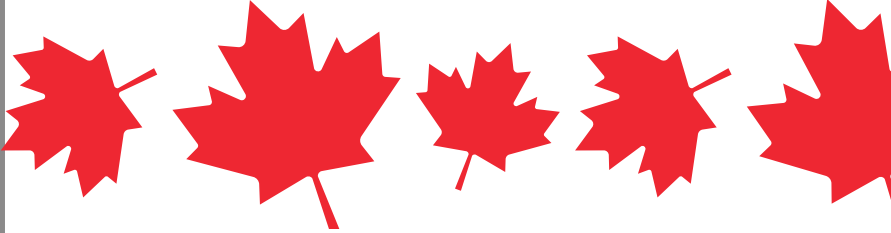



# JULY

## Emmas

- Legend
- — Outing
  - ◆ — Resident Run Program
  - — Off the Neighbourhood

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1 Canada Day</b> 10:00 Neighbourhood Time 11:00 For the Spirit 2:00 Canada Celebration■	<b>2</b> 10:00 Neighbourhood Time 10:30 Catholic Mass■ 2:00 Strawberry Social	<b>3</b> 10:00 Neighbourhood Time 11:00 PAL Exercise 2:00 Musical Bingo 3:30 Circle of Friends	<b>4</b> 10:00 Neighbourhood Time 11:00 Patio Buddies 2:00 Musical Moments 3:30 Social	<b>5</b> 10:00 Neighbourhood Time 11:00 In the Kitchen 2:00 Bingo 3:00 For the Fun of Fit
<b>6</b> 10:30 Church Service■ 11:00 Neighbourhood Time 2:00 Movies & Popcorn 3:00 Brains And Banter	<b>7</b> 10:00 Neighbourhood Time 2:00 Smart Exercise 3:30 Patio Buddies 6:30 Soothing Sensation	<b>8 Timbits Tuesday</b> 10:00 Neighbourhood Time 11:00 For the Spirit 2:00 Manicures 3:30 For the Fun of Fit	<b>9</b> 10:00 Neighbourhood Time 10:30 Non Denominational Communion■ 2:00 For the Soul 3:30 Bingo	<b>10</b> 10:00 Neighbourhood Time 11:00 PAL Exercise 1:30 Outing● 3:30 Circle of Friends 6:30 Meditation	<b>11</b> 10:00 Neighbourhood Time 11:00 Patio Buddies 2:30 Celebration of Life■ 3:30 Social	<b>12</b> 10:00 Neighbourhood Time 11:00 In the Kitchen 2:00 Bingo 3:00 For the Fun of Fit
<b>13</b> 10:00 Church Service 11:00 Neighbourhood Time 2:00 Movies & Popcorn 3:00 Brains And Banter	<b>14</b> 10:00 Neighbourhood Time 2:00 Smart Exercise 3:30 Patio Buddies 6:30 Soothing Sensation	<b>15</b> 10:00 Neighbourhood Time 11:00 For the Spirit 2:00 Manicures 3:30 For the Fun of Fit	<b>16</b> 10:00 Neighbourhood Time 10:00 Outing● 2:00 In the Kitchen 3:30 Bingo	<b>17</b> 10:00 Neighbourhood Time 11:00 PAL Exercise 2:00 Musical Bingo 3:30 Circle of Friends	<b>18</b> 10:00 Neighbourhood Time 11:00 Patio Buddies 2:00 Musical Moments 3:30 Social	<b>19</b> 10:00 Neighbourhood Time 11:00 In the Kitchen 2:00 Bingo 3:00 For the Fun of Fit
<b>20 Ice cream Day</b> 10:00 Neighbourhood Time 11:00 Brains and Banter 2:00 Movies & Popcorn 2:30 Church Service 3:00 Ice cream Social	<b>21</b> 10:00 Neighbourhood Time 2:00 Smart Exercise 3:30 Patio Buddies 6:30 Soothing Sensation	<b>22</b> 10:00 Neighbourhood Time 11:00 For the Spirit 2:00 Manicures 3:30 For the Fun of Fit	<b>23</b> 10:00 Neighbourhood Time 10:30 Protestant Communion■ 2:00 For the Soul 3:30 Bingo	<b>24</b> 10:00 Neighbourhood Time 11:00 PAL Exercise 2:00 Musical Bingo 3:30 Circle of Friends 6:30 Meditation	<b>25</b> 10:00 Neighbourhood Time 11:00 Patio Buddies 1:30 Outing● 3:30 Social	<b>26</b> 10:00 Neighbourhood Time 11:00 In the Kitchen 2:00 Bingo 3:00 For the Fun of Fit
<b>27</b> 10:00 Church Service 11:00 Neighbourhood Time 2:00 Movies & Popcorn 3:00 Brains And Banter	<b>28</b> 10:00 Neighbourhood Time 2:00 Smart Exercise 3:30 Patio Buddies 6:30 Soothing Sensation	<b>29</b> 10:00 Neighbourhood Time 11:00 For the Spirit 2:00 Manicures 3:30 For the Fun of Fit	<b>30</b> 10:00 Neighbourhood Time 11:00 In the Kitchen 1:30 Outing● 2:00 For the Soul 2:45 Zumba 3:30 Bingo	<b>31</b> 10:00 Neighbourhood Time 11:00 PAL Exercise 2:00 Musical Bingo 3:30 Circle of Friends		

# JULY

## Special Events

- Canada Day Celebration on 1th July from 2:00pm
- Strawberry Social on 2<sup>nd</sup> July at 2:00pm
- Timbits Tuesday on 8<sup>th</sup> July
- Zumba classes on 30<sup>th</sup> of July from 2:45pm on Emma's neighbourhood

## Vendors:

- Tradition Alive in the library on 5<sup>th</sup> July from 11:am-3:00pm.
- Card workshop in the Hobby Shop on July 7th from 10:00am.
- The Boutique in the library on July 8<sup>th</sup> from 10:00-2:00pm.
- Vicky's Jem's & Jewels in the library on July 11th from 11:00am to 3:00pm in the library.
- Factory Shoes Kitchener in the library on July 15th from 10:00pm to 3:00pm.
- Plattsville Paperwork is in the library on July 23rd from 10:00am-2:00pm.

## Outings:

- July 10th at 1:30 pm is going to Ice cream treat.
- July 16th at 1:30pm is going to a trail for a nature walk.
- July 25th at 1:30pm is going on a Country Drive.
- July 30th at 1:30 pm is going on a City Drive.

## Spiritual Events:

- Church Service is offered every First Sunday at 10:30am in John Sweeney and the Second Sunday at 2:30pm in the John Sweeney.
- For the Soul is offered every Tuesday at 11:00am
- For the Soul is offered every Wednesday mornings at 11:00am

