

# APRIL

Neighbourhood Name

**Legend**

C—Chapel

TH—Town Hall

MF— Main Floor

TS—Town Square

FE—Front Entrance

L—Library

EM—Emma’s


HS—Hobby Shop

BP— Back Patio

FC—Fitness Centre

MFC — Main Floor Café

PC—Patio Courtyard

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1 5th Avenue Vendor</b> 9am Neighbourhood Time 11am Brains & Banter 1pm Neighbourhood Time 2pm Circle of Friends 3pm Emma’s Fitness	<b>2</b> 9am Neighbourhood Time 10:00 - Tourist Video 11:00 - Balloon Volleyball with PAL 1:00 - Neighbourhood time 2:30 - Pub Cart 3:00 - circle of friends 3:30 - Bingo 6:00 - Movie Night	<b>3</b> 9:00 - Neighbourhood time 11:00 - Circle of friends 1:30 - Neighbourhood time 2:30 - Musical Moments(Sing Along) 3:00 - Emma’s Fitness 4:00 - You and Me	<b>4</b> 9:30 - Neighbourhood time 11:00 - Circle of friends 1:30 - Neighbourhood time 3:00 - For the fun of fit 4:00 - Walking	<b>5</b> 9am Neighbourhood Time 11am Brains & Banter 1pm Neighbourhood Time 2pm In the Kitchen 3:30pm You & I
	<b>6</b> 9am Neighbourhood Time 11am Virtual Church on TV 1pm Neighbourhood Time 2pm For the Soul 3pm Circle of Friends	<b>7</b> 9:30 - Neighbourhood time 11:00 - Tourist video 1:30 - Neighbourhood Time 2:30 - Bingo 3:15 - Walking Club with PAL 4:00 - Musical Moments	<b>8</b> 9:30 -Neighbourhood time 11:00 - Circle of friends 1:30 - Neighbourhood time 2:30 - Musical Moments 3:00 - Emma’s Fitness	<b>9</b> 9am Neighbourhood Time 10:00 - Tourist Video 11:00 - Musical Moments 1:00 - Neighbourhood time 2:30 - Entertainment with Country Kenny 3:30 - Bingo 6:00 - Movie Night	<b>10</b> 9:00 - Neighbourhood time 11:00 - Circle of friends 1:30 - Neighbourhood time 2:30 - Musical Moments 3:00 - Emma’s Fitness 4:00 - You and Me	<b>11</b> 9am Neighbourhood Time 11am Brains & Banter 1pm Neighbourhood Time 2pm Hymn Sings 3:30pm Stepping Out
<b>13</b> 9:30 - Neighbourhood time 11:00 - Virtual Church service 1:30 - Neighbourhood Time 3:00 - Bean Bag Toss 4:00 - Walking	<b>14</b> 9:30 - Neighbourhood time 11:00 - Tourist video 1:30 - Neighbourhood Time 2:30 -Bingo 3:15 - Walking club with PAL 4:00 - Musical Moment	<b>15</b> 9am Neighbourhood Time 11am Circle of Friends 1pm Neighbourhood Time 2pm Manicures 3pm Emma’s Fitness 3:30pm Stepping Out	<b>16</b> 9am Neighbourhood Time 10:00 - Tourist Video 11:00 - Balloon Volleyball with PAL 1:00 - Neighbourhood time 2:30 - Pub Cart 3:00 - circle of friends 3:30 - Bingo 6:00 - Movie Night	<b>17</b> 9:00 - Neighbourhood time 11:00 - Circle of friends 1:30 - Neighbourhood time 2:30 - Musical moments 3:00 - Emma’s Fitness 4:00 - You and Me	<b>18 Good Friday</b> 9:30 - Neighbourhood time 11:00 - Circle of friends 1:30 - Neighbourhood time 3:00 - For the fun of fit 4:00 - Walking	<b>19</b> 9am Neighbourhood Time 11am Brains & Banter 1pm Neighbourhood Time 2pm In the Kitchen 3pm You & I

