

## Legend

CH- Chapel TH - Town Hall MS - Main Street CY - Courtyard BP - Back Patio TS - Town Square

FC - Fitness Centre L - Library CC - Community Centre D - Den

CK - Country Kitchen LR - Living Room

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday				
1 10:00am Church Service-CH 10:30am Circle of Friends-CC 2:30pm Virtual Church Service- TH 3:15pm Fellowship-TH	2 10:30am Intergenerational Jamboree-TH 2:00pm Wisdom of the Elder Event in Town Square! 3:30pm Stepping Out 6:15pm Musical Moments - CC	<ul> <li>9:30am Neighbourhood Time</li> <li>10:00am Rosary-CH</li> <li>10:15am In The Kitchen</li> <li>11:00am Stay Strong-FC</li> <li>2:00pm Bingo!-CC</li> <li>2:00pm For the Soul</li> </ul>	4 10:00am Hort Happens 2:00pm Tai Chi-FC 6:15pm Active Games-MS	9:45am Sing-Along with Janet 11:00am Brains & Banter 11:00am Fit to Function-FC 2:00pm Circle of Friends 3:30pm Express Yourself 6:15pm Trivia Night-CC	6 8:15am Men's Breakfast-CC 11:00am Stay Strong-FC 2:00pm Circle of Friends in Rymal	<b>7</b> 9:30am Neighbourhood Time 10:45am Express Yourself-CC 2:00pm Pub with Anesti Karantakis on Main Street!				
8 9:30am Neighbourhood Time 10:00am Church Service-CH 10:30am Circle of Friends-CC 2:30pm Church Service & Communion-TH 3:15pm Fellowship-TH	9 10:30am Intergenerational Jamboree-TH 11:00am Brains & Banter in Rymal 2:00pm Bingo - CC	<b>10</b> 9:30am Neighbourhood Time 10:00am Rosary-CH 11:00am In The Kitchen 11:00am Stay Strong-FC 2:00pm For the Soul 3:30pm For The Fun of Fit 6:15pm Games Night-CC	11 PRIDE DAY 1:30pm Soothing Sensations 2:00pm Tai Chi-FC 2:30pm Movie with Janet-TH 6:15pm Active Games-MS	<b>12</b> 10:45am Outing to Hutch's 11:00am Fit to Function-FC 3:15pm Resident's Council-CC 3:30pm Express Yourself 6:15pm Trivia Night - CC	<ul> <li>9:30am Neighbourhood Time</li> <li>11:00am In The Kitchen</li> <li>11:00am Stay Strong-FC</li> <li>2:00pm Beer &amp; Pizza Social for</li> <li>the Men-CC</li> <li>2:15pm Music Therapy with</li> <li>Jen</li> <li>3:30pm You &amp; I</li> </ul>	<b>14 Strawberry Shortcake Day</b> 10:45am Express Yourself-CC 2:00pm Entertainment with Susie Q on Main Street				
<ul> <li>15 Father's Day/ World Elder Abuse Awareness Day *Wear Purple*</li> <li>10:00am Church Service-CH</li> <li>10:30am Circle of Friends-CC</li> <li>2:30pm Father's Day Church</li> <li>Service-TH</li> <li>3:15pm Fellowship-TH</li> </ul>	<b>16</b> 10:30am Intergenerational Jamboree-TH 2:00pm Bingo - CC 3:30pm Stepping Out 6:15pm Musical Moments - CC	<b>17</b> 9:30am Neighbourhood Time 10:00am Rosary-CH 10:15am In The Kitchen 11:00am Stay Strong-FC 2:00pm For the Soul 2:00pm International Snack Battle: Canada-CC 3:30pm For The Fun of Fit	<ul> <li><b>18 International Picnic Day</b></li> <li>10:00am Hort Happens</li> <li>10:30am Roman Catholic</li> <li>Mass-CH</li> <li>11:30am Picnic with KFC at T.B.</li> <li>McQueston Park</li> <li>1:30pm Soothing Sensations</li> <li>2:00pm Tai Chi-FC</li> <li>6:15pm Active Games-MS</li> </ul>	<b>19</b> 9:45am Sing-Along with Janet 11:00am Brains & Banter 11:00am Fit to Function-FC 2:00pm Circle of Friends 3:30pm Express Yourself 6:15pm Trivia Night - CC 6-8pm Green Bench: Wisdom of the Elder Event at Bayfront Park	20 First Day of Summer! 11:00am Stay Strong-FC 3:00pm Happy Hour with Andrew Targgart on Main St.	21 9:30am Neighbourhood Time 10:45am Express Yourself-CC 2-4pm Big Band Entertainment on the Back Patio				

## Note/Announcement:

Don't forget that June 22nd-30th is located on the back!



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>22</b> 9:30am Neighbourhood Time 10:00am Church Service-CH 10:30am Circle of Friends-CC 2:30pm Church Service: Red & White Celebration-TH 3:15pm Fellowship-TH	23 Pink Flamingo Day *Wear Pink* 11:00am Brains & Banter in Rymal 2:00pm Bingo - CC	<ul> <li>9:30am Neighbourhood Time</li> <li>10:00am Rosary-CH</li> <li>10:30am Country Drive Outing</li> <li>11:00am Stay Strong-FC</li> <li>2:00pm For the Soul</li> <li>3:30pm For The Fun of Fit</li> <li>6:15pm Games Night - CC</li> </ul>	25 1:30pm Soothing Sensations 2:00pm Tai Chi-FC 5:00pm Diner's Club: Chinese Food-MS	<ul> <li>9:45am Sing-Along with Janet</li> <li>11:00am Brains &amp; Banter</li> <li>11:00am Fit to Function-FC</li> <li>2:30pm Armchair Travel:</li> <li>Ottawa-TH</li> <li>6:15pm Trivia Night - CC</li> </ul>	<ul> <li>9:30am Neighbourhood Time</li> <li>11:00am In The Kitchen</li> <li>11:00am Stay Strong-FC</li> <li>2:00pm Birthday Bash-CC</li> <li>2:15pm Music Therapy with</li> <li>Jen</li> <li>3:30pm You &amp; I</li> </ul>	28 10:45am Express Yourself-CC 2:00pm Entertainment with Jim Younge in Stonechurch
29 10:00am Church Service-CH 10:30am Circle of Friends-CC 2:30pm Virtual Church Service- TH 3:15pm Fellowship-TH	30 2:00pm Bingo - CC 3:30pm Stepping Out 6:15pm Musical Moments - CC		900 the BRATION sdom 10th	Anniversary		

## Your Team:

Elisa

