

JUNE

Claremont Neighbourhood

Legend

TH—Town Hall
MS— Main Street
OA—Open Area
CK—Country Kitchen

P— Parlour
L—Library
CC— Community Centre
TS— Town Square
RH—Retirement

T— Traveling
FC—Fitness Centre
R—Ruby

Note/Announcement:

See program details on the back side

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:45 Church service-TH 10:35 Circle of friends-CK 11:00 You & I-T 2:30 For the Fun of Fit -FC	2 10:00 You & I-T 2:30 Country Drive (Sign up) 2:30 Elder wisdom entertainment-MS 6:15 Ice cream social-L 7:00 Bingo-RHTH (\$)	3 11:15 Music Therapy w/Erin-OA 1:30 You & I-T 2:30 Neighbourhood Time 6:30 Bingo-FC	4 10:00 For the soul-T 11:00 Bible Study W/ Pastor Rob -L 2:30 Java Music Club -L 6:30 Pub Night w/ Mike Barnes-MS	5 9:30 Hymn Sing w/ Pastor Rob - OA 10:00 For the Fun of Fit -OA 11:00 Stepping out-T 2:30 Neighbourhood time 6:15 Movie Night - FC	6 9:30 Soothing sensations-T 10:00 Express yourself-OA 11:00 You & I-T 2:30 Brain & Banter-OA	7 10:00 You & I-T 11:00 Brain & banter-CK 2:30 Express yourself-OA
8 9:45 Church service-TH 11:00 For the Soul-T 2:30 You & I-T	9 9:30 Soothing sensations-T 10:00 Brain & Banter-ck 11:00 You & I-T 2:30 Bingo-CK 6:15 Ice cream social-L 7:00 Bingo-RHTH(\$)	10 11:15 Music Therapy w/Erin-OA 1:30 You & I-T 2:30 Neighbourhood Time 6:30 PS5-FC	11 PRIDE DAY  10:00 For the soul-T 11:00 Bible Study W/ Pastor Rob -L 2:00 PRIDE Day Parade 2:30 PRIDE Day entertainment 6:30 Active Games-MS	12 9:30 Hymn Sing w/ Pastor Rob-OA 11:00 You & I-T 2:30 Strawberry entertainment -MS 6:15 Movie Night - FC	13 9:30 Soothing sensations-T 10:00 In the Kitchen-CK 11:00 You & I-T 2:30 Brain & Banter-CK	14 9:30 Neighbourhood Time 10:30 Music Moments -OA 12:00 Diners Club Lunch (sign up) 2:30 Java Music Club -L
15 9:45 Church service-TH 11:00 Neighbourhood time 2:30 Father day entertainment w/ Jack Garson-MS	16 9:30 Soothing sensations-T 10:00 Fun of fit-OA 11:00 Brain & banter-CK 2:30 Walmart Outing (Sign up) 6:15 Ice cream social-L 7:00 Bingo-RHTH (\$)	17 11:15 Music Therapy w/Erin-OA 1:30 You & I-T 2:30 Neighbourhood Time 6:30 Musical Moments-FC	18 11:00 Bible Study W/ Pastor Rob -L 12:00 Neighbourhood Time 1:00 Musical Moments-OA 2:30 You & I-T 6:30-8 Casino night RH MS/TH	19 9:30 Hymn Sing w/ Pastor Rob - OA 10:00 For the Fun of Fit -OA 11:00 Stepping out-T 2:30 Neighbourhood time 6:15 Movie Night - FC	20 9:30 Soothing sensations-T 10:00 Catholic Mass-TH 11:00 Brain & Banter-CK 2:00 Indigenous presentation-TH 2:30 You & I-T	21 10:00 You & I-T 11:00 Brain & banter-CK 2:30 Bingo - FC
22 9:45 Church service-TH 11:00 Neighbourhood time 2:30 Java-CK	23 9:30 Soothing sensations-T 10:00 - 1 Windreach (Sign up) (\$) 6:15 Ice cream social-L 7:00 Bingo-RHTH (\$)	24 11:15 Music Therapy w/Erin-OA 1:30 You & I-T 2:30 Neighbourhood Time 6:30 Bingo-FC	25 11:00 Bible Study W/ Pastor Rob -L 11:30 - 1:30 Summer Kick-Off BBQ-MS 2:30 Neighbourhood Time 6:30 Active Games-MS	26 9:30 Hymn Sing w/ Pastor Rob - OA 10:00 Circle of friends-CK 11:00 You & I-T 2:30 Neighbourhood time 6:15 Movie Night - FC	27 9:30 Soothing sensations-T 10:00 Brain & banter-CK 11:00 You & I-T 2:30 Resident Council-FC	28 10:00 Stepping out-T 11:00 Brain & banter-CK 2:30 Express yourself-Ck
29 9:45 Church service-TH 10:35 Musical Moments-OA 11:00 For the Fun of Fit-OA 2:30 You & I-T	30 9:00 Calendar Delivery-T 10:00 Musical Moments-P 11:00 Brain & banter-CK 2:30 You & I-T 6:15 Ice cream social-L 7:00 Bingo-RHTH (\$)	<div><div><div>Join the</div><div>CELEBRATION</div></div><div>#ElderWisdom 10th Anniversary</div></div> <div></div>				

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Living In My Today Program Descriptions

Our emphasis is on developing relationships, while the experience of those living with dementia forms the foundation of The Five Pillars of LIVING in My Today.

The Five Pillars

- Meaningful and Active Engagement;
- Enjoyable Mealtimes;
- Empowered Care Partners;
- Thoughtful Design;
- Supportive Approaches to Care.

New Program Descriptions

We are now using broad program names on our calendars to maintain flexibility and ensure engagement for all residents. This approach keeps programming dynamic, inclusive, and responsive to the community's evolving needs.

New Program Descriptions Neighbourhood Time

- Neighbourhood time sets up shared living spaces with resources to catch resident's attention and invite them to give them a try.

In The Kitchen

- Creates moments of opportunity for reminiscence, learning, and fellowship through its recognition that the kitchen is not only used to prepare and consume food. Replaces; Baking, cooking, etc.

Circle of Friends

- Creates intentional opportunities for residents to cultivate new connections in a supportive environment that promotes shared experiences and camaraderie. Replaces; Tea & Chats, News & Views, etc.

Brains & Banter

- A stimulating and social activity, combining engaging brain games with lively conversation. Replaces; Trivia, Word Games, & Puzzles.

Musical Moments

- Supports residents to engage with music in meaningful ways. Replaces; Music on Demand, Sing-Alongs, etc.

New Program Descriptions Stepping Out

- A guided walk that supports residents to enjoy the outdoors and village community. Replaces; Walk & Talks, Walks on Main Street, etc.

You & I

- Replaces One to One & Friendly Visits

For the Fun of Fit

- Fitness activities that focus on having fun and building relationships, while also challenging hand-eye coordination, balance, and range of motion. Replaces; Active Games, Mini Putt, Bean Bag Toss, etc.

Express Yourself

- Honours creativity and creates a supportive environment for residents to explore and express themselves. Replaces; Crafts or anything creative.

Soothing Sensations

- A program that focuses on sensory enrichment. Replaces; Sensory programming

For the Soul

- Spiritual programs that connect us to others. Replaces; Spiritual programs, Gratitude Circles, & Joke programs.