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>20 Easter Sunday</b>            9am Neighbourhood Time            11am Virtual Service TV            1pm Neighbourhood Time            2pm For the Soul            3pm Stepping Out</p>	<p><b>21</b>            9:30 - Neighbourhood time            11:00 - Tourist video            1:30 - Neighbourhood Time            3:00 - Musical Moments            4:00 - Stepping out</p>	<p><b>22</b>            9:30 -Neighbourhood time            11:00 - Circle of friends            1:30 - Neighbourhood time            2:30 - Brains and Benter            3:00 - Emma’s Fitness</p>	<p><b>23</b>            9am Neighbourhood Time            10:00 - Tourist Video            11:00 - Balloon Volleyball with PAL            1:00 - Neighbourhood time            2:30 - Pub Cart            3:00 - circle of friends            3:30 - Bingo            6:00 - Movie Night</p>	<p><b>24</b>            9:00 - Neighbourhood time            11:00 - Circle of friends            1:30 - Neighbourhood time            2:30 - Musical Moments            3:00 - Emma’s Fitness            4:00 - You and Me</p>	<p><b>25</b>            9am Neighbourhood Time            11am Circle of Friends            1pm Neighbourhood Time            2pm Hymn Sings            2:30 Stepping Out</p>	<p><b>26</b>            9:30 - Neighbourhood time            11:00 - Musical Moments            1:30- Neighbourhood time            2:30 - Bingo            4:00 - You and Me</p>
<p><b>27</b>            9:30 - Neighbourhood time            11:00 - Virtual Church service            1:30 - Neighbourhood Time            3:00 - Bean Bag Toss            4:00 - Walking</p>	<p><b>28 Birthday - Isobel</b> Franklin            9:30 - Neighbourhood time            11:00 - Tourist video            1:30 - Neighbourhood Time            3:15 - Walking club with PAL            4:00 - Stepping out</p>	<p><b>29</b>            9am Neighbourhood Time            11am Balloon Volleyball            1pm Neighbourhood Time            2:00pm Soothing Sensations            2:30pm Stepping Out            3:00 - Emma’s Fitness            3:30pm You &amp; I</p>	<p><b>30</b>            9am Neighbourhood Time            10:00 - Tourist Video            11:00 - Balloon volleyball with PAL            1:00 - Neighbourhood time            2:30 - Pub Cart            3:00 - circle of friends            3:30 - Bingo            6:00 - Movie Night</p>	<div data-bbox="1765 911 3039 1435" data-label="Complex-Block"> <p><b>National Volunteer Week</b>            April 27–May 3</p>  </div>		

## Living In My Today Program Descriptions

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Our emphasis is on developing relationships, while the experience of those living with dementia forms the foundation of The Five Pillars of LIVING in My Today.

### The Five Pillars

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- Meaningful and Active Engagement;
- Enjoyable Mealtimes;
- Empowered Care Partners;
- Thoughtful Design;
- Supportive Approaches to Care.

### New Program Descriptions

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We are now using broad program names on our calendars to maintain flexibility and ensure engagement for all residents.

This approach keeps programming dynamic, inclusive, and responsive to the community's evolving needs.

## New Program Descriptions

### Neighbourhood Time

- Neighbourhood time sets up shared living spaces with resources to catch resident's attention and invite them to give them a try.

### In The Kitchen

- Creates moments of opportunity for reminiscence, learning, and fellowship through its recognition that the kitchen is not only used to prepare and consume food. Replaces; Baking, cooking, etc.

### Circle of Friends

- Creates intentional opportunities for residents to cultivate new connections in a supportive environment that promotes shared experiences and camaraderie. Replaces; Tea & Chats, News & Views, etc.

### Brains & Banter

- A stimulating and social activity, combining engaging brain games with lively conversation. Replaces; Trivia, Word Games, & Puzzles.

### Musical Moments

- Supports residents to engage with music in meaningful ways. Replaces; Music on Demand, Sing-Alongs, etc

## New Program Descriptions

### Stepping Out

- A guided walk that supports residents to enjoy the outdoors and village community. Replaces; Walk & Talks, Walks on Main Street, etc.

### You & I

- Replaces One to One & Friendly Visits

### For the Fun of Fit

- Fitness activities that focus on having fun and building relationships, while also challenging hand-eye coordination, balance, and range of motion. Replaces; Active Games, Mini Putt, Bean Bag Toss, etc.

### Express Yourself

- Honours creativity and creates a supportive environment for residents to explore and express themselves. Replaces; Crafts or anything creative.

### Soothing Sensations

- A program that focuses on sensory enrichment. Replaces; Sensory programming

### For the Soul

- Spiritual programs that connect us to others. Replaces; Spiritual programs, Gratitude Circles, & Joke programs