

# Emma's Neighbourhood

### Legend

C—Chapel

TH—Town Hall

MF– Main Floor

TS—Town Square

SC—Social Club

FE—Front Entrance

L—Library

EM—Emma's

HS—Hobby Shop

BP— Back Patio

FC—Fitness Centre

MFC — Main Floor Café

PC—Patio Courtyard

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>Caregivers' Week: May 12-18</div> <div>We are CAREGIVERS</div>				<div>1</div> <div>9:30am Neighbourhood Time 11am Brains &amp; Banter 1:30pm Neighbourhood Time 2:30pm Circle of Friends 3:30pm You and Me</div>	<div>2   Lost &amp; Found Day (10-2)</div> <div>9:30 - Neighbourhood time 11:00 - Circle of friends 1:30 - Neighbourhood time 3:00 - For the fun of fit 4:00 - Walking</div>	<div>3</div> <div>9:30 - Neighbourhood time 11:00 - Brains &amp; Banter 1:30- Neighbourhood time 2:00pm In the Kitchen 4:00 - You and Me</div>
<div>4</div> <div>9:30 - Neighbourhood time 11:00 - Virtual Church service 1:30 - Neighbourhood Time 2:30pm Bean Bag Toss 3:30pm Stepping Out</div>	<div>5   Worldwide Jewellers (10-3)</div> <div>9:30 - Neighbourhood time 11:00 - Tourist video 1:30 - Neighbourhood Time 2:30 - Bingo 3:15- You and Me 4:00 - Musical Moments</div>	<div>6   Gerald -Birthday</div> <div>9:30 -Neighbourhood time 11:00 - Circle of friends 1:30 - Neighbourhood time 2:30 - Cinco De May Entertainment-TSQ 3:00 - Emma's Fitness</div>	<div>7   Traditions Alive Vendor</div> <div>9:00- Neighbourhood Time 10:00 - Tourist Video 11:00 - Balloon volleyball 1:30 - Neighbourhood time 2:30 - Pub Cart 3:00 - circle of friends 3:30 - Bingo 6:00 - Movie Night</div>	<div>8</div> <div>9:30 - Neighbourhood time 11:00 - Circle of friends 1:30 - Neighbourhood time 2:30 - Musical Moments(Sing Along) 3:00 - Balloon Volleyball 4:00 - You and Me</div>	<div>9</div> <div>9:30 - Neighbourhood time 11:00 - Circle of friends 1:30 - Neighbourhood time 2:00-Hymn Sings w Pastor rob 3:00 - For the fun of fit 3:30pm Stepping out</div>	<div>10   Fitzroy- Birthday</div> <div>9:30 - Neighbourhood time 11:00 - Musical Moments 1:30- Neighbourhood time 2:30 - Bingo 4:00 - You and Me</div>
<div>11   Happy Mother's Day</div> <div>9:30 - Neighbourhood time 11:00 - Virtual Church service 1:30 - Neighbourhood Time 2:30- Entertainment with Rosita Stone-TH 4:00 - Walking</div>	<div>12 Comfort Shoe Vendor(11-4)</div> <div>9:30 - Neighbourhood time 11:00 - Tourist video 1:30 - Neighbourhood Time 2:30 - Bingo 3:15 -Walking Club 4:00 - Musical Moments</div>	<div>13   Hildegard -Birthday</div> <div>9:30 -Neighbourhood time 11:00 - Circle of friends 1:30 - Neighbourhood time 2:30 - Circle of Friends 3:00 Emma's Fitness 3:30pm Manicures</div>	<div>14</div> <div>9:00- Neighbourhood Time 10:00 - Tourist Video 11:00 - Balloon volleyball 1:30 - Neighbourhood time 2:30 - Entertainment with Janette D. 3:00 - circle of friends 3:30 - Bingo 6:00 - Movie Night</div>	<div>15   Northern School Plant Sale 10:00 - 2:00 Dula , Michell - Birthday</div> <div>9:30 - Neighbourhood time 11:00 - Circle of friends 1:30 - Neighbourhood time 2:30 - Musical Moments(Sing Along) 3:00 - Bingo 4:00 - You and Me</div>	<div>16</div> <div>9:30 - Neighbourhood time 11:00 - Circle of friends 1:30 - Neighbourhood time 3:00 - For the fun of fit 4:00 - Walking</div>	<div>17</div> <div>9:30 - Neighbourhood time 11:00 - Balloon Volleyball 1:30- Neighbourhood time 2:30 - Brains &amp; Banter 3:30pm You and Me</div>

