Sunday Monday Wednesday Saturday Tuesday **Thursday Friday** MARCH 9:30 Neighbourhood Time 11:00 Express Yourself 3:30 Brains & Banter Scotsdale Neighbourhood SCHLEGEI **Shrove Tuesday Ash Wednesday** 9:30 Neighbourhood Time 2:00 Bingo - CC 8:30 Men's Breakfast-CC 9:30 Neighbourhood Time 9:30 Neighbourhood Time 1:30 Soothing Sensations 9:30 Neighbourhood Time 11:00 Circle of Friends 3:30 Stepping Out 11:00 In The Kitchen 6:15 Active Games 11:00 Brains & Banter 11:00 Express Yourself 9:30 Neighbourhood Time 3:15 Fellowship-TH 2:00 In The Kitchen 2:00 Circle of Friends 11:00 In The Kitchen 3:30 Brains & Banter 3:30 For The Fun of Fit 3:30 Express Yourself 2:00 For The Fun of Fit 6:15 Games Night - CC 6:15 Trivia Night - CC 3:30 You & I 9 Daylight Savings Begins 11 13 14 15 9:30 Neighbourhood Time 2:00 Bingo - CC 9:30 Neighbourhood Time 1:30 Soothing Sensations 9:30 Neighbourhood Time 9:30 Neighbourhood Time 9:30 Neighbourhood Time 11:00 Circle of Friends 3:30 Stepping Out 11:00 In The Kitchen 6:15 Active Games 11:00 Brains & Banter 11:00 In The Kitchen 11:00 Express Yourself 3:15 Fellowship-TH 6:15 Musical Moments - CC 2:00 In The Kitchen 2:00 Circle of Friends 2:00 For The Fun of Fit 3:30 Brains & Banter 3:30 For The Fun of Fit 3:30 Express Yourself 3:30 You & I 6:15 Games Night - CC 6:15 Trivia Night - CC St. Patrick's Day First Day of Spring! 21 18 16 9:30 Neighbourhood Time 3:30 Stepping Out 9:30 Neighbourhood Time 1:30 Soothing Sensations 9:30 Neighbourhood Time 9:30 Neighbourhood Time 9:30 Neighbourhood Time 11:00 Circle of Friends 11:00 In The Kitchen 6:15 Active Games 11:00 Brains & Banter 11:00 Express Yourself 11:00 In The Kitchen 2:00 In The Kitchen 2:00 Circle of Friends 3:30 Brains & Banter 3:15 Fellowship-TH 2:00 For The Fun of Fit 3:30 For The Fun of Fit 3:30 Express Yourself 3:30 You & I 6:15 Games Night - CC 6:15 Trivia Night - CC 25 26 27 24 9:30 Neighbourhood Time 2:00 Bingo - CC 9:30 Neighbourhood Time 9:30 Neighbourhood Time 9:30 Neighbourhood Time 1:30 Soothing Sensations 9:30 Neighbourhood Time 11:00 In The Kitchen 11:00 Express Yourself 11:00 Circle of Friends 3:30 Stepping Out 11:00 In The Kitchen 6:15 Active Games 11:00 Brains & Banter 2:00 For The Fun of Fit 3:15 Fellowship -TH 6:15 Musical Moments - CC 2:00 In The Kitchen 2:00 Circle of Friends 3:30 Brains & Banter 3:30 You & I 3:30 For The Fun of Fit 3:30 Express Yourself 6:15 Games Night - CC 6:15 Trivia Night - CC 31 Legend 9:30 Neighbourhood Time 2:00 Bingo - CC C - Chapel L - Library **Note/Announcement:** FC - Fitness Centre 11:00 Circle of Friends 3:30 Stepping Out TH - Town Hall CK - Country Kitchen CY - Courtyard 3:15 Fellowship-TH MS - Main Street PC - Patio Courtyard D - Den TS - Town Square LR - Living Room CC - Community Center

MARCH

Entertainment

Saturday March 1st at 2:00pm Pub - Main St

Tuesday March 4th from 9-12:30pm Pancake Breakfast for The Village - Main St

Tuesday March 4th at 2:30pm Pancake Races - Town Square

Friday March 7th at 2:30pm Rolling Bones Performance -TS

Monday March 17th at 2pm St. Patty's Day Celebration -TS

Friday March 21st at 3pm Happy Hour - Main St

Saturday March 29th at 2pm Entertainment with Michael Lyons - Stonechurch

Special Programs & Events

Thursday March 6th 9:30am Grandfriends- Town Hall

Wednesday March 12th 2:00pm Movie with Janet-TH

Friday, March 14th at10:30am Holi Presentation-TH 2:00pm Holi Celebration-TS

Tuesday, March 18th at 3pm Ireland Snack Battle in the Community Centre

Wednesday, March 19th at 2:30pm Armchair Travel to Ireland in Town Hall

Wednesday March 26th 10:00am & 2:00pm Coffee & Conversation with Students- Café

Wednesday, March 26th at 5pm Diner's Club on Main St.



Spiritual Care Programs

Sundays at 10am and 2:30pm Church Services

Tuesdays at 9:30am For the Soul

Thursdays at 9:45am Sing-A-Long with Janet

Sunday March 9th 2:30pm Lent & Communion

Wednesday March 19th at 10:30am Roman Catholic Mass

Fitness Centre Programs

Tuesdays at 11am - Stay Strong

Wednesdays at 2pm - Tai Chi

Thursdays at 11am - Fit to Function

Fridays at 11am - Stay Strong

Greenhouse Drop-In

March 5th at 10am

March 19th at 10am

Outings

Saturday, March 15th 1:30pm Country Drive Thursday, March 20th 11:00am Hutch's on the beach

Friday, March 28th 1:30pm RBG for the *Alice in Bloomland* Showcase

Resident Council

Thursday, March 13th at 3:15pm

We invite you to attend this meeting. Have your input as we plan next month's activities, programs, and outings!

Music Therapy

Monday, March 3rd at 10:30am Last Intergenerational Jamboree in Town Hall

Friday, March 14th & 28th at 2:15pm Music Therapy with Jen

Your Recreation Team:

Elisa