

# JUNE

Neighbourhood Name

## Legend

E - Eby  
N&T - Newberry & Trussler  
Str- Strasburg  
A - Aberdeen  
R - Roseville  
K - Kingsdale  
S - Sandhills  
W - Waldau  
H - Haysville



| Sunday    | Monday                                                                                                                                                   | Tuesday                                                                                                                                                                                                                                                                                                                                                            | Wednesday                                                                                | Thursday                                                                                         | Friday                                                                                                                          | Saturday  |
|-----------|----------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------|-----------|
| <b>1</b>  | <b>2</b><br>0:00 Total Body Fitness- K<br>11:00 Total Body Fitness- S<br>2:45 Hand therapy- E<br>3:00 Fun and Fitness - A<br>3:00 Fun and Fitness - R    | <b>3</b><br>10:00 Total Body Fitness - Str<br>11:00 Total Body Fitness - N&T<br>3:30 Total Body Fitness - E                                                                                                                                                                                                                                                        | <b>4</b><br>10:00 Total Body Fitness - A<br>3:00 Fun and Fitness - K<br>3:30 Taichi - H  | <b>5</b><br>10:00 Total Body Fitness - N&T<br>11:00 Total Body Fitness - H<br>3:30 Taichi - Str  | <b>6</b><br>10:00 Total Body Fitness - R<br>11:00 Total Body Fitness - S<br>2:45 Hand Therapy - K<br>3:30: Fun and Fitness-W    | <b>7</b>  |
| <b>8</b>  | <b>9</b><br>0:00 Total Body Fitness- K<br>11:00 Total Body Fitness- S<br>2:45 Hand therapy- H<br>3:00 Fun and Fitness - A<br>3:00 Fun and Fitness - R    | <b>10</b><br>10:00 Total Body Fitness - Str<br>11:00 Total Body Fitness - N&T<br>3:30 Total Body Fitness - E                                                                                                                                                                                                                                                       | <b>11</b><br>10:00 Total Body Fitness - A<br>3:00 Fun and Fitness - K<br>3:30 Taichi - H | <b>12</b><br>10:00 Total Body Fitness - N&T<br>11:00 Total Body Fitness - H<br>3:30 Taichi - Str | <b>13</b><br>10:00 Total Body Fitness - R<br>11:00 Total Body Fitness - S<br>2:45 Hand Therapy - A<br>3:30: Fun and Fitness-W   | <b>14</b> |
| <b>15</b> | <b>16</b><br>0:00 Total Body Fitness- K<br>11:00 Total Body Fitness- S<br>2:45 Hand therapy- N&T<br>3:00 Fun and Fitness - A<br>3:00 Fun and Fitness - R | <b>17</b><br>10:00 Total Body Fitness - Str<br>11:00 Total Body Fitness - N&T<br>3:30 Total Body Fitness - E                                                                                                                                                                                                                                                       | <b>18</b><br>10:00 Total Body Fitness - A<br>3:00 Fun and Fitness - K<br>3:30 Taichi - H | <b>19</b><br>10:00 Total Body Fitness - N&T<br>11:00 Total Body Fitness - H<br>3:30 Taichi - Str | <b>20</b><br>10:00 Total Body Fitness - R<br>11:00 Total Body Fitness - S<br>2:45 Hand Therapy - Str<br>3:30: Fun and Fitness-W | <b>21</b> |
| <b>22</b> | <b>23</b><br>0:00 Total Body Fitness- K<br>11:00 Total Body Fitness- S<br>2:45 Hand therapy- E<br>3:00 Fun and Fitness - A<br>3:00 Fun and Fitness - R   | <b>24</b><br>10:00 Total Body Fitness - Str<br>11:00 Total Body Fitness - N&T<br>3:30 Total Body Fitness - E                                                                                                                                                                                                                                                       | <b>25</b><br>10:00 Total Body Fitness - A<br>3:00 Fun and Fitness - K<br>3:30 Taichi - H | <b>26</b><br>10:00 Total Body Fitness - N&T<br>11:00 Total Body Fitness - H<br>3:30 Taichi - Str | <b>27</b><br>10:00 Total Body Fitness - R<br>11:00 Total Body Fitness - S<br>2:45 Hand Therapy - K<br>3:30: Fun and Fitness-W   | <b>28</b> |
| <b>29</b> | <b>30</b><br>0:00 Total Body Fitness- K<br>11:00 Total Body Fitness- S<br>2:45 Hand therapy- H<br>3:00 Fun and Fitness - A<br>3:00 Fun and Fitness - R   | <div>Join the<br/><b>CELEBRATION</b><br/>#ElderWisdom 10th Anniversary</div> <div></div> <div></div> |                                                                                          |                                                                                                  |                                                                                                                                 |           |