

Sunday

Monday

Tuesday

Wednesday

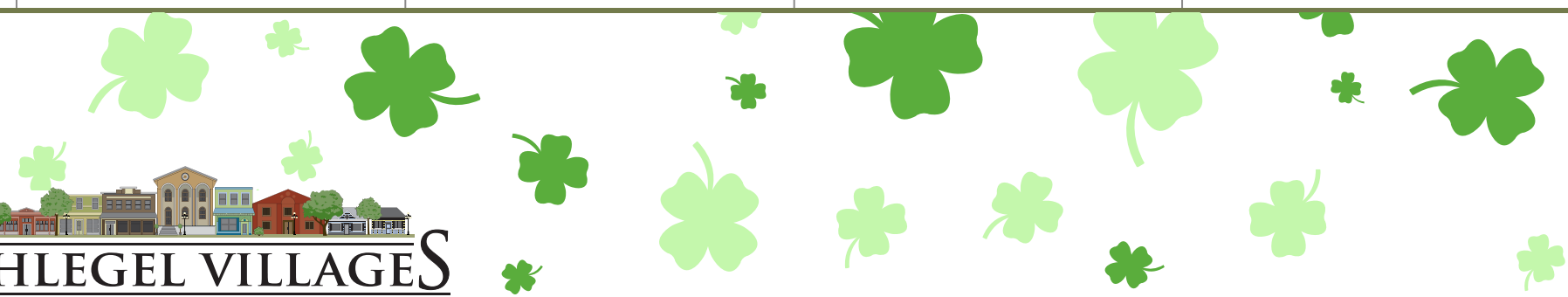
Thursday

Friday

Saturday

MARCH

Rymal Neighbourhood



<p>2</p> <p>10:00 Circle of Friends 3:15 Fellowship-TH</p>	<p>3</p> <p>9:30 Neighbourhood Time 11:00 You & I 2:00 Bingo - CC 3:30 Soothing Sensations</p>	<p>4 Shrove Tuesday</p> <p>1:30 You & I 3:00 For The Fun of Fit 6:15 Games Night - CC</p>	<p>5 Ash Wednesday</p> <p>9:30 Neighbourhood Time 11:00 Brains & Banter 6:15 Active Games - CC</p>	<p>6</p> <p>1:30 Stepping Out 3:00 Express Yourself 6:15 Trivia Nlght - CC</p>	<p>7</p> <p>8:30 Men's Breakfast-CC 11:00 In The Kitchen 2:00 Circle of Friends 3:30 For The Fun of Fit</p>	<p>1</p> <p>9:30 Neighbourhood Time 11:00 Express Yourself</p> <p>8</p> <p>9:30 Neighbourhood Time 11:00 Express Yourself 3:30 Brains & Banter</p>
<p>9 Daylight Savings Begins</p> <p>9:30 Neighbourhood Time 10:00 Circle of Friends 3:15 Fellowship-TH</p>	<p>10</p> <p>9:30 Neighbourhood Time 11:00 You & I 2:00 Bingo - CC 3:30 Soothing Sensations 6:15 Musical Moments</p>	<p>11</p> <p>6:15 Games Night - CC</p>	<p>12</p> <p>11:00 Brains & Banter 2:00 Stepping Out 3:30 Musical Moments 6:15 Active Games - CC</p>	<p>13</p> <p>1:30 Stepping Out 6:15 Trivia Nlght - CC</p>	<p>14</p> <p>9:30 Neighbourhood Time 11:00 In The Kitchen</p>	<p>15</p> <p>9:30 Neighbourhood Time 11:00 Express Yourself 3:30 Brains & Banter</p>
<p>16</p> <p>10:00 Circle of Friends 3:15 Fellowship-TH</p>	<p>17 St. Patrick's Day</p> <p>9:30 Neighbourhood Time 11:00 You & I</p>	<p>18</p> <p>1:30 You & I 2:00pm Bingo-CC 6:15 Games Night - CC</p>	<p>19</p> <p>9:30 Neighbourhood Time 11:00 Brains & Banter 2:00 Stepping Out 3:30 Musical Moments 6:15 Active Games - CC</p>	<p>20 First Day of Spring!</p> <p>1:30 Stepping Out 3:00 Express Yourself 6:15 Trivia Nlght - CC</p>	<p>21</p> <p>9:30 Neighbourhood Time 11:00 In The Kitchen</p>	<p>22</p> <p>9:30 Neighbourhood Time 11:00 Express Yourself 3:30 Brains & Banter</p>
<p>23</p> <p>9:30 Neighbourhood Time 10:00 Circle of Friends 3:15 Fellowship-TH</p>	<p>24</p> <p>9:30 Neighbourhood Time 11:00 You & I 2:00 Bingo - CC 3:30 Soothing Sensations 6:15 Musical Moments - CC</p>	<p>25</p> <p>1:30 You & I 3:00 For The Fun of Fit 6:15 Games Night - CC</p>	<p>26</p> <p>9:30 Neighbourhood Time 11:00 Brains & Banter 2:00 Stepping Out 3:30 Musical Moments 6:15 Active Games - CC</p>	<p>27</p> <p>1:30 Stepping Out 3:00 Express Yourself 6:15 Trivia Nlght - CC</p>	<p>28</p> <p>9:30 Neighbourhood Time 11:00 In The Kitchen 2:00 Circle of Friends 3:30 For The Fun of Fit</p>	<p>29</p> <p>9:30 Neighbourhood Time 11:00 Express Yourself</p>

