


JUNE

Emma's Neighbourhood

Legend		
C—Chapel	FE—Front Entrance	BP— Back Patio
TH—Town Hall	L—Library	FC—Fitness Centre
MF– Main Floor	EM—Emma’s	MFC — Main Floor Café
TS—Town Square	HS—Hobby Shop	PC—Patio Courtyard

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30 - Neighbourhood time 11:00 - Virtual Church service 1:30 - Neighbourhood Time 3:00 - Bean Bag Toss 3:30pm Stepping Out	2 ElderWisdom 10th Anniversary Kickoff Party 9:00- Neighbourhood Time 10:00 - Tourist Video 11:00 - Balloon volleyball 1:30 - Neighbourhood time 2pm Youtube Video-TH 230-330pm Entertainment and Cake-TH 3:15 Walking Club with PAL (Emma's Only) 6:00 - Movie Night	3 9:30 -Neighbourhood time 11:00 - Circle of friends 1:30 - Neighbourhood time (2:30 REC MEETING) 3:00 Emma's Fitness 3:30pm Manicures	4 Nelly's Shoe Vendor 9:30 - Neighbourhood time 11:00 - Tourist video 1:30 - Neighbourhood Time 2:30 - Bingo 3:15- You and Me 4:00 - Musical Moments	5 5th Avenue Vendor 9:30 - Neighbourhood time 11:00 - Circle of friends 1:30 - Neighbourhood time 2:30 - Musical Moments(Sing Along) 3:00 - Balloon Volleyball 4:00 - You and Me	6 9:30 - Neighbourhood time 11:00 - Circle of friends 1:30 - Neighbourhood time 3:00 Balloon Volleyball 4:00 - Walking	7 9:30 - Neighbourhood time 11:00 - Musical Moments 1:30- Neighbourhood time 2:30 - Bingo 4:00 - You and Me
8 World's Ocean Day 9:30 - Neighbourhood time 11:00 - Virtual Church service 1:30 - Neighbourhood Time 2:00 - Hymn Sings with Pastor rob 3:00 - Bean Bag Toss 3:30pm Stepping Out	9 9:00- Neighbourhood Time 10:00 - Tourist Video 11:00 - Balloon volleyball 1:30 - Neighbourhood time 2:30 - Pub Cart 3:15 Walking Club with PAL (Emma's Only) 4:00 - Bingo 6:00 - Movie Night 7pm- Community Concert Band of Whitby Outside	10 9:30 -Neighbourhood time 11:00 - Circle of friends 1:30 - Neighbourhood time 2:30 - Circle of Friends 3:00 Emma's Fitness 3:30pm Manicures	11 PRIDE DAY  9:30 - Neighbourhood time 11:00 - Tourist video 1:30 - Neighbourhood Time 2:00 Rainbow Parade - MS 2:30 - Emma's Entertainment 3:15- You and Me 4:00 - Musical Moments	12 9:30 - Neighbourhood time 11:00 - Circle of friends 1:30 - Neighbourhood time 2:30 - Musical Moments(Sing Along) 3:00 - Balloon Volleyball 4:00 - You and Me	13 9:30 - Neighbourhood time 11:00 - Circle of friends 1:30 - Neighbourhood time 3:00 Balloon Volleyball 4:00 - Walking	14 9:30 - Neighbourhood time 11:00 - Musical Moments 1:30- Neighbourhood time 2:30 - Bingo 4:00 - You and Me
15 Father's Day 9:30 - Neighbourhood time 11:00 - Virtual Church service 1:30 - Neighbourhood Time 2:30 Entertainment with Samira Yeo - TH 3:30pm Stepping Out	16 9:00- Neighbourhood Time 10:00 - Tourist Video 11:00 - Balloon volleyball 1:30 - Neighbourhood time 2:30 - Pub Cart 3:15 Walking Club with PAL (Emma's Only) 4:00 - Bingo 6:00 - Movie Night	17 9:30 -Neighbourhood time 11:00 - Circle of friends 1:30 - Neighbourhood time 2:30 - Circle of Friends 3:00 Emma's Fitness 3:30pm Manicures	18 9:30 - Neighbourhood time 11:00 - Tourist video 1:30 - Neighbourhood Time 2:30 - Bingo 3:15- You and Me 4:00 - Musical Moments 6:30 - 8:30 PM Casino Night - MS	19 9:30 - Neighbourhood time 11:00 - Circle of friends 1:30 - Neighbourhood time 2:30 - Musical Moments(Sing Along) 3:00 - Balloon Volleyball 4:00 - You and Me	20 1st Day of Summer 9:30 - Neighbourhood time 11:00 - Circle of friends 1:30 - Neighbourhood time 2:00 - Hymn Sings with Pastor rob 3:00 Balloon Volleyball 4:00 - Walking	21 Nt'l Indigenous Peoples Day 9:30 - Neighbourhood time 11:00 - Musical Moments 1:30- Neighbourhood time 2:30 - Bingo 4:00 - You and Me

