THE ESSEX NEIGHBOURHOOD

Legend

Gos - Gosfield Kin - Kingsville Har - Harrow

Ex - Essex

Col - Colchester Old - Oldcastle Tal - Talbot

Amh - Amherstburg

Lib - Library
Ch - Chapel
Gh - Greenhouse
Com - Community Center

Ms - Mainstreet

"Behind all your stories is always your mother's story, because hers is where yours begins." ~Mitch Albom

"To care for those who once cared for us, is one of the higest honors" ~Tia Walker

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		We are CAREG	regivers'Week: May 12-18 IVERS	9:30 Horoscopes with Shelby 10:30 Calendar Distribution 10:30 Bible Study 1:30 Crochet Club 2:30 Jeopardy Game	9:30 10:30 Choir Singing in Chapel 1:30 Afternoon Room Visits 2:00 Where in the World 6:00 Friday Night at the Movie	9:30 /10:30 Art Therapy 9:30 Morning Stretches 10:00 Music Therapy with Joe 1:00 Afternoon Room Visits 2:30 Richard Sennima performs in Library
4 Kristy is in	5 Shelby is late	6 Kristy and Shelby	7 Shelby and Kristy	8 Shelby/Kristy is late	9 Kristy is here	10 Shelby is In
9:30 Passport to Wellness 10:30 IN2L Live Stream Church 11:00 Sunday Maincures 1:30 Tower Bingo 3:30 Sunday Afternoon Movie	9:30 Getting Fit with PAL1:30 The Gathering1:30 Rolling in the Sunshine2:30 Cinco de Mayo Trivia	9:30 Morning Movement 10:30 Tarot Card Tuesday 10:30 Monthly Anglican Mass 1:30 Afternoon Room visits 3:00 Church service (Essex) 6:00 Garden Club	9:30 Getting Fit with PAL 10:30 In the Kitchen 1:30 Kite Making 2:30 Horse Racing 3:00 Zumba	9:30 Horoscopes with Shelby10:30 Bible Study1:30 Crochet Club2:30 Name 5 in One Minute3:00 Afternoon Room Visits6:00 Jokes and Cokes	9:30 Morning Stretches 10:30 RC Monthly Mass 1:00 Afternoon Walks in the Sun 2:30 Springtime Crafting	9:30 Morning Hello's 10:00 Music Therapy with Joe Colouring Club 2:30 Ernie Miller in Library
9:30 in2l church 10:30 Manicure's Mimosa and cakes socail 1:1 Visit's 2:30 Village Games	9:30 Getting Fit with PAL 10:00 In the Kitchen 1:30 The Gathering 2:30 Springtime Crafting	9:30 Morning Movement 10:30 Tarot Card Tuesday 1:30 Finish the Line 2:30 Afternoon Room Visits 3:00 Horse Racing 6:00 Garden Club	9:30 Getting Fit with PAL 10:30 Culture Connect 1:30 Walks outside 2:00 Big Crossword 3:00 Zumba	9:30 Horoscopes with Shelby 10:30 Bible Study 1:30 Crochet Club 2:30 Walk & Roll	9:30 Morning Hello's 10:30 Choir Singing in Chapel 1:30 Bingo On Harrow 3:00 Jokes and Riddles 6:00 Games on Essex	9:30 Passport to Wellness 10:00 Music Therapy with Joe 11:00 Morning Strolls 1:00 Afternoon Room Visits 2:30 Monique Moisenco in Library
9:30 Morning Stretches 10:30 IN2L Live Stream Church 11:00 Sunday Maincures 1:30 Tower Bingo 3:30 Sunday Afternoon Movie	9:30 Fitness with PAL neighbourhood Time 1:30 The Gathering 2:30 Walk & Roll 6:00 Trivia night	9:30 Morning Movement 10:30 Tarot Card Tuesday 1:30 Stories with Seamus 2:30 Dice Golf 3:00 Church on Harrow 6:00 Garden Club	9:30 Getting Fit with PAL 10:30 Target Throw 3:00 Zumba 6:00 Parkwood Monthly Mass	9:30 Horoscopes with Shelby 10:30 Bible Study 1:30 Crochet in the Library 3:00 Where in the World? 6:00 Evening Strolls	9:30 Morning Excerise with Balloon Toss 10:30 Spring Painting 1:30 Afternoon Room Visits 2:30 Spring time Buckets.	9:30 Morning Hello's 10:00 Music Therapy with Joe Walk & Roll 2:30 Mark Crampsie in Library
9:30 In2l Church Service 10:30 Manicure's 1:1 Visit's 2:30 Bowling in Library	The start of Multicultural Week 9:30 Getting Fit with PAL Preparing for 1:30 The Gathering 1:30 Multicultural Events 6:00 Wine and Chocolate (Har)	9:30 Morning Movement 10:30 Tarot Card Tuesday 1:30 Multicultural events 3:00 Church on Harrow 6:00 Garden Club	28 Shelby and Kristy are in 9:30 Getting Fit with PAL 10:30 Culture Connect 1:15 Food/Resident Meeting 1:30 Multicultural Events 3.00 Zumba on Gosfield 6:00 Pub Night	9:30 Horoscopes with Shelby 10:30 Bible Study 1:30 Multicultural Events	9:30 1:1 Visit's 10:30 Walk & Roll 1:30 Multicultural Events 3:00 Afternoon Room Visits 6:00 Games with Harrow	Rec is off 10:00 Music Therapy with Joe 2:30 Chris Bolister performs in the library