

# JUNE

## Perry Neighbourhood

**Legend**  
CC- Community Centre  
TH—Town Hall  
MS- Main Street  
TH—Town Hall  
SC—Social Club  
FCC- Country Kitchen  
L—Library  
R- Ruby  
BP— Back Patio  
FC—Fitness Centre  
PC—Patio Courtyard  
T-Traveling  
P-Parlour

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> PM- Neighbourhood Time-  PM- Express Yourself- OA  PM You & I - T	<b>2</b> PM Neighbourhood Time  PM Musical Moment - OA 2:30pm ElderWisdom Kick-Off Party- MS 6:15 Ice cream social-L	<b>3</b> AM Music Therapy w/Erin-OA  PM Neighbourhood Time  PM For the Fit of Fun - OA 6:30 Bingo-FC	<b>4</b> AM - Bible Study - L 2:30 Java Music Club - L PM Neighbourhood Time 6:30 Pub Night w/ Mike Barnes-MS	<b>5</b> PM Neighbourhood Time  PM For the Soul - OA PM Brains and Banter 6:15 Movie Night -FC	<b>6</b> PM Neighbourhood Time  PM Soothing Sensations- OA  PM For the Fun of Fit -OA	<b>7</b> PM Neighbourhood Time  PM Gardening - PC  PM Soothing Sensations - OA
<b>8</b> 9:45 Sunday Service -TH  PM Neighbourhood Time  PM Musical Moments - OA PM Brains and Banter - OA	<b>9</b> PM Neighbourhood Time  2:30pm Country Drive  6:15 Ice cream social-L	<b>10</b> PM- Neighbourhood Time  PM Manicures  PM- Circle of Friends - OA	<b>11 PRIDE DAY</b>  AM - Bible Study - L  PM Neighbourhood Time 2:00 Pride Parade- MS 2:30 Pride Entertainment- MS PM For the Soul - T	<b>12</b> PM Hymn Sing w/ Pastor Rob - OA PM Neighbourhood time 2:30 Strawberry Social- MS  6:15 Movie Night - FC	<b>13</b> PM Neighbourhood Time  PM In the Kitchen/Gardening - PC  PM- You & I - T	<b>14</b> PM Neighbourhood Time  PM You & I - T  PM For the Fun of Fit - OA
<b>15 Happy Father's Day</b> 9:45 Sunday Service PM- Neighbourhood Time 2:30 Father's Day Entertainment- MS  PM Brains & Banter	<b>16</b> PM Neighbourhood Time  2:30 pm Walmart Outing  6:15 Ice cream social-L	<b>17</b> AM Music Therapy w/Erin-OA  PM Neighbourhood Time PM Gardening - PC PM You and I - T 6:30 Musical Moments-FC	<b>18</b> AM - Bible Study - L  PM Neighbourhood Time  6:30-8 Casino night RH MS/TH	<b>19</b> PM Neighbourhood Time  PM for the Fit of Fun - OA  6:15 Movie Night -FC	<b>20 First Day of Summer</b> 10:00 Catholic Mass-TH 2:00 Indigenous Peoples Day Presentation- TH PM In the Kitchen - CC PM Soothing Sensations - OA	<b>21 National Indigenous Peoples Day</b> 2:30 Bingo - FC PM Neighbourhood Time PM Gardening - PC  PM Brains and Banter - OA
<b>22</b> 9:45 Sunday Service -TH  PM Neighbourhood Time  PM Soothing Sensations -OA	<b>23</b> PM Neighbourhood Time  PM For the Fit of Fun - OA  6:15 Ice cream social-L	<b>24</b> PM- Neighbourhood Time  PM Manicures  PM Brains & Banter - OA	<b>25</b> AM - Bible Study - L  PM Neighbourhood Time  12:00 Summer BBQ Kick-Off PM For the Soul - T	<b>26</b> PM Hymn Sing w/ Pastor Rob - OA PM Neighbourhood time PM Gardening - PC 6:15 Movie Night - FC	<b>27</b> PM Neighbourhood Time 2:30 Residents Council- FC  PM Musical Moments - OA  PM Brains and Banter -OA	<b>28</b> PM Neighbourhood Time  PM For the Soul - OA  PM Soothing Sensations - P
<b>29</b> PM Neighbourhood Time  PM Stepping Out - T  PM You & I -T	<b>30</b> 10 - 1 Windreach Farms Outing  PM Neighbourhood Time  6:15 Ice cream social-L	<div><div><div>Join the</div><div>CELEBRATION</div></div><div>#ElderWisdom 10th Anniversary</div><div></div></div>				

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## Living In My Today Program Descriptions

Our emphasis is on developing relationships, while the experience of those living with dementia forms the foundation of The Five Pillars of Living in My Today.

### The Five Pillars

Meaningful and Active Engagement;  
Enjoyable Mealtimes; Empowered  
Care Partners; Thoughtful Design;  
Supportive Approaches to Care.

### New Program Descriptions

We are now using broad program names on our calendars to maintain flexibility and ensure engagement for all residents. This approach keeps programming dynamic, inclusive, and responsive to the community's evolving needs.

## Program Descriptions

### Neighbourhood Time

- Neighbourhood time sets up shared living spaces with resources to catch resident's attention and invite them to give them a try.

### In The Kitchen

Creates moments of opportunity for reminiscence, learning, and fellowship through its recognition that the kitchen is not only used to prepare and consume food.  
Replaces; Baking, cooking, etc.

### Circle of Friends

Creates intentional opportunities for residents to cultivate new connections in a supportive environment that promotes shared experiences and camaraderie. Replaces; Tea & Chats, News & Views, etc.

### Brains & Banter

A stimulating and social activity, combining engaging brain games with lively conversation. Replaces; Trivia, Word Games, & Puzzles.

### Musical Moments

Supports residents to engage with music in meaningful ways. Replaces; Music on Demand, Sing-Alongs, etc.

## Program Descriptions

### Stepping Out

A guided walk that supports residents to enjoy the outdoors and village community.  
Replaces; Walk & Talks, Walks on Main Street, etc.

### You & I

Replaces One to One & Friendly Visits

### For the Fun of Fit

Fitness activities that focus on having fun and building relationships, while also challenging hand-eye coordination, balance, and range of motion. Replaces; Active Games, Mini Putt, Bean Bag Toss, etc.

### Express Yourself

Honours creativity and creates a supportive environment for residents to explore and express themselves. Replaces; Crafts or anything creative.

### Soothing Sensations

A program that focuses on sensory enrichment. Replaces; Sensory programming

### For the Soul

Spiritual programs that connect us to others. Replaces; Spiritual programs, Gratitude Circles, & Joke programs.