


# APRIL

Sanders

## Legend

C—Chapel  
MS—Main Street  
E,OA—Elliot Open Area

L—Library  
D—Den  
CC—Community Centre

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1 April Fools</b>  10:00 Musical Memories 11:30 Express Yourself 2:30 Brains and Banter 3:30 Spa Time / Manicures	<b>2</b>  10:30 Circle of Friends 11:00 For the Fun of Fit 1:30 You and Me 2:30 Java Music 3:30 Stepping Out 6:30 Bingo	<b>3</b>  10:00 Circle Of Friends 11:30 Stepping Out 1:30 Brains & Banter 3:00 Music with Daiva 3:30 Express Yourself 6:30 IN2L Games	<b>4</b>  10:00 Garden club w/Jenny 10:30 Card Games 11:00 You & Me 2:30 For the Fun of Fit 4:00 Musical Moments	<b>5</b>  10:00 Music appreciation 11:00 Express yourself 2:30 In the Kitchen 3:45 Brains and Banter
	<b>6</b>  10:30 Virtual Mass 11:00 Circle of Friends 2:30 Neighbourhood Time 3:30 For the fun of Fit 4:00 Stepping Out	<b>7</b>  10:00 Musical Moments 11:00 Circle of Friends 2:30 For The Soul 2:30 Brains and Banter 3:30 You and Me	<b>8</b>  1:30 Express Yourself 2:30 You and Me 3:30 Fun for the fit 4:00 Musical Moments 6:30 Card Games	<b>9</b>  10:30 Brains and Banter 1:30 Ball Toss 2:30 Zoo to you - E,OA 3:45 You and Me 6:30 Happiness Program	<b>10</b>  10:00 Circle of Friends 11:00 You and Me 1:30 2:30 Brains and Banter 3:00 Music with Daiva 3:15 Stepping Out	<b>11</b>  10:00 Reading Circle 10:00 Garden club w/Jenny 11:30 Stepping Out 2:30 In The kitchen - Baking 3:30 You & Me 6:30 Card Games
<b>13</b>  10:00 On the Move 11:00 Music Appreciation 2:30 Circle of friends 3:00 Church Services with Phil	<b>14</b>  10:00 Soothing Sensation 10:30 Catholic Mass 11:00 for the fun of fit 1:30 Art with Glynnis 2:30 For The Soul 3:30 card games 4:00 musical moments	<b>15</b>  10:00 Musical Moments 11:00 Reading Circle 2:30 For the Fun of Fit 3:30 You and me 6:30 Stepping Out	<b>16</b>  10:30 Express Your Self 10:30 Residents Council 1:30 Stepping Out 2:30 Java Music 3:30 You & Me 6:30 In2L Games	<b>17</b>  10:00 Soothing Sensations 11:00 Circle of friends 2:30 For the Fun of Fit 3:30 You & Me 6:30 Happiness Program	<b>18 Good Friday</b>  10:00 Garden club w/Jenny 11:00 In2l Games 2:30 Manicures and Hand Massages 4:00 Stepping Out	<b>19 Easter Bunny Breakfast</b>  10:00 Easter Bunny Breakfast 3:30 Walk & Talk

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<b>20</b> 10:30 Virtual Mass 11:00 Express yourself 2:30 For the Fun of Fit 3:30 Stepping Out	<b>21 Easter Monday</b> 10:30 Soothing Sensations 11:00 In the Kitchen 2:30 For The Soul 2:30 Brains and Banter 3:30 You and me	<b>22 Earth Day</b> 1:30 Hand Massages 2:30 Express yourself 3:30 Fun for the fit 6:30 Happiness program	<b>23</b> 10:00 neighbourhood time 11:00 Soothing Sensations 2:00 Birthday Bash with Manvir -OA 3:30 Musical Moments 6:30 Happiness Program	<b>24</b> 10:30 Brains & Banter 1:30 Circle of Friends 2:30 Express yourself 3:30 Musical Moments 6:30 In2L Games	<b>25</b> 10:00 Garden club w/Jenny 10:30 Circle of Friends 10:30 Food Committee 11:00 Brains & Banter 2:30 Express your self 4:00 Musical Moments 6:30 Stepping Out	<b>26</b> 10:00 Musical Moments 11:00 Neighbourhood Time 2:00 Golden Oldies -MS 3:30 Walk & Talk	
<b>27</b> 10:00 Soothing sensations 11:00 Ball Toss 2:30 Musical Moments 3:00 Church Services with Phil 3:30 On the move	<b>28</b> 10:00 Musical Moments 11:00 Brain and Banter 1:30 Art with Glynnis 2:30 In the Kitchen 3:30 Brains & Banter	<b>29</b> 10:00 Soothing Sensations 11:00 Reading Circle 2:30 Mix and Match 3:30 Stepping out	<b>30</b> 10:30 Circle of Friends 1:30 Brains and Banter 2:30 Java Music 3:30 You & Me 6:30 Happiness Program				

### Residents Bill of Rights:

**6. Every resident has the right to communicate in confidence, receive visitors of their choice and consult in private with any person without interference.**

**7. Every resident has the right to form friendships and relationships and to participate in the life of the long-term care home.**

**8. Every resident has the right to share a room with another resident according to their mutual wishes, if appropriate accommodation is available.**

### Upcoming Events:

Cinco De Mayo May 5th @ 2:30pm on main street

Mothers Day Lunch Sunday May 11th see flyer for details

Art with Glynnis May 12 & 26th

Victorian Tea May 19th @ 230pm on main street