



APRIL

Alderwood

Legend
 C—Chapel L—Library
 TH—Town Hall
 MF— Main Floor
 TS—Town Square
 CC—Community Centre

Every April, we come together as a community to raise awareness, foster understanding, and drive meaningful change for people living with Parkinson's. **Parkinson's Awareness Month.**

Tickled Pink 10am-2pm Vendor Suzette Emporium 10am-2pm Vendor

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 April Fools' 09:30 Musical Moments 10:00 Neighborhood Time 11:00 You and Me 02:30 Brains and Banter 03:30 Express Yourself 04:00 You and Me	2 09:00 Horticulture Therapy 09:30 Stepping Out 10:00 You and Me 10:45 Music Therapy 02:30 Circle of Friends 04:00 Dominoes Game	3 09:30 Neighborhood Time 10:00 Chocolate Bingo 11:00 Brains and Banter 02:30 Balloon Fun 03:00 Musical Moments 04:00 Stepping Out	4 01:30 Express Yourself: Chick Painting 02:30 For the Fun of Fit 03:30 Musical Moments 04:00 Stepping Out 06:30 Neighborhood Time	5 09:30 You and Me 10:30 Stepping Out 11:15 Musical Moments 02:00 Express Yourself 03:00 Dominoes Game 04:00 It's Never 2 Late
6 09:30 You and Me 10:00 Fellowship Service 11:00 For the Soul 02:30 Entertainment: Malta Big Band 03:30 In the Kitchen	7 Neighborhood Drive 3:30 01:45 Stepping Out 02:30 Express Yourself 03:00 For the Fun of Fit 03:30 Neighborhood Drive 04:00 Card Games 06:30 Musical Moments	8 Parkinson's Awareness 09:30 Manicures 10:30 Dominoes 10:30 Move with Parkinson's 02:30 Neighborhood Time 03:30 Express Yourself	9 09:00 You and Me 09:00 Horticulture Therapy 10:00 Musical Moments 10:45 Music Therapy 02:30 Bingo 04:00 Stepping Out	10 Vendor: Tickled Pink 09:30 Neighborhood Time 10:00 For the fun of Fit 11:00 Book Club 02:30 Soothing Sensations 03:00 Brains and Banter 04:00 You and Me	11 10:00 Outing: Cloverdale 10:00 Ring Toss 11:00 Circle of Friends 02:00 Brains and Banter 03:00 For the Soul 04:00 Card Games	12 09:30 You and Me 10:30 In the Kitchen 02:00 Soothing Sensations 03:00 Express Yourself 04:00 Stepping Out
13 Palm Sunday 10:00 Fellowship Service 11:00 Circle of Friends 02:30 Express Yourself 03:30 Musical Moments	14 Vendor on Site 01:45 Brains and Banter 03:00 Musical Moments 03:30 You and Me 04:00 For the fun of Fit 06:00 Entertainment: Andy	15 Easter Egg Dying 09:30 Musical Moments 10:00 Race Horse Game 02:30 In The Kitchen 02:30 Easter Egg Dying 03:30 Brains and Banter 04:00 You and Me	16 09:00 Horticulture Therapy 10:00 Java Memory 10:45 Neighborhood Time 01:30 Outing: Royal Botanical 02:30 Soothing Sensations 04:00 Dominoes Game	17 09:30 Express Yourself 10:00 Easter Parade (TS) 11:00 For the Fun of Fit 02:30 For the Soul 03:30 Book Club 04:00 Stepping Out	18 Good Friday 01:30 Express Yourself: Easter Bunny Painting 02:30 Bingo 03:30 For the Fun of Fit 05:00 Diner's Club 06:30 Neighborhood Time	19 09:30 Neighborhood Time 10:30 Manicures 11:00 Soothing Sensations 02:30 Jackpot Bingo (TS) 04:00 Express Yourself
20 Easter 09:30 Musical Moments 10:00 Fellowship Service 11:00 Stepping Out 02:30 Soothing Sensations 03:30 Dominoes Games 04:00 You and Me	21 Easter Monday 01:45 Brains and Banter 02:30 Entertainment: Emilio 03:00 For the Fun of Fit 04:00 Soothing Sensations 05:00 Movie Night & Popcorn	22 Earth Day 09:30 Card Games 10:30 For the Fun of Fit 02:00 Earth Day Planting 02:30 Musical Moments 03:30 Express Yourself 04:15 Stepping Out	23 09:00 You and Me 09:00 Horticulture Therapy 10:00 You and Me 10:45 Music Therapy 02:30 Express Yourself 04:00 You and Me	24 Resident Council 09:15 Neighborhood Time 10:00 You and Me 11:00 Book Club 02:30 For the fun of Fit 03:00 Resident Council (L) 04:00 Musical Moments	25 09:30 Musical Moments 10:00 Bingo 11:00 For the fun of fit 2:30 Race Horse Gamest 03:30 Circle of Friends 04:00 It's Never 2 Late	26 09:30 Soothing Sensations 10:30 Storyteller Adele 11:00 Brains & Banter 02:30 Stepping Out 03:30 Musical Moments
27 10:00 Fellowship Service 11:00 Circle of Friends 02:30 In the Kitchen 03:30 For the Fun of Fit	28 Diners Club 10:30 Outing: Eataly Resturant 01:45 Neighborhood Time 02:30 In the Kitchen 03:30 Circle of Friends 04:15 Ring Toss 05:00 Diners Club	29 09:30 Neighborhood Time 10:30 Brains and Banter 11:00 Stepping Out 02:30 Book Club 03:30 Express Yourself 04:00 You and Me	30 09:00 Horticulture Therapy 10:00 Brains & Banter 10:45 Express Yourself 02:30 Birthday Entertainment: John 04:00 Dominoes Game	 <p>National Volunteer Week April 27–May 3</p> <p>We ♥ our volunteers</p>		