

JUNE

PAL

Legend
 JS - John Sweeney
 FC - Fitness Center
 P - Pond
 EG - Egerton



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 OPEN GYM DAY!	2 9:30 Morning Stretch (JS) 1:30 SMART Classes (JS)	3 10:00 Balance Class (JS) 2:30 Hand Therapy (JS)	4 10:00 Duet Bike Rides (P) 3:30 Zumba (JS)	5 10:00 Video Zumba (EG) 1:30 Tai Chi (JS)	6 10:00 Balance Class (JS)	7 9:30 Morning Stretch (JS)
8 OPEN GYM DAY!	9 9:30 Morning Stretch (JS) 1:30 SMART Classes (JS)	10 10:00 Balance Class (JS) 2:30 Hand Therapy (JS)	11 Pride Day 🏳️‍🌈 10:00 Duet Bike Rides (P)	12 10:00 Video Zumba (EG) 1:30 Stretching (JS)	13 10:00 Balance Class (JS)	14 9:30 Morning Stretch (JS)
15 Fathers Day 🧑🏻 OPEN GYM DAY!	16 9:30 Morning Stretch (JS) 1:30 SMART Classes (JS)	17 10:00 Balance Class (JS) 2:30 Hand Therapy (JS)	18 10:00 Duet Bike Rides (P) 3:30 Zumba (JS)	19 10:00 Video Zumba (EG) 1:30 Tai Chi (JS)	20 First Day of Summer ☀️ 10:00 Balance Class (JS)	21 9:30 Morning Stretch (JS)
22 OPEN GYM DAY!	23 9:30 Morning Stretch (JS) 1:30 SMART Classes (JS)	24 10:00 Balance Class (JS) 2:30 Hand Therapy (JS)	25 10:00 Duet Bike Rides (P) 3:30 Zumba (JS)	26 10:00 Video Zumba (EG) 1:30 Stretching (JS)	27 10:00 Balance Class (JS)	28 9:30 Morning Stretch (JS)
29 11:30 Bus pick up - LTC	30 9:30 Morning Stretch (JS) 1:30 SMART Classes (JS)	 #ElderWisdom 10th Anniversary				

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Neighbourhood Name

Legend

C—Chapel

TH—Town Hall

MF— Main Floor

TS—Town Square

SC—Social Club

FE—Front Entrance

L—Library

EM—Emma’s

HS—Hobby Shop

JPL — Jack Purcell Lounge

BP— Back Patio

FC—Fitness Centre

MFC — Main Floor Café

PC—Patio Courtyard

● — Outing

◆ —Resident Run Program

■ — Off the Neighbourhood

Note/Announcement:

words go here.....

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
22 11:30 Bus pick up - LTC	23 11:30 Bus pick up - LTC	24 9:30 Manicures - HS 10:00 Balance Class - JS 10:30 Classical Voyage- FL 10:45 Bridge - W 1:00 Outing● 2:00 Hope Group - C 3:30 Spiritual Arts - C 2:30 Hand Therapy - HS 6:30 Snooker - FL 6:30 Toonie Tuesday-W	25 9:30 Gardening - HS 10:00 11:15 Sing Along w/ Joanne and Lois -MS◆ 2:00 Peg Talk - Old Order Mennonites - An Inside Look 3:30 Zumba - JS 6:15 Movie -	26 Plattsville Paperwork 10 - 2 pm - L 11:30 Bus pick up - LTC	27 11:30 Bus pick up - LTC	28 9:30 Morning Stretch - FC 11:00 Crafts-HS 1:00 Rummikub-W 2:30 Streamed Concert -
29 11:30 Bus pick up - LTC	30 Ezfit Shoes 10 - 2 pm - L 11:30 Bus pick up - LTC	#ElderWisdom Join the CELEBRATION #ElderWisdom 10th Anniversary    				

There are times when unavoidable changes have to be made to the calendar after printing. Please check daily boards to make sure that you are aware of any of these changes.

