APRIL

Hagey

Do - Downey Ha - Hagey Jo - Johnston Ma - Matthews Po - Pollock Wr - Wright C - Chapel CC - Community Centre CY - Courtyard FC - Fitness Centre

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:30 Rosary (C) 10:00 Accordion Music 2:00 Bingo (MS) 2:45 Art with Sonal 3:15 Hand Therapy (FC) 6:30 In the Kitchen (CC)	2 10:00 Contemplating Conversations with Mike (C) 2:00 Active Games 3:30 Balance Class (FC) 6:30 Documentary (C)	3 9:30 Chapel Service (C) 10:30 Zumba (FC) 2:00 Seated Yoga (FC) 2:00 Hagey Fitness 3:30 Musical Moments 6:30 Active Games (MS)	4 2:00 Express Yourself 3:30 You and Me 3:30 Active Games (FC) 6:30 Crafting Club (CC)	5 10:00 Neighbourhood Time 11:00 Brains and Banter 2:00 Family Games (CC)
6 10:00 For the Soul 11:00 Express Yourself 2:00 Stepping Out 3:30 You and Me	 7 10:00 Brains and Banter 2:00 Bill of Rights and Calendar Planning 3:30 HIIT (FC) 6:30 Game Show Trivia (CC) 	8 9:30 Rosary (C) 10:00 Accordion Music 2:00 Bingo (MS) 2:45 Art with Sonal 3:15 Tai Chi (FC) 6:30 For The Soul (C)	9 10:00 You and Me 2:00 Active Games 3:30 Brains and Banter 3:30 Balance Class (FC) 6:30 Games Night (CC)	10 9:30 Chapel Service (C) 10:30 Zumba (FC) 2:00 Seated Yoga (FC) 2:00 Hagey Fitness 3:30 Musical Moments 6:30 Active Games (MS)	11 1:00 Manicures 2:30 Balloon Volleyball 3:30 Pilates (FC) 6:30 Crafting Club (CC)	12 Passover Begins 10:00 You and Me 2:00 Entertainment (Po) 3:30 Stepping Out
13 Palm Sunday 10:00 For The Soul 2:00 Active Games 3:30 You and Me	14 10:00 In the Kitchen 2:00 Green Thumbs 2:30 Active Games 3:30 Total Body Fitness (FC) 3:30 Stepping Out 6:30 Game Show Trivia (CC)	15 9:30 Rosary (C) 9:30 Outing 10:00 Accordion Music 2:00 Bingo (MS) 2:45 Art with Sonal 3:15 Hand Therapy (FC) 6:30 In the Kitchen (CC)	16 10:00 Contemplating Conversations with Mike (C) 2:00 National Film Day (RH) 3:30 Balance Class (FC) 6:30 Games Night (CC)	17 9:30 Chapel Service (C) 10:30 Zumba (FC) 2:00 Seated Yoga (FC) 2:00 Hagey Fitness 3:30 Musical Moments 6:30 Active Games (MS)	18 Good Friday 2:00 Easter Egg Craft 3:30 Circle of Friends 6:30 Crafting Club (CC)	19 10:30 Easter Event (RH) 2:00 Entertainment (Wr) 3:30 You and Me

L - Library MS - Main Street RH - Retirement

APRIL

Hagey

Do - Downey Ha - Hagey Jo - Johnston Ma - Matthews Po - Pollock

Wr - Wright C - Chapel CC - Community Centre CY - Courtyard FC - Fitness Centre

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
20 Easter Passover Ends 10:00 For The Soul 11:00 Crafts 2:00 Active Games 3:30 You and Me	21 10:00 Brains and Banter 2:00 Tim Hortons Social 2:00 Green Thumbs 3:30 Circle of Friends 3:30 HIIT (FC) 6:30 Game Show Trivia (CC)	22 Earth Day 9:30 Rosary (C) 10:00 Earth Day Craft 10:00 Accordion Music 2:00 Bingo (MS) 2:45 Art with Sonal 3:15 Tai Chi (FC) 6:30 For The Soul (C)	23 10:00 You and Me 2:00 Active Games 2:00 Food Committee (C) 3:30 Balance Class (FC) 6:30 Games Night (CC)	 9:30 Chapel Service (C) 10:30 Zumba (FC) 2:00 Seated Yoga (FC) 2:00 Hagey Fitness 2:00 Residents Council (C) 3:30 Musical Moments 6:30 Active Games (MS) 	25 1:00 Brains and Banter 3:00 Active Games 3:30 Pilates (FC) 6:30 Crafting Club (CC)	26 10:00 Express Yourself 2:00 Entertainment (Do) 3:30 Stepping Out
 27 Volunteer Appreciation Week 10:00 For The Soul 2:00 You and Me 3:30 Brains and Banter 	28 Federal Election 10:00 Express Yourself 2:00 Green Thumbs 3:00 Active Games 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)	29 9:00 Outing 9:30 Rosary (C) 10:00 Accordion Music 10:00 Meet the RIA (RH) 2:00 Bingo (MS) 2:45 Art with Sonal 3:15 Hand Therapy (FC) 6:30 In the Kitchen (CC)	30 10:00 You and Me 2:00 Active Games 3:30 Balance Class (FC) 6:30 Games Night (CC)	National Volunteer Week April 27–May 3		

Entertainment:

April 12th - Entertainment with Jontue Elan on Pollock April 19th - Entertainment with Manvir on Wright April 26th - Entertainment with Andy De Campos on Downey

Outings:

April 15th at 9:30 am - Coffee Culture April 29th at 9:00 am - Museum Outing **Calendar Planning and Resident Bill of Rights**

We invite you to attend this meeting on your neighbourhood. Learn about your Bill of Rights. Have your input as we plan next month's activities, programs, and outings! Hosted by your Recreation Team Member.

Your Recreation Team:

Full-Time - Danny Part-Time - Nur

L - Library MS - Main Street RH - Retirement

