




# APRIL

## Nelson

**Legend**  
CC- Community Center  
FC- Fitness Center  
MS- Main Street  
L- Library  
TH- Town Hall

**Residents Bill Of Rights**  
23. Every Resident Has The Right To Pursue Social, Cultural, Religious, Spiritual Or Other Interests, To Develop His Or Her Potential And To Given Reasonable Assistance By The Licensee To Pursue These Interests And To Develop Their Potential

**Note/Announcement:**  
Programs subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> 11:00 Spiritual Visits 1:00 Neighbourhood Time 2:00 Soothing Sensation 3:30 Stepping Out 6:30 Express Yourself- MS	<b>2</b> 9:00 Neighbourhood Time 9:15 Fun & Fit 10:30 For The Soul 1:30 Music Therapy 3:30 Stepping Out	<b>3</b> 9:00 Neighbourhood Time 10:30 For The Fun of Fit 1:15 Horticulture Therapy 2:30 Happy Hour Karaoke- TH 3:30 Stepping Out	<b>4 Breakfast Club</b> 9:00 Neighbourhood Time 10:30 Brains and Banter 11:15 Line Dancing- FC 2:00 Stepping Out 2:30 Art Therapy	<b>5</b> 9:00 Neighbourhood Time 10:30 Brains and Banter 2:00 Stepping Out 3:00 Brad Boland- TH
<b>6</b> 1:00 Neighbourhood Time 2:00 Church- TH 3:30 For The Fun of Fit 6:00 You and Me	<b>7</b> 9:00 Neighbourhood Time 10:30 Brains and Banter 2:00 Musical Moments 3:30 For The Fun of Fit	<b>8</b> 9:00 Neighbourhood Tlme 11:00 Spiritual Visits 2:00 Stepping Out	<b>9</b> 9:00 Neighbourhood Time 9:15 Fun & Fit 10:30 For The Soul 1:30 Music Therapy 2:00 Express Yourself-TH 2:30 Concerts in Care- CC	<b>10</b> 9:00 Neighbourhood Time 10:30 For The Fun of Fit 1:15 Horticulture Therapy 2:00 Circle of Friends 3:00 In The Kitchen	<b>11 Pet Day</b> 9:00 Neighbourhood Time 10:30 Brains and Banter 11:15 Line Dancing- FC 1:30 Hobby Farm- CC 2:30 Art Therapy 3:00 Musical Moments	<b>12 Passover Begins</b> 9:00 Neighbourhood Tlme 10:00 In The Kitchen- CC 2:00 Stepping Out 3:00 Paula French- TH
<b>13 Palm Sunday</b> 9:00 Neighbourhood Time 10:00 Movie Matinee-L 11:00 Total Body Fitness 2:00 Church-TH 3:00 Brains and Banter-CC	<b>14</b> 9:00 Neighbourhood Time 10:00 Mother Goose- TH 2:00 Soothing Sensations 3:30 For The Fun of Fit	<b>15</b> 11:00 Spiritual Visits 2:00 In the Kitchen 3:30 Musical Moments 6:30 You and Me	<b>16</b> 9:00 Neighbourhood Time 9:15 Fun & Fit 10:30 For The Soul 1:30 Music Therapy 2:00 You and Me 3:00 Express Yourself	<b>17 Birthday Social</b> 9:00 Neighbourhood Time 10:30 For The Fun of Fit 1:15 Horticulture Therapy 2:00 Stepping Out 3:00 Birthday Social- CC	<b>18 Good Friday</b> 9:00 Neighbourhood Time 10:00 Good Friday Service-TH 11:15 Line Dancing- FC 2:00 Soothing Sensations 2:30 Art Therapy 3:00 Musical Moments	<b>19</b> 9:00 Neighbourhood Time 10:30 Easter Cart Decorating 2:00 Stepping Out 3:00 Natalie Marie- TH
<b>20 Easter/ Passover Ends</b> 9:00 Neighbourhood Time 10:30 Easter Cart Decorating 2:00 Church- TH 3:00 Easter Travelling Cart	<b>21</b> 9:00 Neighbourhood Time 11:00 Easter Parade- MS 2:00 Brains and Banter 3:30 Musical Moments	<b>22 Earth Day</b> 11:00 Spiritual Visits 2:00 Neighbourhood Time 6:30 You and Me	<b>23</b> 9:00 Neighbourhood Time 9:15 Fun & Fit 10:00 Jamboree- L 2:00 For The Soul 3:30 Express Yourself	<b>24 Diner's Club</b> 9:00 Neighbourhood Time 10:30 For The Fun of Fit 1:15 Horticulture Therapy 2:00 Circle of Friends 3:00 Musical Moments	<b>25</b> 9:00 Neighbourhood Time 10:30 Brains and Banter 11:15 Line Dancing- FC 2:00 Soothing Sensations 2:30 Art Therapy 3:00 Musical Moments	<b>26</b> 9:00 Neighbourhood Time 10:00 In The Kitchen- CC 2:00 Stepping Out 3:00 Gerry Larkin- TH
<b>27 Volunteer Appreciation Week</b> 9:00 Neighbourhood Time 10:00 Movie Matinee-L 2:00 Church-TH 3:30 Stepping Out	<b>28</b> 9:00 Neighbourhood Time 10:30 Brains and Banter 2:00 Soothing Sensations 3:30 For The Fun of Fit	<b>29</b> 11:00 Spiritual Visits 2:00 Neighbourhood Time 3:00 Circle of Friends-CC 6:30 You and Me	<b>30</b> 9:00 Neighbourhood Time 9:15 Fun & Fit 10:00 Jamboree- L 2:00 For The Soul 3:30 Express Yourself	<div><div><div>National Volunteer Week</div><div>April 27–May 3</div></div><div><div>We  our volunteers</div></div></div>		

# APRIL

## In The Kitchen

10- Tea and Cookies  
12- Tim Horton's Coffee and Timbits  
15- Pizza  
20- Coffee and Cookies  
26- Pretzels

## Socials

13- Guess The Word

## Popcorn

Popcorn will be provided.

13- Mamma Mia Here We Go Again  
27- Book Club

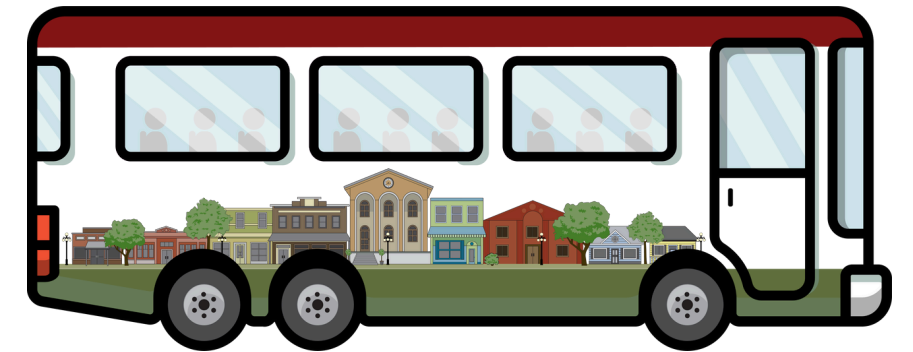


## Pal Programs

Mondays 1:30-Sweat Squad  
Tuesday 1:45 Group Fitness  
Thursday 1:45 Seated Yoga

## Outings

1- Scenic Drive (2:00pm)  
9- William's Cafe(2:00pm)  
15- Nickel Brook (2:00pm)  
22- Terra Green House (2:30pm)  
30- Piper Arms (11:30am)



## Diner's Club

24- Chinese Food