MAY Emma's

Legend

Outing
 —Resident Run Program

— Off the Neighbourhood

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		© We are CAREG	regivers' Week: May 12-18	1 10:00 Neighbourhood Time 11:00 PAL Exercise 2:00 Musical Bingo 3:30 Circle of Friends	2 10:00 Neighbourhood Time 11:00 Musical Moments 2:00 Stepping Out 3:30 Social	3 10:00 Neighbourhood Time 11:00 In the Kitchen 2:00 Bingo 3:00 For the Fun of Fit
4 10:00 Church Service 11:00 Meditation 2:00 Movies & Popcorn 3:00 Brains And Banter	5 10:00 Neighbourhood Time 11:00 Musical Moments 2:00 Smart Exercise 3:30 Bingo	6 10:00 Neighbourhood Time 10:30 Horticultural Club 2:00 Manicures 3:30 For the Fun of Fit	 7 10:00 Music Jamboree 10:30 Catholic Mass 2:00 For the Soul 3:30 Stepping Out 6:30 Soothing Sensation 	 8 10:00 Neighbourhood Time 11:00 PAL Exercise 1:30 Outing 3:30 Circle of Friends 6:30 Card Game 	 9 10:00 Neighbourhood Time 11:00 Musical Moments 2:00 Entertainment 3:30 Brains and Banters 	10 10:00 Neighbourhood Time 11:00 In the Kitchen 2:00 Bingo 3:00 For the Fun of Fit
11Mother's Day10:00 Neighbourhood Time11:00 Meditation2:00 Church Service3:00 Mother's Day Social	12 10:00 Neighbourhood Time 11:00 Musical Moments 2:00 Smart Exercise 3:30 Bingo	13 Timbit Tuesday10:00 Neighbourhood Time10:30 Horticultural Club2:00 Entertainment3:30 Manicures	14 10:00 Nieghbourhood Time 10:30 Lutheran Service 2:00 For the Soul 3:30 Stepping Out 6:30 Soothing Sensation	 15 10:00 Neighbourhood Time 11:00 PAL Exercise 1:30 Outing 2:30 Entertainment 3:30 Circle of Friends 	16 10:00 Neighbourhood Time 10:30 Zumba 11:00 Musical Moments 2:00 Stepping Out 3:30 Social	17 10:00 Neighbourhood Time 11:00 In the Kitchen 2:00 Bingo 3:00 For the Fun of Fit
18 10:00 TV Church Service 11:00 Meditation 2:00 Movies & Popcorn 3:00 Brains And Banter	19 10:00 Neighbourhood Time 11:00 Musical Moments 2:00 Smart Exercise 3:30 Bingo	20 10:00 Neighbourhood Time 10:30 Horticultural Club 2:00 Manicures 3:30 For the Fun of Fit	21 10:00 Neighbourhood Time 2:00 For the Soul 3:30 Stepping Out 6:30 Soothing Sensation	22 10:00 Neighbourhood Time 11:00 PAL Exercise 1:30 Outing 3:30 Circle of Friends 6:30 Card Game	23 10:00 Neighbourhood Time 11:00 Musical Moments 2:00 Stepping Out 3:30 Brains and Banters	24 10:00 Neighbourhood Time 11:00 In the Kitchen 2:00 Bingo 3:00 For the Fun of Fit
25 10:00 TV Church Service 11:00 Meditation 2:00 Movies & Popcorn 3:00 Brains And Banter	26 10:00 Neighbourhood Time 11:00 Musical Moments 2:00 Smart Exercise 3:30 Bingo	27 10:00 Neighbourhood Time 10:30 Horticultural Club 2:00 Manicures 3:30 For the Fun of Fit	28 10:00 Neighbourhood Time 10:30 Protestant 2:00 For the Soul 1:30 Outing 6:30 Soothing Sensation	29 10:00 Neighbourhood Time 11:00 PAL Exercise 2:00 Entertainment 3:30 Circle of Friends	30 10:00 Neighbourhood Time 11:00 Musical Moments 2:00 Stepping Out 3:30 Social	31 10:00 Neighbourhood Time 11:00 In the Kitchen 2:00 Bingo 3:00 For the Fun of Fit

NAY

Special Event

- Volunteer appreciation on 3rd May from 11 am -2pm at PC
- Erin Marie entertainment on 9th May from 2pm -3pm at Williamsburg and Becker's Dinning Room.
- Mother's Day Lunch on 9th May at 12pm.
- Tom Denomme Entertainment on 13th May from 2pm-3pm
- Zumba classes on 16th of May from 10:30 am -11:00 am
- Remedy Group on 29th of May from 2pm-3:00pm

Vendors:

- Tradition Alive in the library on May 3rd from 11:00am to 3:00pm.
- Vicky's Jem's & Jewels in the library on May 8th from 11:00am to 3:00pm.
- KMW Clothing in the library on May 12th from 10:00am-3:00pm.
- Easy Wear Adaptive Clothing in the library on May 23rd from 10:00pm to 3:00pm.
- Plattsville Paperwork is in the library on May 29th from 10:00am-2:00pm.

Outings:

- May 8th at 1:30pm is a Country Drive
- May 15th at 1:30pm is a Country Drive
- May 22nd at 1:30pm is going to a trail for a nature walk.
- May 28th at 1:30pm we are going to the Butterfly Conservatory.

Spiritual Events:

- Church Service is offered every Sunday at 10:30am
- in Emma's Lounge

Horticultural Therapy:

• Horticultural Therapy will be offered at 10:30am on Tuesday mornings in the Country Kitchen.

• For the Soul is offered every Wednesday from 2:00 pm