

MAY

APPLEBY

Legend
L- Library
TH—Town Hall
MS- Main Street
CC- Community Center
FC- Fitness Center

Residents Bill Of Rights
23. Every Resident Has The Right To Pursue Social, Cultural, Religious, Spiritual Or Other Interests, To Develop His Or Her Potential And To Given Reasonable Assistance By The Licensee To Pursue These Interests And To Develop Their Potential

Note/Announcement:
Programs Subject To Change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div></div> <div><div>Caregivers' Week: May 12-18</div><div>We are CAREGIVERS</div></div>				<div>1</div> 9:00 Neighborhood Time 11:00 Music Therapy 11:00 You & Me 2:30 Happy Hour-TH 3:30 For the Soul	<div>2</div> 10:00 Art Therapy 11:15 Line Dancing-FC 1:00 Neighborhood Time 2:00 For the Soul 3:30 Brains & Banter 6:00 Stepping Out	<div>3</div> 9:00 Neighborhood Time 11:00 Circle of Friends 2:00 Stepping Out 3:30 Brent Meidinger Performs-TH
<div>4</div> 9:00 Neighborhood Time 11:00 For the Fun of Fit 2:15 Church Service –TH 3:30 Circle of Friends	<div>5</div> 9:15 Fun & Fit 1:00 Neighborhood Time 1:00 Meditation-L 2:00 Circle of Friends 3:00 Mariachi Band-TS 6:00 Musical Moments	<div>6</div> 9:00 Neighborhood Time 1:00 Spiritual Care 2:00 Express Yourself 3:30 Stepping Out	<div>7</div> 9:00 Neighborhood Time 10:30 Musical Moments 11:00 Total Body Fitness 1:30 Horticulture Therapy 2:00 You & Me 3:30 Brains & Banter	<div>8</div> 9:00 Neighborhood Time 11:00 Music Therapy 11:00 You & Me 2:00 In the Kitchen-CC 3:30 Stepping Out	<div>9</div> 10:00 Art Therapy 10:00 Gratis Shoppe-MS 11:15 Line Dancing-FC 2:00 For the Soul 3:30 Stepping Out 6:00 Brains and Banter	<div>10</div> 9:00 Neighborhood Time 10:00 Movie Matinee-L 2:00 Total Body Fitness 2:00 Stepping Out 3:00 Zachary Erikson Performs-TH
<div>11</div> 9:00 Neighborhood Time 10:00 Mother's Day Tea-TH 2:15 Church Service –TH 3:00 Brains & Banter	<div>12</div> 9:00 Neighborhood Time 9:15 Fun & Fit 10:00 Mother Goose 1:00 Meditation-L 2:00 In the Kitchen-CK 3:30 Musical Moments	<div>13</div> 1:00 Neighborhood Time 1:00 Spiritual Care 2:00 You & Me 3:00 Bingo-MS 6:00 Guides Craft Night	<div>14</div> 9:00 Neighborhood Time 10:30 Musical Moments 11:00 Total Body Fitness 1:30 Horticulture Therapy 2:00 In the Kitchen-CK 3:30 Brains & Banter	<div>15</div> 9:00 Neighborhood Time 11:00 Music Therapy 12:00 Diners Club Lunch 2:00 Stepping Out 3:30 For the Soul	<div>16</div> 10:00 Art Therapy 11:15 Line Dancing-FC 1:00 Neighborhood Time 2:00 For the Soul 3:30 Brains & Banter 6:00 Stepping Out	<div>17</div> 9:00 Neighborhood Time 11:00 Circle of Friends 2:00 Stepping Out 3:00 Geri Defoe Performs-TH
<div>18</div> 9:00 Neighborhood Time 11:00 For the Fun of Fit 2:15 Church Service –TH 3:30 Circle of Friends	<div>19</div> Victoria Day 9:15 Fun & Fit 1:00 Neighborhood Time 1:00 Meditation-L 2:00 Express Yourself 3:30 Musical Moments	<div>20</div> 1:00 Spiritual Care 2:00 You & Me 3:30 Stepping Out 6:15 Brains & Banter	<div>21</div> 9:00 Neighborhood Time 10:30 Musical Moments 11:00 Total Body Fitness 1:30 Horticulture Therapy 2:00 You & Me 3:30 Brains & Banter	<div>22</div> 9:00 Neighborhood Time 11:00 Music Therapy 11:00 You & Me 2:00 Stepping Out 3:00 Bowling-TH	<div>23</div> 10:00 Art Therapy 11:15 Line Dancing-FC 2:00 For the Soul 3:30 Stepping Out 6:00 Brains and Banter	<div>24</div> 9:00 Neighborhood Time 10:30 In the Kitchen-CC 2:00 Stepping Out 3:00 Ron Tansley Performs-TH
<div>25</div> 9:00 Neighborhood Time 10:00 Movie Matinee-L 2:15 Church Service –TH 3:30 Circle of Friends	<div>26</div> 9:15 Fun & Fit 1:00 Neighborhood Time 1:00 Meditation-L 2:00 You & Me 6:00 Celebration of Life-TH	<div>27</div> 9:00 Neighborhood Time 11:00 Brains & Banter 1:00 Spiritual Care	<div>28</div> 9:00 Neighborhood Time 10:30 Musical Moments 11:00 Total Body Fitness 1:30 Horticulture Therapy 2:30 Birthday Social-CC	<div>29</div> 9:00 Neighborhood Time 11:00 Music Therapy 11:00 You & Me 2:00 Express Yourself 3:00 Residents Council-CC 3:30 Stepping Out	<div>30</div> 10:00 Art Therapy 11:15 Line Dancing-FC 1:00 Neighborhood Time 2:00 For the Soul 3:30 Brains & Banter 6:00 Stepping Out	<div>31</div> 9:00 Neighborhood Time 11:00 Circle of Friends 2:00 Stepping Out 3:00 Paula French Performs-TH

