

Sunday

Monday

Tuesday

Wednesday

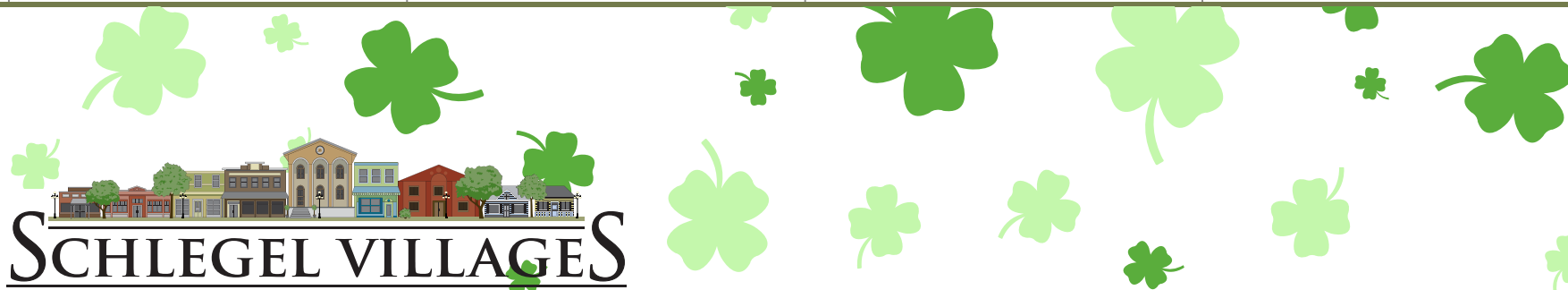
Thursday

Friday

Saturday

MARCH

Carrington Neighbourhood SCHLEGEL VILLAGES



<p>2 1:30 You & I 3:15 Fellowship-TH 6:00 Neighbourhood Time</p>	<p>3 9:30 Neighbourhood Time 2:00 Stepping Out 2:00 Bingo - CC 3:30 Musical Moments</p>	<p>4 Shrove Tuesday 1:30 You & I 6:00 Neighbourhood Time</p>	<p>5 Ash Wednesday 9:30 Neighbourhood Time</p>	<p>6 1:30 Express Yourself 3:00 Circle of Friends 6:00 Neighbourhood Time</p>	<p>7 8:30 Men's Breakfast - CC 1:30 Stepping Out 3:00 In The Kitchen 6:00 Neighbourhood Time</p>	<p>8 3:30 Soothing Sensations 6:00 Neighbourhood Time</p>
<p>9 Daylight Savings Begins 1:30 You & I 3:15 Fellowship-TH 6:00 Neighbourhood Time</p>	<p>10 9:30 Neighbourhood Time 11:00 Soothing Sensations 2:00 Stepping Out 2:00 Bingo - CC 3:30 Musical Moments</p>	<p>11 1:30 You & I 3:00 Circle of Friends 6:00 Neighbourhood Time</p>	<p>12 9:30 Neighbourhood Time 11:00 For The Fun of Fit 2:00 Musical Moments 3:30 Brains & Banter</p>	<p>13 1:30 Express Yourself 3:00 Circle of Friends 6:00 Neighbourhood Time</p>	<p>14 1:30 Stepping Out 3:00 In The Kitchen 6:00 Neighbourhood Time</p>	<p>15 3:30 Soothing Sensations 6:00 Neighbourhood Time</p>
<p>16 1:30 You & I 3:15 Fellowship-TH 6:00 Neighbourhood Time</p>	<p>17 St. Patrick's Day 9:30 Neighbourhood Time 11:00 Soothing Sensations 2:00 Stepping Out</p>	<p>18 1:30 You & I 2:00 Bingo-CC 3:00 Circle of Friends 6:00 Neighbourhood Time</p>	<p>19 9:30 Neighbourhood Time 11:00 For The Fun of Fit 2:00 Musical Moments 3:30 Brains & Banter</p>	<p>20 First Day of Spring! 1:30 Express Yourself 3:00 Circle of Friends 6:00 Neighbourhood Time</p>	<p>21 1:30 Stepping Out 3:00 In The Kitchen 6:00 Neighbourhood Time</p>	<p>22 3:30 Soothing Sensations 6:00 Neighbourhood Time</p>
<p>23 1:30 You & I 3:15 Fellowship-TH 6:00 Neighbourhood Time</p>	<p>24 9:30 Neighbourhood Time 11:00 Soothing Sensations 2:00 Stepping Out 2:00 Bingo - CC 3:30 Musical Moments</p>	<p>25 1:30 You & I 3:00 Circle of Friends 6:00 Neighbourhood Time</p>	<p>26 9:30 Neighbourhood Time 11:00 For The Fun of Fit 2:00 Musical Moments 3:30 Brains & Banter</p>	<p>27 1:30 Express Yourself 3:00 Circle of Friends 6:00 Neighbourhood Time</p>	<p>28 1:30 Stepping Out 3:00 In The Kitchen 6:00 Neighbourhood Time</p>	<p>29 3:30 Soothing Sensations 6:00 Neighbourhood Time</p>

