

# MAY

## West Neighbourhood

**Resident's Bill of Rights**  
**Right to an Optimal Quality of Life - Right # 7**  
Every resident has the right to form friendships and relationships and to participate in the life of the long-term care home.

**4 - 10    Emergency Preparedness Week**  
**5 - 10    Occupational Health and Safety Week**  
**13 - 19   Mental Health Awareness Week**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <div>Caregivers' Week: May 12-18</div> <div>We are CAREGIVERS</div>				<div>1</div> <div>10:00 Calendar Delivery 2:00 Residents' Choice 6:15 Trivia</div>	<div>2</div> <div>10:00 Happiness Program 1:30 Tuck Shop 6:15 Mini Golf</div>	<div>3</div> <div>10:00 DROM Exercise 2:00 Social Club</div>
<div>4</div> <div>10:00 Football Toss 2:00 Outer Space Day Trivia</div>	<div>5</div> <div>Cinco de Mayo 9:30 Sensory Music Group 10:00 Neighbourhood Time 10:45 Sensory Music Group 1:30 Social Music Group 2:00 Cinco de Mayo Party 6:15 Manicures</div>	<div>6</div> <div>9:30 Men's Breakfast Club 10:00 Sound Rejuvenation 2:30 Music with Marcus 6:00 Conversation Starters</div>	<div>7</div> <div>10:00 Lutheran Church Service 2:00 Weird Board Game 6:15 Family Feud</div>	<div>8</div> <div>9:40 Bingo 2:30 Music with Bill 6:15 Axe Throwing</div>	<div>9</div> <div>10:00 Happiness Program 3:30 Circus outing</div>	<div>10</div> <div>10:00 DROM Exercise 1:15 Tuck Shop</div>
<div>11</div> <div>Mother's Day 10:00 Art with Olivia 2:30 High Tea with Pianist: Diana Alecu</div>	<div>12</div> <div>9:30 Sensory Music Group 10:00 Neighbourhood Time 10:45 Sensory Music Group 1:30 Social Music Group 2:30 Music with Rina 6:15 Manicures</div>	<div>13</div> <div>10:00 Jehovah Witness Bible Study 2:00 Bingo 6:15 Movie Night</div>	<div>14</div> <div>10:00 United Church Service 1:15 Catholic Communion 1:30 Residents' Council 2:00 Happiness Program</div>	<div>15</div> <div>9:40 Bingo 2:30 Music with JF 6:15 Basketball Toss  Happy Birthday Denis!</div>	<div>16</div> <div>10:00 Trivia 1:30 Tuck Shop 6:15 Crochet Craft</div>	<div>17</div> <div>10:00 DROM Exercise 2:00 Social Club</div>
<div>18</div> <div>10:00 Card and Dice Game 2:00 Balloon Tennis  Happy Birthday Susie C!</div>	<div>19</div> <div>Victoria Day 9:30 Sensory Music Group 10:00 Neighbourhood Time 10:45 Sensory Music Group 1:30 Social Music Group 2:30 Music with Christina 6:15 Manicures</div>	<div>20</div> <div>10:00 Sound Rejuvenation 2:00 Bingo 6:00 Door to Door Trivia</div>	<div>21</div> <div>World Day for Cultural Diversity 10:00 Non-Denominational Church Service 2:00 Matching Flags Game 6:15 Happiness Program</div>	<div>22</div> <div>9:40 Bingo 2:30 Music with Just the Two of Us 6:15 Pictionary</div>	<div>23</div> <div>10:00 Sensory Connections 1:30 Tuck Shop  Happy Birthday Gordon!</div>	<div>24</div> <div>10:00 Board Games 2:00 Social Club</div>
<div>25</div> <div>10:00 Art with Olivia 2:00 Shuffleboard</div>	<div>26</div> <div>9:30 Sensory Music Group 10:00 Neighbourhood Time 10:45 Sensory Music Group 1:30 Social Music Group 2:30 Music with Adrien &amp; DQ 6:15 Manicures</div>	<div>27</div> <div>10:00 Jehovah Witness Bible Study 2:00 Bingo 6:15 Movie Night</div>	<div>28</div> <div>10:00 Anglican Church Service 1:15 Catholic Communion 2:00 Pour &amp; Sip Art</div>	<div>29</div> <div>9:40 Bingo 2:00 Gardening 6:15 Hungry Hungry Hippos</div>	<div>30</div> <div>10:00 Happiness Program 1:30 Tuck Shop 6:15 Marble art</div>	<div>31</div> <div>10:00 Word Association 2:00 Social Club</div>