MAY

In the Kitchen

8- Tea & Cookies

12- Brownies

14- Biscuits & Jam

Socials

11-Mother's Day -CC

24- Timbits & Coffee-CC

Movies

Popcorn will be provided

Movies for the month:

10- Mother's Day

25- Everafter

Pal Group Programs

Monday

Sweat Squad 1:30

Tuesday

Group Fitness 1:45

Thursday

Basketball 11:30

Yoga 1:45

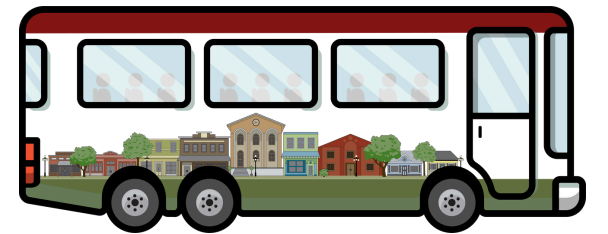


Outings

8- Scenic Drive- 2:00pm

14- Games Museum- 2:00pm

27- Williams Café- 2:00pm



Diner's Club

15-Chucks BBQ Ribs

Neighbourhood Name

SC—Social Club

JPL — Jack Purcell Lounge

PC—Patio Courtyard

■ — Off the Neighbourhood

words go here.....

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>We are CAREGIVERS</div>				<div>1</div> <div>11:30 Bus pick up - LTC</div>	<div>2</div> <div>11:30 Bus pick up - LTC</div>	<div>3</div> <div>11:30 Bus pick up - LTC</div>
<div>4</div> <div>11:30 Bus pick up - LTC</div>	<div>5</div> <div>11:30 Bus pick up - LTC</div>	<div>6</div> <div>11:30 Bus pick up - LTC</div>	<div>7</div> <div>11:30 Bus pick up - LTC</div>	<div>8</div> <div>11:30 Bus pick up - LTC</div>	<div>9</div> <div>11:30 Bus pick up - LTC</div>	<div>10</div> <div>11:30 Bus pick up - LTC</div>
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MAY

Neighbourhood Name

Legend

- C—Chapel
- TH—Town Hall
- MF— Main Floor
- TS—Town Square
- SC—Social Club
- FE—Front Entrance
- L—Library
- EM—Emma’s
- HS—Hobby Shop
- JPL — Jack Purcell Lounge
- BP— Back Patio
- FC—Fitness Centre
- MFC — Main Floor Café
- PC—Patio Courtyard

- — Outing
- ◆ —Resident Run Program
- — Off the Neighbourhood

Note/Announcement:
words go here.....

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>18</div> 11:30 Bus pick up - LTC	<div>19</div> 11:30 Bus pick up - LTC	<div>20</div> 11:30 Bus pick up - LTC	<div>21</div> 11:30 Bus pick up - LTC	<div>22</div> 11:30 Bus pick up - LTC	<div>23</div> 11:30 Bus pick up - LTC	<div>24</div> 11:30 Bus pick up - LTC
<div>25</div> 11:30 Bus pick up - LTC	<div>26</div> 11:30 Bus pick up - LTC	<div>27</div> 11:30 Bus pick up - LTC	<div>28</div> 11:30 Bus pick up - LTC	<div>29</div> 11:30 Bus pick up - LTC	<div>30</div> 11:30 Bus pick up - LTC	<div>31</div> 11:30 Bus pick up - LTC

Note/Highlights:

Delete if you don't need it

Extra Notes - Delete if you don't need