30
1:30 You & I
3:15 Fellowship-TH
6:00 Neighbourhood Time

31
9:30 Neighbourhood Time
11:00 Soothing Sensations
2:00 Stepping Out
2:00 Bingo - CC
3:30 Musical Moments

Legend			Note/Announcement:
C - Chapel	FC - Fitness Centre	L - Library	
TH - Town Hall	CY - Courtyard	CK - Country Kitchen	
MS - Main Street	PC - Patio Courtyard	D - Den	
TS - Town Square	CC - Community Center	LR - Living Room	

MARCH



Entertainment

Saturday March 1st 2:00pm Pub- Main Street

Tuesday March 4th 9-12:30pm Pancake Breakfast-Main Street

Tuesday March 4th 2:30pm Pancake Races- Town Square

Friday March 7th 2:30pm Rolling Bones Performance- Town Square

Monday March 17th 2:00pm St. Patrick's Day Celebration- Town Square

Friday March 21st 3:00pm Happy Hour- Main Street

Saturday March 29th 2:00pm Entertainment with Michael Lyons- Stonechurch

Special Programs

Thursday March 6th 9:30am Grandfriends- Town Hall

Wednesday March 12th 2:00pm Movie with Janet-TH

Friday March 14th at 10:30am Holi Presentation-TH
2:00pm Holi Celebration -TS

Tuesday, March 18th at 3pm - Ireland Snack Battle in the Community Centre

Wednesday, March 19th at 2:30pm Armchair Travel to Ireland

Wednesday March 26th 10:00am & 2:00pm Coffee & Conversation with Students- Café

Wednesday, March 26th Diner's Club on Main St.

Spiritual Care Programs

Sundays at 10am and 2:30pm Church Services

Tuesdays at 9:30am For the Soul

Thursdays at 9:45am Sing-A-Long

Thursdays at 2pm Java Music Club

Sunday March 9th 2:30pm Lent & Communion

Wednesday March 19th at 10:30am Roman Catholic Mass

Fitness Centre Programs

Tuesdays at 11am - Stay Strong

Wednesdays at 2pm - Tai Chi

Thursdays at 11am - Fit to Function

Fridays at 11am - Stay Strong

Horticulture Therapy

March 12th at 1:30pm

March 26th at 1:30pm

Outings

Saturday, March 15th at 1:30 Country Drive

Thursday, March 20th 11:00am Hutch's on the beach

Friday, March 28th at 1:30pm RBG for the *Alice in Bloomland* Showcase

Resident Council

Thursday March 13th 3:15pm Resident's Council

We invite you to attend this meeting. Have your input as we plan next month's activities, programs, and outings!

Music Therapy

Monday March 3rd 10:30am Last Music Jamboree

March 14th & 28th at 10:30am Music Therapy with Jen

Your Recreation Team:

Ravi

Ashley