


# APRIL

## Johnston

### Legend

C—Chapel  
MS—Main Street  
J,OA—Johnston Open Area

L—Library  
D—Den  
CC—Community Centre

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1 April Fools</b>  10:00 Chair Yoga 10:30 Brains & Banter 11:00 Mini Manicures 2:30 Express yourself- Crafts 4:00 Ball Toss	<b>2</b>  10:00 Hymn Sing 10:30 Drum fit 2:15 Scrabble 3:30 Ball Toss 4:30 You and I	<b>3</b>  1:15 You and I 1:30 Music with Daiva 2:30 Java music 3: 15 Target Toss 6:00 Bingo	<b>4</b>  10:00 Gentle Fitness 11:00 Trivia 2:30 In the Kitchen: Social 4:00 You & I 6:00 Bingo	<b>5</b>  10:00 On the move 10:30 IN2I fun 2:30 Neighborhood time 4:00 Music Moments
	<b>6</b>  10:00 Virtual Mass 10:30 Bingo 2:30 Neighbourhood Time 3:30 You & I	<b>7</b>  1:20 For the fun of Fit - Ring Toss 2:15 Painting 2:45 Gardening with Jenny 3:00 Reading Together 6:30 Brains & Banter	<b>8</b>  09:30 On the move 10:30 Gentle Fitness 11:00 Mini Manicures 2:30 Express Yourself -Crafts 3:30 In The Kitchen -board games	<b>9</b>  9:30 You and I 10:30 Drum Fit 2:00 Family Feud 4:00 Stepping Out 6:00 Bingo	<b>10</b>  1:15 Neighbourhood Time 1:30 Music with Daiva 2: 30 Java Music 3:00 You & I 6:00 Bingo	<b>11</b>  10:00 Gentle Fitness 11:00 In2L fun 2:30 Happy Hour 3:30 You & I
<b>13</b>  10:00 Virtual Mass 11:00 Music Appreciation 2:30 Circle of friends 3:00 Church Services with Phil	<b>14</b>  10:00 Gentle Fitness 10:30 Catholic Mass 10:30 Word Games 11:00 For the Soul 1:30 Art with Glynnis 2:30 Games & Fun 4:00 On the Move 6:00 Bingo	<b>15</b>  10:00 You and I 10:30 For the fun of fit 11:00 Mini Manicures 2:30 arts and crafts 3:30 Board games 4:00 Ball Toss	<b>16</b>  09:45 Express Yourself 10:30 Residents Council 11:00 you and i 2:30 Drum Fit 3:30 IN2L fun 4:15 Stepping out	<b>17</b>  1:15 Neighbourhood Time 1:30 Music with Daiva 2:30 Java music 3:15 Soothing sensations 6:00 Sip and Paint	<b>18 Good Friday</b>  10:00 Gentle Fitness 10:30 Brains & Banter 2:30 You & I 4:00 Tea & Trivia 6:00 Bingo	<b>19 Easter Bunny Breakfast</b>  10:00 Easter Bunny Breakfast 11:30 Easter egg hunt 3:30 Walk & Talk


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<div>20</div> <div>10:00 Virtual Mass 10:30 Bingo 2:30 For the Fun of Fit 3:30 You &amp; I</div>	<div>21</div> <div>Easter Monday</div> <div>1:20 For the fun of Fit- Balloon Tennis 2:00 You and I 2:45 Gardening with Jenny 3:00 Easter Crafts 6:00 Brains &amp; Banter</div>	<div>22</div> <div>Earth Day</div> <div>9:45 Gentle Fitness 10: 30 For the Soul 11:00 Mini Manicures 2:30 Neighbourhood time 4:00 On the move</div>	<div>23</div> <div>09: 30 Neighbourhood Time 10:30 Drum fit 2:15 You and I 3:00 Birthday Bash with Manvir J,OA 4: 10 Tea &amp; Trivia 6:00 Bingo</div>	<div>24</div> <div>1:15 Neighbourhood Time 1:30 Music with Daiva 2: 30 Java music 3:15 Soothing sensations 6:00 Board Games</div>	<div>25</div> <div>10:00 You &amp; I 10:30 Food Committee 1:30 Garden Club with jenny 2:30 Brains &amp; Banter 3:30 In the Kitchen 6:00 In2I Fun</div>	<div>26</div> <div>10:00 Musical Moments 11:00 Neighbourhood Time 2:00 Golden Oldies -MS 3:30 Walk &amp; Talk</div>
<div>27</div> <div>10:00 Sing Along 11:00 IN2L Fun 2:30 Musical Moments 3:00 Church Services with Phil 3:30 On the move</div>	<div>28</div> <div>Federal Election</div> <div>10:00 Gentle Fitness 11:00 For the Soul 11:00 Games &amp; Fun 1:30 Art with Glynnis 2:45 Gardening with Jenny 4:00 You &amp; I 6:00 Bingo</div>	<div>29</div> <div>10:00 You and I 10:30 For the fun of fit 11:00 Mini Manicures 2:30 arts and crafts 3:30 Board games 4:00 Ball Toss</div>	<div>30</div> <div>9:30 Neighbourhood time 10:30 Drum Flt 2:30 Ball toss 3:30 In The Kitchen: Social 4:00 Bowling</div>	<div><div>National Volunteer Week</div><div>April 27–May 3</div><div></div></div>		

Residents Bill of Rights:

6. Every resident has the right to communicate in confidence, receive visitors of their choice and consult in private with any person without interference.

7. Every resident has the right to form friendships and relationships and to participate in the life of the long-term care home.

8. Every resident has the right to share a room with another resident according to their mutual wishes, if appropriate accommodation is available.

Upcoming Events:

Cinco De Mayo May 5th @ 2:30pm on main street

Mothers Day Lunch Sunday May 11th see flyer for details

Art with Glynnis May 12 & 26th

Victorian Tea May 19th @ 230pm on main street