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There are times when changes have to be made to the calendar after printing. **Please** check daily boards to make sure that you are aware of any of these changes.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30 Billiards - FL 10:00 Video Hymn Sing - JS 10:30 Church with Hector - JS 1:30 Travelogue - FL 3:30 Giant Crossword - FL	2 9:30 Morning Stretch - FL 10:00 Card Workshop - HS 10:00 The Crown - FL 11:00 Musical Moments - JS 1:30 SMART Exercises - FC 2:30 Green Bench Launch Anniversary Video - DR 3:00 Darts - HS	3 9:30 Manicures - HS 10:00 Balance Class - JS 10:30 Classical Voyage- FL 10:45 Bridge - W 1:00 Outing● 2:00 Hope Group - C 3:30 Spiritual Arts - C 2:30 Hand Therapy - HS 6:30 Snooker - FL 6:30 Toonie Tuesday-W	4 9:30 Gardening - HS 10:00 11:15 Sing Along w/ Joanne and Lois -MS◆ 2:00 Musical Bingo - HS 3:30 Zumba - JS 4:00 Dinner Club - UG	5 Vicky’s Jems and Jewels 11 - 3 pm - L 9:30 Outing - Paris● 10:00 Knitting Club - FL◆ 10:30 Board Games -W 1:30 Tai Chi - JS 2:30 WP Choir Rehearsal - JS 3:30	6 9:30 Billiards -FL 10:00 Balance Class - JS 10:30 Stewart Mclean - Vinyl Cafe - FL 12:00 Activity Pack Pickup -W 2:00 Entertainment - The Beatles - DR 3:30 Pub Social - W	7 9:30 Morning Stretch - FC 10:00 Rosary Service - C 11:00 Crafts-HS 1:00 Rummikub-W 2:30 Streamed Concert - Vaughan Williams - A Sea Symphony - FL
8 9:30 Billiards - FL 10:00 Video Hymn Sing - JS 10:30 TV Church - JS 1:30 Travelogue - FL 3:30 Giant Crossword - FL	9 9:30 Morning Stretch - FL 10:00 The Crown - FL 11:00 Musical Moments - JS 1:30 SMART Exercises - FC 3:00 Darts - HS 6:30 Bible Study - Hector -FL	10 9:30 Manicures - HS 10:00 Balance Class - JS 10:30 Classical Voyage- FL 10:45 Bridge - W 1:00 Outing● 2:00 Hope Group - C 3:30 Spiritual Arts - C 2:30 Hand Therapy - HS 6:30 Snooker - FL 6:30 Toonie Tuesday-W	11 PRIDE DAY🏳️🌈 9:30 Gardening - HS 10:00 Zumba - EG 11:15 Sing Along w/ Joanne and Lois -MS◆ 2:00 Pride Walk - Door 1 3:00 Entertainment - Lynne and Rick - BP 6:15 Trivia - FL	12 Adrian’s Fashion 10 - 2 pm - L 9:30 Outing● 10:00 Knitting Club - FL◆ 10:30 Board Games -W 1:30 Tai Chi - JS 2:30 Musical Bingo - HS 3:30 WP Choir Rehearsal - JS 6:00 Cruise Night - Door 1 Parking Lot	13 9:30 Billiards -FL 10:00 Balance Class - JS 10:30 Stewart Mclean - Vinyl Cafe - FL 12:00 Activity Pack Pickup -W 1:30 Name That Tune - HS 2:30 Bingo - JS 3:30 Pub Social - W	14 9:30 Morning Stretch - FC 11:00 Crafts-HS 1:00 Rummikub-W 2:30 Streamed Concert -
15 Father’s Day 11:30 Bus pick up - LTC	16 11:30 Bus pick up - LTC	17 9:30 Manicures - HS 10:00 Balance Class - JS 10:30 Classical Voyage- FL 10:45 Bridge - W 1:00 Outing● 2:00 Hope Group - C 3:30 Spiritual Arts - C 2:30 Hand Therapy - HS 6:30 Snooker - FL 6:30 Toonie Tuesday-W	18 9:30 Gardening - HS 10:00 11:15 Sing Along w/ Joanne and Lois -MS◆ 1:30 Tri-City Cremation Services Presentation - JS 2:00 Musical Bingo - HS 3:30 Zumba - JS 4:00 Dinner Club - UG	19 11:30 Bus pick up - LTC	20 First Day of Summer 9:30 Billiards -FL 10:00 Balance Class - JS 10:30 Stewart Mclean - Vinyl Cafe - FL 12:00 Activity Pack Pickup -W 1:30 Name That Tune - HS 2:30 Bingo - JS 3:30 Pub Social - W	21 9:30 Morning Stretch - FC 11:00 Crafts-HS 1:00 Rummikub-W 2:30 Streamed Concert -