# MAY Erindale Place & Sheridan Way

| Sunday   | Monday  | Tuesday   | Wednesday   | Thursday   | Friday   | Saturday   |
|--|---|---|---|--|--|--|
|  |   | دء<br>We are<br>CAREG   | regivers' Week: May 12-18   | <b>1</b><br>10:30 Group Exercise-CQ<br>1:30 Dog Visits<br>2:30 Book club<br>6:30 Stepping out                    | 2<br>10:30 Group exercise-CQ<br>2:30 Pool-AR<br>6:30 Hand Spa Sessions   | <b>3</b><br>10:30 Fun 'n' fitness<br>2:30 Chinese Class w/ Pao<br>Chen             |
| 4  | 5 Cinco De Mayo   | 6   | 7   | 8  | 9  | 10   |
| 10:30 Church Service<br>11:00 Hymn Sing<br>2:30 Solve the riddles  | 10:30 Chair Yoga-CQ<br>2:30 Cinco De Mayo Trivia<br>3:00 Friendly visits<br>6:30 Word Connect | 10:30 Group exercise-CQ<br>2:30 Arm Chair Travel-Mexico<br>6:30 Neighborhood time | 10:30 Express yourself<br>2-4 Virtual Reality Travel<br>Experience- CQ<br>3:00 Group Exercise<br>6:30 Bingo Night | 10:30 Group Exercise-CQ<br>1:30 Dog Visits<br>2:30 Sip n Paint<br>6:30 Stepping out                              | 10:30 Group exercise-CQ<br>2:30 Ring Toss                                | 10:30 Flower Arranging (AR)<br>2:30 Card Making- Mother's<br>Day<br>6:30 Manicures |
| 11   | 12  | 13  | 14  | 15   | 16   | 17   |
| 10:30 Church Service<br>11:00 Hymn Sing<br>2:30 Entertainment with Jack<br>Garson- CQ<br>6:30 Movie Night-Mother's day | 10:30 Balloon Tennis<br>2:30 Shuffle Board-CQ<br>6:30 Word Connect                            | 10:30 Group exercise-CQ<br>2:30 Sing along w/ Noreen                              | 10:30 Guess the song<br>1:30-3:30 Critter Visits-CY<br>3:00 Group Exercise<br>6:30 Bingo Night                    | 10:30 Group Exercise-CQ<br>1:30 Dog Visits<br>2:30 Carrom Board-CQ<br>6:30 Stepping out                          | 10:30 Group exercise -CQ<br>2:30 Bocce ball tournament<br>6:30 Manicures | 10:30 Creative Storytelling<br>11:00 Musical Moments<br>2:30 Baking- AR            |
| 18   | 19  | 20  | 21 World Day for Cultural<br>Diversity  | 22   | 23   | 24   |
| 10:30 Church Service<br>11:00 Hymn Sing<br>2:30 Movie & Popcorn  | 10:30 Conversation Cards<br>2:330 High Tea Social- CQ<br>6:30 Word Connect                    | 10:30 Group Exercise-CQ<br>2:30 RC Communion<br>6:30 Neighborhood time            | 10:30 Art Class-AR<br>2:30 Door Decorating<br>3:00 Group Exercise<br>6:30 Bingo Night                             | 10:30 Group Exercise-CQ<br>1:30 Dog Visits<br>2:30 Gourmet Club<br>6:30 Mobile Nail Salon                        | 10:30 Group Exercise-CQ<br>2:30 Birthday Party with<br>Country Kenny-CQ  | 10:30 Chair Yoga-CQ<br>2:30 Arm-Chair Travel- Turkey<br>6:30 You and Me            |
| 25   | 26 Blueberry Cheesecake<br>Day  | 27  | 28 Multicultural Day  | 29   | 30   | 31   |
| 10:30 Church Service<br>11:00 Hymn Sing<br>2:30 Balloon Tennis<br>6:30 Name 5  | 10:30 Art Class- AR<br>2:30 Cheesecake Traveling<br>Cart<br>6:30 Word Connect                 | 10:30 Group Exercise-CQ<br>2:30 Mini Basketball                                   | 10:45 Music with Wendy<br>11-3 Multicultural Day<br>Celebration<br>3:00 Group Exercise<br>6:30 Bingo Night        | 10:30 Group Exercise-CQ<br>1:30 Dog Visits<br>2:30 Resident Council & Food<br>Committee- CQ<br>6:30 Word Connect | 10:30 Group Exercise-CQ<br>2:30 Chair Yoga-CQ<br>6:30 Manicures          | 10:30 Board Games<br>11:00 Musical Moments<br>2:30 Pool Noodle Fishing             |

- AR- Activity Room
- CQ- Crooked-Q
- HL- Hazel Lane Neighbourhood
- CY- Courtyard Out the Back
- FP- Front Porch- by the Main Entrancce





**Popcorn and Movie** 



May 3 - We have a ghost (HL) - Dinning Room (2:15)

May 11-Mother's Day (EP/SW)- Dining Room (6:30) May 22 - Damsel (HL) -Dinning Room (2:30) May 23- Heaven is for Real (HL) 6:30

## Van Outings



May 1st 1:30- Dollarama Kariya Park- Cherry Blossoms TBD **Shopping Trip-TBD** 

# **Mother**

A mother loves right from the start, No matter if her children are near or far apart. A mother gives never-ending love. She gives us comfort and peace like a beautiful dove.

For us she will always do her best, Even when we put her patience to the test. She wipes our tears, Chases away our fears,

Encourages us to follow a dream, No matter how far fetched it may seem. Her gifts can never compare to any other. I am so honored to call her my mother.

Looking back on another year, I was so lucky to have a mother so dear. So Mom, on your special day, relax and enjoy And always know that I couldn't have asked for any other More incredible person to call my mother. — Jodi L. Landes

Wednesday May 21- World Day for Cultural **Diversity and Door decorating** 

## **Special Events**

Saturday May 3- Chinese Class with Pao-Chen

Monday May 5- Cinco De Mayo

May 10- Mothers Day celebration with Jack Garson

Wednesday May 14-1:30-3:30 Critter Visits in the Back Courtyard

Monday May 19- High Tea Social

Friday May 23- Birthday Party with Country Kenny

Wednesday May 28- Multicultural Day