


JULY

Emma's Neighbourhood


- Legend**
C—Chapel
TH—Town Hall
MF— Main Floor
TS—Town Square
SC—Social Club
- FE—Front Entrance
L—Library
EM—Emma’s
HS—Hobby Shop
- BP— Back Patio
FC—Fitness Centre
MFC — Main Floor Café
PC—Patio Courtyard

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Canada Day 9:30am Neighbourhood Time 11am Flag Raising and O Canada 230pm Entertainment with Jay V 3:00pm Emma’s Fitness 3:30pm Watering and Enjoying the Gardens	2 10-2 Traditions Alive 1:00pm Neighbourhood Time 1:30pm Circle of Friends 2:00pm Bingo 3:00 Dance Social 4:15pm You and me 6:05pm Movie Night	3 930am Neighbourhood Time 10:30am Watering and Enjoying the Gardens 1:30pm Neighbourhood Time 2:30pm Musical Moments (Sing Along) 3:00pm Balloon Volleyball 4:00pm You and me	4 930am Neighbourhood Time 11:00am Circle of Friends 1:30pm Neighbourhood Time 2:15pm Express Yourself 3:00 Balloons (K) 3:30pm Resource Gathering and collection	5 930am Neighbourhood Time 11:00am Circle of Friends 1:30pm Neighbourhood Time 2:30pm Bingo 4:00pm Watering and Enjoying the Gardens
	6 930am Neighbourhood Time 11:00am Virtual Church Service 1:30pm Neighbourhood Time 2:30pm Bean Bag Toss 4:00pm Stepping Out	7 World Chocolate Day Week 1 Theme: Spring 930am Neighbourhood Time 10:30am Watering and Enjoying the Gardens 1:30pm Neighbourhood Time 2:30pm Pub Cart 3:00pm Walking Club with PAL 4:00pm Bingo	8 930am Neighbourhood Time 11:00am Brain and Banter 1:30pm Neighbourhood Time 2:15pm For the Soul 3:00pm Emma’s Fitness 3:30pm Manicures 4:15pm You and me	9 1:00am Neighbourhood Time 1:30am Circle of Friends 2:30 Entertainment with K & D Melodee 4:15pm You and me 6:05pm Movie Night	10 930am Neighbourhood Time 10:30am Watering and Enjoying the Gardens 1:30pm Neighbourhood Time 2:30pm Musical Moments (Sing Along) 3:00pm Balloon Volleyball 4:00pm You and me	11 930am Neighbourhood Time 11:00am Circle of Friends 1:30pm Neighbourhood Time 2:15pm Express Yourself 3:00 Balloons (K) 3:30pm Resource Gathering and collection
13 930am Neighbourhood Time 11:00am Virtual Church Service 1:30pm Neighbourhood Time 2:00 pm Hymn Sing 4:00pm You and Me	14 Week 2 Theme: Spring Cleaning 930am Neighbourhood Time 10:30am Watering and Enjoying the Gardens 1:30pm Neighbourhood Time 2:30pm Pub Cart 3:00pm Walking Club with PAL 4:00pm Bingo	15 930am Neighbourhood Time 11:00am Brain and Banter 1:30pm Neighbourhood Time 2:15pm For the Soul 3:00pm Emma’s Fitness 3:30pm Manicures 4:15pm You and me	16 International Friendship Day 1:00pm Neighbourhood Time 1:30pm Circle of Friends 2:00pm Bingo 3:00 Dance Social 4:15pm You and me 6:05pm Movie Night	17 930am Neighbourhood Time 10:30am Watering and Enjoying the Gardens 1:30pm Neighbourhood Time 2:30pm Musical Moments (Sing Along) 3:00pm Balloon Volleyball 4:00pm You and me	18 930am Neighbourhood Time 11:00am Circle of Friends 1:30pm Neighbourhood Time 2:15pm Express Yourself 3:00 Balloons (K) 3:30pm Resource Gathering and collection	19 930am Neighbourhood Time 11:00am Circle of Friends 1:30pm Neighbourhood Time 2:30pm Bingo 4:00pm Watering and Enjoying the Gardens