<p>30</p> <p>10:00 Circle of Friends 3:15 Fellowship-TH</p>
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<p>31</p> <p>9:30 Neighbourhood Time 11:00 You & I 2:00 Bingo - CC 3:30 Soothing Sensations</p>
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Legend			Note/Announcement:
C - Chapel	L - Library	FC - Fitness Centre	
TH - Town Hall	CK - Country Kitchen	CY - Courtyard	
MS - Main Street	D - Den	BP- Back Patio	
TS - Town Square	LR - Living Room	CC - Community Center	

MARCH



Entertainment

Saturday March 1st 2:00PM Pub- Main Street

Tuesday March 4th 9-12:30 Pancake Breakfast-Main Street

Tuesday March 4th 2:30PM Pancake Races- Town Square

Friday March 7th 2:30PM Rolling Bones Performance- Town Square

Monday March 17th 2:00PM St. Patrick's Day Celebration- Town Square

Friday March 21st 3:00PM Happy Hour- Main Street

Saturday March 29th Entertainment with Michael Lyons- Stonechurch

Special Programs

Thursday March 6th 9:30am Grandfriends- Town Hall

Wednesday March 12th 2:00pm Movie with Janet-TH

Friday March 14th at 10:30am Holi Presentation-TH
2:00pm Holi Celebration-TS

Tuesday, March 18th at 3pm - Ireland Snack Battle in the Community Centre

Wednesday, March 19th at 2:30pm Armchair Travel to Ireland-Town Hall

Wednesday March 26th 10:00am & 2:00pm Coffee & Conversation with Students- Café

Wednesday, March 26th 5:00pm Diner's Club on Main St.

Spiritual Care Programs

Sundays at 10am and 2:30pm Church Services

Tuesdays at 1:00pm For the Soul

Thursdays at 9:45am Sing-A-Long

Sunday March 9th 2:30pm Lent & Communion

Wednesday March 19th at 10:30am Roman Catholic Mass

Fitness Centre Programs

Tuesdays at 11am - Stay Strong

Wednesdays at 2pm - Tai Chi

Thursdays at 11am - Fit to Function

Fridays at 11am - Stay Strong

Horticulture Therapy

March 5th at 1:30pm

March 19th at 1:30pm

Outings

Saturday, March 15th 1:30pm Country Drive

Thursday, March 20th 11:00am Hutches for lunch

Monday, March 28th 1:30pm RBG for the "Alice in Bloomland" Showcase

Resident Council

Thursday, March 13th at 3:15pm

We invite you to attend this meeting. Have your input as we plan next month's activities, programs, and outings!

Music Therapy

Monday, March 3rd at 10:30am

Intergenerational Jamboree in Town Hall

March 7th & 21st at 2:15pm Music Therapy with Jen

Your Recreation Team:

Marie