# MAY

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>18</div> <div>9:30 - Neighbourhood time 11:00 - Virtual Church service 1:30 - Neighbourhood Time 3:00 - Bean Bag Toss 3:30pm Stepping Out</div>	<div>19</div> <div>9:30 - Neighbourhood time 11:00 - Tourist video 1:30 - Neighbourhood Time 2:30 - Bingo 3:15 - You and Me 4:00 - Musical Moments</div>	<div>20</div> <div>9:30 -Neighbourhood time 11:00 - Circle of friends 1:30 - Neighbourhood time 2:30 - Stepping out 3:00 - Emma’s Fitness 3:30pm Circle of Friends</div>	<div>21 Taste of the Village</div> <div>9:00- Neighbourhood Time 10:00 - Tourist Video 11:00 - Balloon volleyball 11-3 Taste of the Village-TH 1:30 - Neighbourhood time 2:30 - Pub Cart 3:00 - circle of friends 3:30 - Bingo 6:00 - Movie Night</div>	<div>22 Carol-Birthday</div> <div>9:30 - Neighbourhood time 11:00 - Circle of friends 1:30 - Neighbourhood time 2:30 - Musical Moments(Sing Along) 3:00 - Emma’s Fitness 4:00 - You and Me</div>	<div>23 Josephine -Birthday</div> <div>9:30 - Neighbourhood time 11:00 - Circle of friends 1:30 - Neighbourhood time 2pm Hymn Sing w Pastor Rob 3:00 - For the fun of fit 4:00 - Walking</div>	<div>24</div> <div>9:30 - Neighbourhood time 11:00 - Musical Moments 1:30- Neighbourhood time 2:30 - Bingo 4:00 - You and Me</div>
<div>25</div> <div>9:30 - Neighbourhood time 11:00 - Virtual Church service 1:30 - Neighbourhood Time 3:00 - Bean Bag Toss 4:00 - Walking</div>	<div>26 Mobile Seniors Vendor (10-2)</div> <div>9:30 - Neighbourhood time 11:00 - Tourist video 1:30 - Neighbourhood Time 2:30 - Bingo 3:15 - Walking Club 4:00 - Musical Moments</div>	<div>27</div> <div>9:30 -Neighbourhood time 11:00 - Circle of friends 1:30 - Neighbourhood time 2:30 - Musical Moments 3:00 Emma’s Fitness</div>	<div>28</div> <div>9:00- Neighbourhood Time 10:00 - Tourist Video 11:00 - Balloon volleyball 1:30 - Neighbourhood time 2:30 - Pub Cart 3:00 - circle of friends 3:30 - Bingo 6:00 - Movie Night</div>	<div>29</div> <div>9:30 - Neighbourhood time 11:00 - Circle of friends 1:30 - Neighbourhood time 2:30 - Musical Moments(Sing Along) 3:00 - Emma’s Fitness 4:00 - You and Me</div>	<div>30</div> <div>9:30 - Neighbourhood time 11:00 - Circle of friends 1:30 - Neighbourhood time 3:00 - For the fun of fit 3:30pm Stepping out</div>	<div>31</div> <div>9:30 - Neighbourhood time 11:00 - Musical Moments 1:30- Neighbourhood time 2:30 - Bingo 4:00 - You and Me</div>

# MAY

## Living In My Today Program Descriptions

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Our emphasis is on developing relationships, while the experience of those living with dementia forms the foundation of The Five Pillars of LIVING in My Today.

### The Five Pillars

- Meaningful and Active Engagement;
- Enjoyable Mealtimes;
- Empowered Care Partners;
- Thoughtful Design;
- Supportive Approaches to Care.

### New Program Descriptions

We are now using broad program names on our calendars to maintain flexibility and ensure engagement for all residents.

This approach keeps programming dynamic, inclusive, and responsive to the community's evolving needs.

## New Program Descriptions

### Neighbourhood Time

Neighbourhood time sets up shared living

- spaces with resources to catch resident's attention and invite them to give them a try.

### In The Kitchen

Creates moments of opportunity for

- reminiscence, learning, and fellowship through its recognition that the kitchen is not only used to prepare and consume food. Replaces; Baking, cooking, etc.

### Circle of Friends

Creates intentional opportunities for residents

- to cultivate new connections in a supportive environment that promotes shared experiences and camaraderie. Replaces; Tea & Chats, News & Views, etc.

### Brains & Banter

A stimulating and social activity, combining

- engaging brain games with lively conversation. Replaces; Trivia, Word Games, & Puzzles.

### Musical Moments

Supports residents to engage with music in

- meaningful ways. Replaces; Music on Demand, Sing-Alongs, etc

## New Program Descriptions

### Stepping Out

- A guided walk that supports residents to enjoy the outdoors and village community. Replaces; Walk & Talks, Walks on Main Street, etc.

### You & I

- Replaces One to One & Friendly Visits

### For the Fun of Fit

- Fitness activities that focus on having fun and building relationships, while also challenging hand-eye coordination, balance, and range of motion. Replaces; Active Games, Mini Putt, Bean Bag Toss, etc.

### Express Yourself

- Honours creativity and creates a supportive environment for residents to explore and express themselves. Replaces; Crafts or anything creative.

### Soothing Sensations

- A program that focuses on sensory enrichment. Replaces; Sensory programming

### For the Soul

- Spiritual programs that connect us to others. Replaces; Spiritual programs, Gratitude Circles, & Joke programs