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
20 Ice Cream Day 930am Neighbourhood Time 11:00am Virtual Church Service 1:30pm Neighbourhood Time 2:30pm For the Fun of Fit 4:00pm Soothing Sensations	21 Week 3 Theme: Flowers 930am Neighbourhood Time 10:30am Watering and Enjoying the Gardens 1:30pm Neighbourhood Time 2:30pm Pub Cart 3:00pm Walking Club with PAL 4:00pm Bingo	22 930am Neighbourhood Time 11:00am Brain and Banter 1:30pm Neighbourhood Time 2:15pm For the Soul 3:00pm Emma’s Fitness 3:30pm Manicures 4:15pm You and me	23 Watermelon Day 1:00pm Neighbourhood Time 1:30pm Circle of Friends 2:00pm Bingo 3:00 Dance Social 4:15pm You and me 6:05pm Movie Night	24 Int’l Self Care Day 930am Neighbourhood Time 10:30am Watering and Enjoying the Gardens 1:30pm Neighbourhood Time 2:30pm Musical Moments (Sing Along) 3:00pm Balloon Volleyball 4:00pm You and me	25 930am Neighbourhood Time 11:00am Circle of Friends 1:30pm Neighbourhood Time 2:15pm Express Yourself 3:00 Balloons (K) 3:30pm Resourse Gathering and collection	26 930am Neighbourhood Time 11:00am Express Yourself 1:30pm Neighbourhood Time 2:30pm Bingo 4:00pm Watering and Enjoying the Gardens
27 930am Neighbourhood Time 11:00am Virtual Church Service 1:30pm Neighbourhood Time 2:00pm Hymn Sing 4:00pm Stepping Out	28 Week 4 Theme: Birds 930am Neighbourhood Time 10:30am Watering and Enjoying the Gardens 1:30pm Neighbourhood Time 2:30pm Pub Cart 3:00pm Walking Club with PAL 4:00pm Bingo	29 930am Neighbourhood Time 11:00am Brain and Banter 1:30pm Neighbourhood Time 2:15pm For the Soul 3:00pm Emma’s Fitness 3:30pm Manicures 4:15pm You and me	30 1:00pm Neighbourhood Time 1:30pm Circle of Friends 2:00pm Bingo 3:00 Dance Social 4:15pm You and me 6:05pm Movie Night	31 930am Neighbourhood Time 10:30am Watering and Enjoying the Gardens 1:30pm Neighbourhood Time 2:30pm Musical Moments (Sing Along) 3:00pm Balloon Volleyball 4:00pm You and me		

JULY

Living In My Today Program Descriptions

Our emphasis is on developing relationships, while the experience of those living with dementia forms the foundation of The Five Pillars of LIVING in My Today.

The Five Pillars

- Meaningful and Active Engagement;
- Enjoyable Mealtimes;
- Empowered Care Partners;
- Thoughtful Design;
- Supportive Approaches to Care.

New Program Descriptions

We are now using broad program names on our calendars to maintain flexibility and ensure engagement for all residents.

This approach keeps programming dynamic, inclusive, and responsive to the community's evolving needs.

New Program Descriptions

Neighbourhood Time

Neighbourhood time sets up shared living

- spaces with resources to catch resident's attention and invite them to give them a try.

In The Kitchen

Creates moments of opportunity for

- reminiscence, learning, and fellowship through its recognition that the kitchen is not only used to prepare and consume food. Replaces; Baking, cooking, etc.

Circle of Friends

Creates intentional opportunities for residents

- to cultivate new connections in a supportive environment that promotes shared experiences and camaraderie. Replaces; Tea & Chats, News & Views, etc.

Brains & Banter

A stimulating and social activity, combining

- engaging brain games with lively conversation. Replaces; Trivia, Word Games, & Puzzles.

Musical Moments

Supports residents to engage with music in

- meaningful ways. Replaces; Music on Demand, Sing-Alongs, etc

New Program Descriptions

Stepping Out

- A guided walk that supports residents to enjoy the outdoors and village community. Replaces; Walk & Talks, Walks on Main Street, etc.

You & I

- Replaces One to One & Friendly Visits

For the Fun of Fit

- Fitness activities that focus on having fun and building relationships, while also challenging hand-eye coordination, balance, and range of motion. Replaces; Active Games, Mini Putt, Bean Bag Toss, etc.

Express Yourself

- Honours creativity and creates a supportive environment for residents to explore and express themselves. Replaces; Crafts or anything creative.

Soothing Sensations

- A program that focuses on sensory enrichment. Replaces; Sensory programming

For the Soul

- Spiritual programs that connect us to others. Replaces; Spiritual programs, Gratitude Circles, & Joke programs