




APRIL

Appleby

Legend
L- Library
TH—Town Hall
MS- Main Street
CC- Community Center
FC- Fitness Center

Residents Bill Of Rights
23. Every Resident Has The Right To Pursue Social, Cultural, Religious, Spiritual Or Other Interests, To Develop His Or Her Potential And To Given Reasonable Assistance By The Licensee To Pursue These Interests And To Develop Their Potential

Note/Announcement:
Programs Subject To Change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:00 Neighborhood Time 11:00 Brains & Banter 1:00 Spiritual Care 2:30 Circle of Friends 3:30 You & Me	2 9:00 Neighborhood Time 10:00 Jamboree 11:00 Total Body Fitness 1:30 Horticulture Therapy 2:00 You & Me 3:30 Brains & Banter	3 9:00 Neighborhood Time 11:00 Musical Moments 2:30 Happy Hour Karaoke-TH 3:30 Stepping Out	4 10:00 Art Therapy 11:15 Line Dancing-FC 1:00 Neighborhood Time 2:00 Circle of Friends 3:30 Stepping Out 6:00 Brains and Banter	5 9:00 Neighborhood Time 11:00 Circle of Friends 2:00 Stepping Out 3:00 Brad Boland Performs-TH
6 9:00 Neighborhood Time 11:00 For the Fun of Fit 2:15 Church Service –TH 3:30 Circle of Friends	7 9:15 Fun & Fit 1:00 Neighborhood Time 1:00 Meditation-L 2:00 Express Yourself 3:30 Musical Moments	8 9:00 Neighborhood Time 1:00 Spiritual Care 2:00 Brains & Banter 3:30 Soothing Sensations	9 9:00 Neighborhood Time 10:30 Musical Moments 11:00 Total Body Fitness 1:30 Horticulture Therapy 2:00 You & Me 3:30 Brains & Banter	10 9:00 Neighborhood Time 11:00 Music Therapy 11:00 You & Me 2:00 In the Kitchen-CC 3:30 Circle of Friends	11 Pet Day 10:00 Art Therapy 11:15 Line Dancing-FC 1:30 Hobby Farm- CC 3:30 Stepping Out 6:00 Brains and Banter	12 Passover Begins 9:00 Neighborhood Time 10:30 Timbits & Coffee-CC 2:00 Total Body Fitness 2:00 Stepping Out 3:00 Paula French Performs-TH
13 Palm Sunday 9:00 Neighborhood Time 10:00 Movie Matinee-L 2:15 Church Service –TH 3:00 Brains & Banter-CC her	14 9:00 Neighborhood Time 9:15 Fun & Fit 10:00 Mother Goose 1:00 Meditation-L 2:00 In the Kitchen-CK 3:30 Musical Moments	15 9:00 Neighborhood Time 11:00 Brains & Banter 1:00 Spiritual Care 2:30 In the Kitchen-CC 3:30 Stepping Out	16 9:00 Neighborhood Time 10:30 Musical Moments 11:00 Total Body Fitness 1:30 Horticulture Therapy 2:00 You & Me 3:30 Brains & Banter	17 9:00 Neighborhood Time 11:00 Music Therapy 11:00 You & Me 2:00 Stepping Out 3:00 Birthday Social-CC	18 Good Friday 10:00 Art Therapy 11:15 Line Dancing-FC 1:00 Neighborhood Time 2:00 Circle of Friends 3:30 Brains & Banter 6:00 Stepping Out	19 9:00 Neighborhood Time 11:00 Circle of Friends 2:00 Stepping Out 3:00 Natalie Marie Performs-TH
20 Easter 9:00 Neighborhood Time 11:00 For the Fun of Fit 2:15 Church Service –TH 3:00 Easter Travelling Cart	21 Easter Monday 9:15 Fun & Fit 11:00 Easter Parade-MS 1:00 Neighborhood Time 1:00 Meditation-L 2:00 In the Kitchen-CK 3:30 Musical Moments	22 Earth Day 1:00 Spiritual Care 1:00 Neighbourhood Time 4:00 You & Me 6:00 Circle of Friends	23 9:00 Neighborhood Time 10:30 Musical Moments 1:30 Music Therapy 2:00 You & Me 3:30 Brains & Banter	24 9:00 Neighborhood Time 10:30 Horticulture Therapy 12:00 Diner’s Club 2:00 Soothing Sensations 3:00 Residents Council	25 10:00 Art Therapy 11:15 Line Dancing-FC 1:00 Neighborhood Time 2:00 Circle of Friends 3:30 Brains & Banter 6:00 Stepping Out	26 9:00 Neighborhood Time 10:30 Pretzels-CC 2:00 Stepping Out 3:00 Gerry Larkin Performs-TH
27 Volunteer Appreciation Week 9:00 Neighborhood Time 10:00 Movie Matinee-L 2:15 Church Service –TH 3:30 Circle of Friends	28 9:15 Fun & Fit 1:00 Neighborhood Time 1:00 Meditation-L 2:00 In the Kitchen-CK 3:30 Musical Moments 6:00 Circle of Friends	29 9:00 Neighborhood Time 1:00 Spiritual Care 2:30 Circle of Friends-CC 3:30 Soothing Sensations	30 9:00 Neighborhood Time 10:00 Musical Moments 11:00 Total Body Fitness 1:30 Music Therapy 3:00 Brains & Banter	<div><div><div>National Volunteer Week</div><div>April 27–May 3</div></div><div><div>We  our volunteers</div></div></div>		

APRIL

In the Kitchen

7- Strawberry Shortcake
10- Tea & Cookies
15- Pizza Making
28- Cookies

Socials

12-Timbits & Coffee-CC
13- Guess the Word-CC
26- Pretzels-CC

Movies

Popcorn will be provided

Movies for the month:

13- Mamma Mia Here We Go Again
27- Book Club



Pal Group Programs

Monday

Sweat Squad 1:30

Tuesday

Group Fitness 1:45

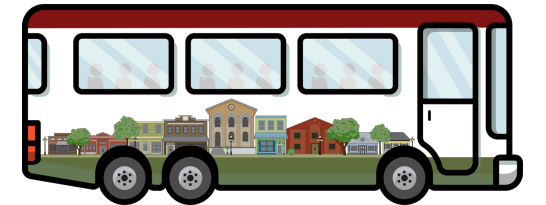
Thursday

Basketball 11:30

Yoga 1:45

Outings

1- Scenic Drive- 2:00pm
9- Williams Café- 2:00pm
15- Nickel brook- 2:00pm
22- Terra Greenhouse- 2:30pm
30- Piper Arms Lunch- 11:30am



Diner's Club

24-Chinese Food