Club 4th FL 2:30 Betting Bingo! JPL 2:30 Parallel Bars Balance FC 2:30 Movie Matinee: "The Hundred Foot Journey" TH 4:00 Singing Group JPL</p>
<p>30 11:15 DrumFIT FC 2:00 Euchre JPL 3:00 Chapel Service C 4:00 Sunday TV Series: Waiting for God TH</p>	<p>31 Intl. Transgender Day of Visibility 10:30 Catholic Communion C 11:00 VON Exercise JPL 2:00 Book Club 2nd FL 2:30 Movie: "Disclosure" TH 3:00 Better Balance JPL 4:00 Hand Therapy JPL 4:15 Dinner: Symposium*RSVP 5:00 Happy Hour 2nd FL 7:30 Musical Mondays: "Brahms Symphony No. 1" TH</p>	<p>NEW! Morning Baker's Café: Calling bakers or those who love to eat: A new baking program where we'll prepare quick breakfast treats and enjoy them with a cup of coffee or tea.</p> <ul style="list-style-type: none"> ◦ Wednesday 12th -- Apple Cinnamon Mug Cake ◦ Wednesday 19th -- Yoghurt Parfaits ◦ Wednesday 26th -- Blueberry Muffins <p>NEW! Chaplain's Corner: Chaplain Phil will be available on the 2nd floor from 9:30 AM to 10:15 AM weekly. Drop by for a chat during this time.</p>		<p>Shopping Shuttle: Thursdays at 10:00 AM and 2:00 PM *Please sign-up in the Ailsa Craig Lobby</p> <p>Guelph Public Library Bookmobile: Every other Wednesday from 3-4 PM at the Front Entrance - March 12th & 26th</p> <p>NEW! Recreation Contact: Email: atailsacraigrec@schlegelvillages.com Extension: 226-251-3065 ext. 836</p> <p>Please Note: Program dates, times, and locations are subject to change.</p>		