Carrington Neighbourhood

Legend

CH - Chapel

FC - Fitness Centre TH - Town Hall

CC - Community Centre CY - Courtyard

CK - Country Kitchen D - Den

L - Library

MS - Main Street TS - Town Square BP - Back Patio

LR - Living Room

Note/Announcement:

Don't forget to flip the calendar on May 17th! May 18-31 located on the back.

Carrington Neignbournood									
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
		are	9:45am Sing-Along with Janet 11:00am Fit to Function-FC 1:30pm Express Yourself 2:30pm Java Time 3:00pm Circle of Friends 6:00pm Neighbourhood Time	8:15am Men's Breakfast-CC 10:30am Music Therapy with Jen 11:00am Stay Strong-FC 1:30pm Stepping Out 3:00pm In The Kitchen 6:00pm Neighbourhood Time	1:30pm You & I 2:00pm Pub with Bruce Tourney on Main Street! 6:00pm Neighbourhood Time				
2:30pm Church Service-TH 3:15pm Fellowship-TH 6:00pm Neighbourhood Time	9:30am Neighbourhood Time 10:30am Intergenerational Jamboree Resumes!-TH 2:00pm Stepping Out 2:00pm Bingo-CC 3:30pm Musical Moments	9:30am For the Soul 10:00am Rosary & Communion 11:00am Stay Strong-FC 2:30pm Cinco De Mayo Fiesta in Town Square! 6:00pm Neighbourhood Time	9:30am Neighbourhood Time 11:00am For The Fun of Fit 1:30pm Hort Happens 2:00pm Tai Chi-FC	9:45am Sing-Along with Janet 11:00am Fit to Function-FC 1:30pm Express Yourself 3:00pm Circle of Friends 3:15pm Resident's Council-CC 6:00pm Neighbourhood Time	11:00am Stay Strong-FC 1:30pm Stepping Out 3:00pm In The Kitchen 6:00pm Neighbourhood Time	2:00pm Entertainment with Ron Tansley in Carrington 6:00pm Neighbourhood Time			
10:30am Carnation Delivery 2:30pm Church Service-TH 3:15pm Fellowship-TH 6:00pm Neighbourhood Time	9:30am Neighbourhood Time 10:30am Intergeneration Jamboree-TH 2:00pm Walk for Memories Ice Cream Sundae Fundraiser-TS 3:30pm Musical Moments	9:30am For the Soul 10:00am Rosary & Communion 11:00am Stay Strong-FC 2:00pm Ladies High Tea Social 6:00pm Neighbourhood Time	9:30am Neighbourhood Time 11:00am For The Fun of Fit 2:00pm Musical Moments 2:00pm Tai Chi-FC 2:30pm Movie with Janet-TH 3:30pm Brains & Banter	9:45am Sing-Along with Janet 11:00am Fit to Function-FC 1:30pm Express Yourself 2:30pm Java Time 3:00pm Circle of Friends 6:00pm Neighbourhood Time	10:30am Country Drive Outing 10:30am Music Therapy with Jen 11:00am Stay Strong-FC 1:30pm Stepping Out 3:00pm Happy Hour with Suzie McNeil on Main Street! 6:00pm Neighbourhood Time	1:30pm You & I 3:00pm Soothing Sensations 6:00pm Neighbourhood Time			



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Your Recreation Team:

Ravi & Jasmeet

			-		
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Stepping Out 10:00 Bingo Bonanza!-CC 11:00 Musical Moments 1:30p 2:00p	am For the Soul 0am Rosary & Communion 0am Stay Strong-FC pm You & I pm Snack Battle-CC pm Neighbourhood Time	10:30am Roman Catholic Mass 11:00am For The Fun of Fit 1:30pm Hort Happens 2:00pm Tai Chi-FC	9:30am Grandfriends-TH 9:45am Sing-Along with Janet 11:00am Fit to Function-FC 1:30pm Outing to Dairy Queen 2:30pm Java Time 6:00pm Neighbourhood Time	11:00am Stay Strong-FC 1:30pm Stepping Out 3:00pm In The Kitchen 6:00pm Neighbourhood Time	1:30pm You & I 3:00pm Soothing Sensations 6:00pm Neighbourhood Time
n Intergeneration 10:00 ee-TH 10:00 Stepping Out 11:00 Bingo-CC 1:30p Musical Moments 3:00p	am For the Soul 0am Outing to Dollarama 0am Rosary & Communion 0am Stay Strong-FC pm You & I pm Circle of Friends	9:30am Neighbourhood Time 11:00am Celebration of Life 11:00am For The Fun of Fit 2:00pm Musical Moments 2:00pm Tai Chi-FC 3:30pm Brains & Banter	9:45am Sing-Along with Janet 11:00am Fit to Function-FC 2:00pm Alzheimer's Walk for Memories-CY 2:30pm Java Time 3:00pm Circle of Friends	11:00am Stay Strong-FC 1:30pm Stepping Out 2:00pm Birthday Bash!-CC 6:00pm Neighbourhood Time	2:00pm Entertainment with Martin Kling in Stonechurch 6:00pm Neighbourhood Time
n Into ee-T Step Bing	ting to Dollarama 9:30 ergeneration 10:0 H 10:0 oping Out 11:0 go-CC 1:30 sical Moments 3:00	9:30am For the Soul 10:00am Outing to Dollarama 10:00am Rosary & Communion 11:00am Stay Strong-FC 1:30pm You & I 3:00pm Circle of Friends	9:30am For the Soul 9:30am Neighbourhood Time 10:00am Outing to Dollarama 11:00am Celebration of Life 11:00am For The Fun of Fit 2:00pm Musical Moments 13:00pm Circle of Friends 3:30pm Brains & Banter	9:30am For the Soul 9:30am For the Soul 10:00am Outing to Dollarama 10:00am Rosary & Communion 11:00am For The Fun of Fit 11:00am Fit to Function-FC 11:00am For The Fun of Fit 2:00pm Alzheimer's Walk for 2:00pm Musical Moments 3:00pm Circle of Friends 3:30pm Brains & Banter 9:45am Sing-Along with Janet 11:00am Fit to Function-FC 2:00pm Alzheimer's Walk for Memories-CY 2:30pm Java Time 3:00pm Circle of Friends	9:30am For the Soul 9:30am Neighbourhood Time 10:00am Outing to Dollarama 10:00am Rosary & Communion 11:00am For The Fun of Fit 2:00pm Alzheimer's Walk for 11:00am Stay Strong-FC 1:30pm You & I 2:00pm Musical Moments 2:30pm Java Time 3:00pm Circle of Friends 11:00am Stay Strong-FC 3:30pm Circle of Friends 11:00am Stay Strong-FC 1:30pm Stay Strong-FC 1:00am Stay Strong-FC 1:00am For The Fun of Fit 2:00pm Alzheimer's Walk for Memories-CY 2:30pm Java Time 3:00pm Circle of Friends 11:00am Stay Strong-FC 1:30pm Neighbourhood Time 11:00am Stay Strong-FC 1:30pm Neighbourhood Time 11:00am Stay Strong-FC 1:30pm Neighbourhood Time 11:00am For The Fun of Fit 2:00pm Alzheimer's Walk for Memories-CY 2:30pm Java Time 3:00pm Circle of Friends

