

APRIL



OAKLANDS

Legend
 CC- Community Center
 FC- Fitness Center
 MS- Main Street
 L- Library
 TH- Town Hall

Residents Bill Of Rights

23. Every Resident Has The Right To Pursue Social, Cultural, Religious, Spiritual Or Other Interests, To Develop His Or Her Potential And To Given Reasonable Assistance By The Licensee To Pursue These Interests And To Develop Their Potential

Note/Announcement:
 Programs subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 April Fools Day 9:00 Neighbourhood Time 10:30 Musical Moments 1:00 Art Therapy 2:00 Scenic Drive Outing 4:00 Spiritual Care 6:00 Guides Craft - MS	2 11:15 Fun and Fit 2:30 Neighbourhood Time 3:30 Express Yourself 6:00 Stepping Out	3 10:30 Horticulture Therapy 1:00 Neighborhood Time 1:30 Music Therapy 2:30 Happy Hour Karaoke -TH 6:00 You and me	4 9:00 Neighbourhood Time 10:30 Brains and Banter 11:15 Line Dancing - FC 2:00 Soothing Sensations 3:30 For The Fun of Fit 6:00 Circle of Friends	5 9:00 Neighborhood Time 10:30 In the Kitchen- CC 2:30 Stepping Out 3:00 Brad Boland - TH
6 9:00 Neighbourhood Time 10:30 Movie Matinee - L 2:15 Church -TH 3:30 Stepping Out	7 9:00 Neighborhood Time 10:30 Circle of Friends 2:00 Musical Moments 3:30 For the Fun of Fit 4:00 You and me	8 9:00 Neighbourhood Time 1:00 Art Therapy 2:00 Circle of Friends 3:30 Brain and banter 4:00 Spiritual Care	9 11:00 Music Therapy 11:15 Fun & Fit 1:00 Neighborhood Time 2:00 Express Yourself- TH 6:00 Stepping out	10 10:30 Horticulture Therapy 1:00 Neighborhood Time 2:30 Soothing Sensations 3:30 For The Fun of Fit 6:00 You and Me	11 Pet Day 9:00 Neighbourhood Time 10:00 Express Yourself 11:15 Line Dancing - FC 1:30 Hobby Farm - CC 3:30 Musical Moments 6:00 Stepping Out	12 Passover Begins 2:00 Neighbourhood Time 3:00 Paula French - TH 4:00 Circle of friends 6:00 Circle of Friends
13 Palm Sunday 9:00 Neighbourhood Time 10:00 Total Body Fitness 10:30 Circle of Friends 2:15 Church-TH 3:30 Musical Moments	14 9:00 Neighborhood Time 10:00 Mother Goose- TH 2:00 Musical Moments 3:30 For the Fun of Fit	15 9:00 Neighbourhood Time 10:30 Soothing Sensation 1:00 Art Therapy 2:00 Nickel Brook Outing 4:00 Spiritual Care	16 11:00 Music Therapy 11:15 Fun & Fit 2:30 Neighbourhood Time 3:30 Express Yourself 6:00 Stepping Out	17 Birthday Social 10:30 Horticulture Therapy 1:00 Neighbourhood Time 1:30 Music Therapy 3:00 Birthday Social- CC 6:00 Circle of Friends	18 Good Friday 9:00 Neighbourhood Time 10:00 Good Friday Service- TH 10:30 Express Yourself 11:15 Line Dancing - FC 2:00 Musical Moments 6:00 Circle of Friends	19 9:00 Neighborhood Time 10:30 In the Kitchen- CC 2:30 Stepping Out 3:00 Natalie Marie- TH
20 Easter 9:00 Neighbourhood Time 10:30 Movie Matinee- L 2:15 Church -TH 3:00 Easter Travelling Cart	21 Easter Monday 9:00 Neighbourhood Time 11:00 Easter Parade-MS 2:00 Musical Moments 3:30 Brains and Banter	22 Earth Day 9:00 Neighbourhood Time 10:30 Soothing Sensation 1:00 Art Therapy 2:00 Circle of Friends 3:30 For The Fun of Fit 4:00 Spiritual Care	23 11:00 Fun & Fit 1:30 Horticulture Therapy 2:30 Neighbourhood Time 2:30 Concerts in Care Virtual 3:30 Express Yourself 6:00 Stepping Out	24 Diner's Club 11:00 Music Therapy 1:00 Neighbourhood Time 12:00 Diner's Club 3:00 Resident Council 3:30 Brain and Banter 6:00 Circle of Friends	25 9:00 Neighbourhood Time 10:30 Express Yourself 11:15 Line Dancing- FC 2:00 Circle of Friends(Bingo) 3:30 Stepping Out 6:00 Brains and banter	26 2:00 Neighbourhood Time 2:30 Stepping Out 3:00 Gerry Larkin- TH 4:00 You and Me 6:00 Circle of Friends
27 1:00 Neighbourhood Time 2:00 Stepping Out 2:15 Church -TH 3:30 Circle of Friends	28 9:00 Neighbourhood Time 10:30 Circle of Friends 2:00 Musical Moments 3:30 You and Me 4:00 Soothing Sensation	29 9:00 Neighbourhood Time 10:30 Soothing Sensation 1:00 Art Therapy 2:00 Circle of Friends 3:30 Brain and Banter 4:00 Spiritual Care	30 11:15 Fun & Fit 1:30 Horticulture Therapy 2:30 Neighbourhood Time 3:30 Express Yourself 6:00 Stepping Out	 <p>National Volunteer Week April 27-May 3</p> <p>We ♥ our volunteers</p>		

APRIL

In The Kitchen

5- In the Kitchen - CC
19- In the Kitchen- CC

PAL Programs

Monday's
1:30 - Sweat Squad

Tuesday's
10:00- Standing Balance

Thursday's
11:30 Basketball & Ball Toss -FC
1:45 Yoga

Saturday

10:00 Tai Chi - FC (March 12th Only)

Popcorn

Popcorn will be provided.

6 - Movie Matinee
20- Movie Matinee
27- Book Club

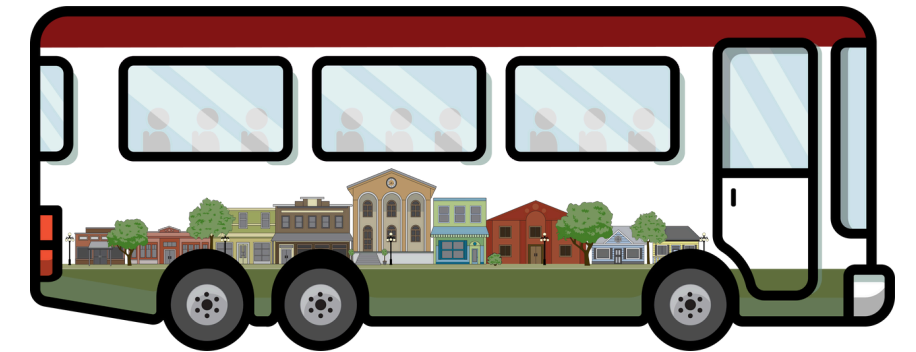


Tim Horton Social

7- Tim Hortons (10:30 am)
19- Tim Hortons (10:30 am)

Outings

1- Scenic Drive (2:30 pm)
9- Williams Cafe (2:00 pm)
15- Nickle Brook (2:00pm)
22- Terra Green House (3:00 pm)
30- Piper Arms(11:30 am)



Diner's Club

Chinese Food