# APRIL

Wright

Legend

Do - Downey

Ha - Hagey Jo - Johnston

Ma - Matthews

Po - Pollock

C - Chapel

L - Library MS - Main Street

RH - Retirement

CC - Community Centre

Wr - Wright

CY - Courtyard

FC - Fitness Centre

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		9:15 Art with Sonal 9:30 Rosary (C) 2:00 Bingo (MS) 3:15 Hand Therapy (FC) 6:30 In the Kitchen (CC)	10:00 Contemplating Life with Mike (C) 10:30 Stepping Out 10:30 Sit N Get Fit 2:00 Arts & Crafts 3:30 Balance Class (FC) 6:30 Documentary (C)	9:30 Chapel Service (C) 10:30 Zumba (FC) 2:00 Seated Yoga (FC) 2:30 Card Games 6:30 Active Games (MS)	10:00 Bingo 2:30 Manicures 3:30 Active Games (FC) 6:30 Crafting Club (CC)	10:00 Neighbourhood Time 2:00 Family Games (CC) 3:30 You and Me
10:00 For The Soul 2:00 In the Kitchen 3:30 You and Me	10:00 Card Bingo 2:00 Calendar Planning and Bill of Rights Meeting 3:30 HIIT (FC) 6:30 Game Show Trivia (CC)	9:15 Art with Sonal 9:30 Rosary (C) 2:00 Bingo (MS) 3:15 Tai Chi (FC) 6:30 For The Soul (C)	10:00 Active Games 10:30 Sit N Get Fit 11:00 Brains and Banter 2:00 In The Kitchen 3:30 Balance Class (FC) 6:30 Games Night (CC)	9:30 Chapel Service (C) 10:30 Zumba (FC) 2:00 Seated Yoga (FC) 2:30 Stepping Out 6:30 Active Games (MS)	11 10:00 Bingo 1:30 Outing 3:30 Pilates (FC) 6:30 Crafting Club (CC)	12 Passover Begins 10:00 Neighbourhood Time 2:00 Entertainment (Po) 3:30 You and Me
13 Palm Sunday 10:00 For The Soul 2:00 In The Kitchen 3:30 You and Me	10:00 Green Thumbs 10:30 Active Games 2:00 Karaoke 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)	9:15 Art with Sonal 9:30 Rosary (C) 2:00 Bingo (MS) 3:15 Hand Therapy (FC) 6:30 In the Kitchen (CC)	10:00 Contemplating Life with Mike (C) 10:30 Stepping Out 10:30 Sit N Get Fit 2:00 Patio Time 3:30 Balance Class (FC) 6:30 Games Night (CC)	9:30 Chapel Service (C) 10:30 Zumba (FC) 2:00 Seated Yoga (FC) 2:30 Stepping Out 6:30 Active Games (MS)	18 Good Friday 10:00 Bingo 2:30 Manicures 6:30 Crafting Club (CC)	19 10:30 Easter Event (RH) 2:00 Entertainment (Wr)

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Wright			Po - Pollock	FC - I
Sunday	Monday	Tuesday	Wednesday	

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	0 Easter	21	22 Earth Day	23	24	25	26
	Passover Ends	10:00 Green Thumbs	9:15 Art with Sonal	10:00 Active Games	9:30 Chapel Service (C)	10:00 Bingo	10:00 Neighbourhood Time
		10:30 Card Bingo	9:30 Rosary (C)	10:30 Sit N Get Fit	10:30 Zumba (FC)	1:30 Outing	2:00 Entertainment (Do)
10	0:00 For The Soul	2:00 Stepping Out	10:00 Earth Day Craft (CC)	11:00 Brains and Banter	2:00 Residents Council (C)	3:30 Pilates (FC)	3:30 You and Me
2:	00 In The Kitchen	3:30 HIIT (FC)	2:00 Bingo (MS)	2:00 Food Committee (C)	2:30 Cards	6:30 Crafting Club (CC)	
3:	30 You and Me	6:30 Game Show Trivia (CC)	3:15 Tai Chi (FC)	2:30 Express yourself	6:30 Active Games (MS)		
			6:30 For The Soul (C)	3:30 Balance Class (FC)			
				6:30 Games Night (CC)			
2	7 Volunteer Appreciation	28 Federal Election	29	30			
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27	<b>Volunteer Appreciation</b>
	Week

10:00 For The Soul 2:00 In The Kitchen 3:30 You and Me

10:00 Green Thumbs 10:30 Active Games 2:00 Stepping Out 3:30 Total Body Fitness (FC) 3:30 Brains and Banter 6:30 Game Show Trivia (CC)

9:15 Art with Sonal 9:30 Rosary (C) 10:00 Meet the RIA (RH) 2:00 Bingo (MS) 3:15 Hand Therapy (FC)

6:30 In the Kitchen (CC)

10:00 Manicures 10:30 Sit N Get Fit 2:00 Hang Up Calendars 3:30 Balance Class (FC) 6:30 Games Night (CC)







#### **Entertainment:**

April 12th - Entertainment with Jontue Elan on Pollock

April 19th - Entertainment with Manvir on Wright

April 26th - Entertainment with Andy De Campos on Downey

#### **Outings:**

April 11th - 1:30 Tim Hortons April 25th - 1:30 Walmart

### **Calendar Planning and Resident Bill of Rights**

We invite you to attend this meeting on your neighbourhood. Learn about your Bill of Rights. Have your input as we plan next month's activities, programs, and outings! Hosted by your Recreation Team Member.

#### **Your Recreation Team:**

Full-Time - Tiffany Part-Time -