

MAY

Riverside Neighbourhood

Wisdom of the Elder Question Series

What moments or experiences are you most grateful for?



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Caregivers' Week: May 12-18 We are CAREGIVERS				1 9:30 Ceramics 10:00 Music Therapy 11:00 On-line Church Service 2:00 Music with Ted	2 10:30 Fun & Games 2:30 BINGO 3:00 Greenhouse Club 3:30 Fitness Class	3 9:30 Music & Hand Massages 10:30 Manicures 2:30 Sunshine Walks
4 10:30 Online Church Service 2:30 Cinco de Mayo Social	5 10:30 Fun & Games 2:30 Picture Bingo 'Cinco de Mayo'	6 1030 Zumba (Chapel) 10:30 Horticultural Time 2:00 Resident Council (Chapel) 2:30 Balcony Cleanup 3:30 Fitness Class 6:30 Crossword Challenge	7 Main Street Sale TODAY! 9:30 Fitness Class 10:30 Word in a Word 1:30 Crafty Creations with Arianna 2:30 Neighbourhood Time	8 10:00 Music Therapy 11:00 Online Church Service 2:30 Movie and Coke Floats	9 10:30 Funny Videos 2:30 BINGO 3:00 Greenhouse Club 3:30 Fitness Class	10 9:30 Music & Hand Massages 10:30 Manicures 2:30 Crafty Creations 'Flowers'
11 Mother's Day 2:30 Parkwood Gospel Service (Chapel)	12 10:00 Fun & Games with Brook 11:00 Crossword Challenge 2:30 Balcony Chats	13 8:00 Breakfast Bunch 1030 Zumba (Chapel) 10:30 Horticultural Time 2:30 Ice-cream Sundaes 3:30 Fitness Class 6:00 Evening Social	14 9:30 Fitness Class 2:30 Word in a Word 6:30 Pub Night with Mark Crampsie	15 10:00 Music Therapy 11:00 Chapel Service 2:30 Balcony Clean up	16 10:30 Fun & Games 2:30 BINGO 3:00 Greenhouse Club 3:30 Fitness Class	17 9:30 Music & Hand Massages 10:30 Manicures 2:30 Patio Chats
18 10:30 Online Church Service 2:30 Royal Social with Sweet Treats	19 Victoria Day 10:30 Victorian Trivia 2:30 Picture Bingo 'Flowers'	20 1030 Zumba (Chapel) 10:30 Horticultural Time 2:00 Catholic Mass (Chapel) 2:30 Sunshine Walks 3:30 Fitness Class 6:00 Crossword Challenge	21 9:30 Fitness Class 10:30 Word in a Word 2:30 Java Music Club	22 10:00 Music Therapy 11:00 Chapel Service 2:30 Planting Flowers	23 10:30 Funny Videos 2:30 BINGO 3:00 Greenhouse Club 3:30 Fitness Class	24 9:00 TRIP - Walk for Alzheimers 2:30 Manicures
25 10:30 Music & Hand Massage 2:00 Banwell Community Church (Chapel)	26 10:30 Crossword Challenge 2:30 Blueberry Cheesecake Social	27 1030 Chapel Music Service 10:30 Horticultural Time 2:00 Food Committee (Chapel) 2:30 Crafty Creations 3:30 Fitness Class 6:00 Game Night	28 9:30 Fitness Class 2:30 Word in a Word 5:00 Diner's Club 6:00 Movie Night	29 9:30 Ceramics 10:00 Music Therapy 11:00 Chapel Service 2:30 Music on the Balcony	30 10:30 Fun & Games 2:30 BINGO 3:00 Greenhouse Club 3:30 Fitness Class	31 9:30 Music & Hand Massages 10:30 Manicures 2:30 Armchair Travel