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22 9:30 - Neighbourhood time 11:00 - Virtual Church service 1:30 - Neighbourhood Time 3:00 - Bean Bag Toss 3:30pm Stepping Out	23 Worldwide Jewellers 9:00- Neighbourhood Time 10:00 - Tourist Video 11:00 - Balloon volleyball 1:30 - Neighbourhood time 2:30 - Pub Cart 3:15 Walking Club with PAL (Emma's Only) 4:00 - Bingo 6:00 - Movie Night	24 9:30 -Neighbourhood time 11:00 - Circle of friends 1:30 - Neighbourhood time 2:30 - Circle of Friends 3:00 Emma's Fitness 3:30pm Manicures	25 9:30 - Neighbourhood time 11:00 - Tourist video 1:30 - Neighbourhood Time 2:30 Summer Kick off Party-OS 3:15- You and Me 4:00 - Musical Moments	26 Adriann Clothing Vendor 9:30 - Neighbourhood time 11:00 - Circle of friends 1:30 - Neighbourhood time 2:30 Swing Easy Band-TH 3:00 - Balloon Volleyball 4:00 - You and Me	27 9:30 - Neighbourhood time 11:00 - Circle of friends 1:30 - Neighbourhood time 3:00 - For the fun of fit 4:00 - Walking	28 9:30 - Neighbourhood time 11:00 - Musical Moments 1:30- Neighbourhood time 2:30 - Bingo 4:00 - You and Me
29 9:30 - Neighbourhood time 11:00 - Virtual Church service 1:30 - Neighbourhood Time 3:00 - Bean Bag Toss 3:30pm Stepping Out	30 9:00- Neighbourhood Time 10:00 - Tourist Video 11:00 - Balloon volleyball 1:30 - Neighbourhood time 2:30 - Pub Cart 3:00 - circle of friends 3:30 - Bingo 6:00 - Movie Night	<div>  <div> Join the CELEBRATION </div> </div> <div> <div>#ElderWisdom 10th Anniversary</div> <div>     </div> </div>				

JUNE

Living In My Today Program Descriptions

Our emphasis is on developing relationships, while the experience of those living with dementia forms the foundation of The Five Pillars of LIVING in My Today.

The Five Pillars

- Meaningful and Active Engagement;
- Enjoyable Mealtimes;
- Empowered Care Partners;
- Thoughtful Design;
- Supportive Approaches to Care.

New Program Descriptions

We are now using broad program names on our calendars to maintain flexibility and ensure engagement for all residents.

This approach keeps programming dynamic, inclusive, and responsive to the community's evolving needs.

New Program Descriptions

Neighbourhood Time

Neighbourhood time sets up shared living

- spaces with resources to catch resident's attention and invite them to give them a try.

In The Kitchen

Creates moments of opportunity for

- reminiscence, learning, and fellowship through its recognition that the kitchen is not only used to prepare and consume food. Replaces; Baking, cooking, etc.

Circle of Friends

Creates intentional opportunities for residents

- to cultivate new connections in a supportive environment that promotes shared experiences and camaraderie. Replaces; Tea & Chats, News & Views, etc.

Brains & Banter

A stimulating and social activity, combining

- engaging brain games with lively conversation. Replaces; Trivia, Word Games, & Puzzles.

Musical Moments

Supports residents to engage with music in

- meaningful ways. Replaces; Music on Demand, Sing-Alongs, etc

New Program Descriptions

Stepping Out

- A guided walk that supports residents to enjoy the outdoors and village community. Replaces; Walk & Talks, Walks on Main Street, etc.

You & I

- Replaces One to One & Friendly Visits

For the Fun of Fit

- Fitness activities that focus on having fun and building relationships, while also challenging hand-eye coordination, balance, and range of motion. Replaces; Active Games, Mini Putt, Bean Bag Toss, etc.

Express Yourself

- Honours creativity and creates a supportive environment for residents to explore and express themselves. Replaces; Crafts or anything creative.

Soothing Sensations

- A program that focuses on sensory enrichment. Replaces; Sensory programming

For the Soul

- Spiritual programs that connect us to others. Replaces; Spiritual programs, Gratitude Circles, & Joke programs