

Perry Neighbourhood

TH—Town Hall
MS—Main Street
OA—Open Area
CK—Country Kitchen

P— Parlour
L—Library
CC— Community Centre
TS— Town Square
RH—Retirement

T—Traveling
FC—Fitness Centre
R—Ruby



Spring
TIME

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>We are CAREGIVERS</div>				<div>Caregivers' Week: May 12-18</div>		
				<div>1 2:30 Celebration of Life - TH PM Hymn Sing W/ Pastor Rob-OA PM Neighbourhood time 6:30 Movie - OA</div>	<div>2 PM Neighbourhood Time PM Circle of Friends -OA PM You and I -T</div>	<div>3 PM Neighbourhood time PM Manicures - OA PM Soothing Sensations - P</div>
<div>4 9:45 Sunday Service - TH 2:30 Cinco de Mayo Entertainment - MS</div>	<div>5 10-1 Pizza Pizza Outing with Khaleda (sign- up only) PM Brains and Banter - OA PM Neighbourhood Time 6:15 Ice Cream Social - L</div>	<div>6 AM Music Therapy -OA PM Neighbourhood Time PM Soothing Sensations - P 6:30 Musical Moments -FC</div>	<div>7 AM Bible Study - L PM Neighbourhood Time PM Stepping Out - T 6:30 Pub Night W/ Ryan Andrews - MS</div>	<div>8 PM Hymn Sing W/ Pastor Rob-OA PM Neighbourhood Time PM For the Soul - OA 6:30 Movie - OA</div>	<div>9 PM Neighbourhood Time PM Circle of Friends PM You & I</div>	<div>10 PM Neighbourhood time PM For the Fit of Fun - OA PM Musical Moments -OA</div>
<div>11 9:45 Sunday Service- TH 2:30 Mother's Day Entertainment with Jeanette Vandervooren- MS PM Neighbourhood Time PM Soothing Sensations -P</div>	<div>12 PM Neighbourhood Time PM Stepping Out -T 6:15 Ice Cream Social -L</div>	<div>13 AM Music Therapy - OA PM Neighbourhood Time 6:30 Bingo-FC</div>	<div>14 AM Bible Study - L 2:30 Monthly Birthday Party - MS PM Neighbourhood Time PM For the Fit of Fun -OA</div>	<div>15 10- 2 Northern School Plant Sale Fundraiser - MS PM Hymn Sing W/ Pastor Rob - OA PM Neighbourhood Time 6:30 Movie - OA</div>	<div>16 PM Neighbourhood Time PM Circle of Friends -OA PM You and I -T</div>	<div>17 PM Neighbourhood Time PM For the Fun of Fit PM Soothing Sensations</div>
<div>18 9:45 Sunday Service - TH PM Neighbourhood Time PM Soothing Sensations -P</div>	<div>19 Victoria Day PM Neighbourhood Time PM Neighbourhood time PM Stepping out -T 6:15 Ice Cream Social -L</div>	<div>20 AM- Music Therapy - OA PM Neighbourhood Time PM Express yourself -OA PM For the Fit of Fun -OA 6:30 Musical Moments -FC</div>	<div>21 World Day for Cultural Diversity AM Bible Sunday - L 11- 3 Taste of the Village -TH PM Neighbourhood time PM Soothing Sensations - P</div>	<div>22 PM Hymn Sing W/ Pastor Rob -OA PM Neighbourhood time PM For the Soul - OA 6:30 Movie - FC</div>	<div>23 PM Neighbourhood Time PM Circle of Friends PM You & I</div>	<div>24 PM Neighbourhood Time PM Manicures - OA PM Soothing Sensations - P</div>
<div>25 9:45 Sunday Service - TH PM Neighbourhood time PM Stepping out - T PM Brains and Banter - OA</div>	<div>26 PM Neighbourhood Time PM Brains and Banter - OA 6:15 Ice Cream Social - L</div>	<div>27 AM Music Therapy OA PM Neighbourhood Time 6:30 Bingo-FC</div>	<div>28 PM Neighbourhood Time PM For the Soul- OA PM You and I - T</div>	<div>29 PM- Hymn Sing W/ Pastor Rob-OA PM Neighbourhood time PM Soothing Sensations -P 6:30 Movie - FC</div>	<div>30 PM Neighbourhood Time PM Musical Moments -OA PM You and I - T</div>	<div>31 PM Neighbourhood Time PM Stepping Out PM Soothing Sensations</div>

MAY

Living In My Today Program Descriptions

Our emphasis is on developing relationships, while the experience of those living with dementia forms the foundation of The Five Pillars of LIVING in My Today.

The Five Pillars

- Meaningful and Active Engagement;
- Enjoyable Mealtimes;
- Empowered Care Partners;
- Thoughtful Design;
- Supportive Approaches to Care.

New Program Descriptions

We are now using broad program names on our calendars to maintain flexibility and ensure engagement for all residents. This approach keeps programming dynamic, inclusive, and responsive to the community's evolving needs.

Program Descriptions

Neighbourhood Time

• Neighbourhood time sets up shared living spaces with resources to catch resident's attention and invite them to give them a try.

In The Kitchen

Creates moments of opportunity for reminiscence, learning, and fellowship through its recognition that the kitchen is not only used to prepare and consume food. Replaces; Baking, cooking, etc.

Circle of Friends

Creates intentional opportunities for residents to cultivate new connections in a supportive environment that promotes shared experiences and camaraderie. Replaces; Tea & Chats, News & Views, etc.

Brains & Banter

A stimulating and social activity, combining engaging brain games with lively conversation. Replaces; Trivia, Word Games, & Puzzles.

Musical Moments

Supports residents to engage with music in meaningful ways. Replaces; Music on Demand, Sing-Alongs, etc.

Program Descriptions

Stepping Out

A guided walk that supports residents to enjoy the outdoors and village community. Replaces; Walk & Talks, Walks on Main Street, etc.

You & I

Replaces One to One & Friendly Visits

For the Fun of Fit

Fitness activities that focus on having fun and building relationships, while also challenging hand-eye coordination, balance, and range of motion. Replaces; Active Games, Mini Putt, Bean Bag Toss, etc.

Express Yourself

Honours creativity and creates a supportive environment for residents to explore and express themselves. Replaces; Crafts or anything creative.

Soothing Sensations

A program that focuses on sensory enrichment. Replaces; Sensory programming

For the Soul

Spiritual programs that connect us to others. Replaces; Spiritual programs, Gratitude Circles, & Joke programs.