

JUNE

Matthews

Legend

Do - Downey
Ha - Hagey
Jo - Johnston
Ma - Matthews
Po - Pollock

Wr - Wright
C - Chapel
CC - Community Centre
CY - Courtyard
FC - Fitness Centre

L - Library
MS - Main Street
RH - Retirement

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>1</div> <div>10:00 For the Soul 11:00 Express Yourself 2:00 Sundaes for Seniors 3:00 You & Me</div>	<div>2</div> <div>2:00 Elder Wisdom Launch (C) 3:00 For the Fun of Fit 3:30 HIIT (FC) 6:30 Game Show Trivia (CC)</div>	<div>3</div> <div>9:30 Rosary (C) 10:30 Brains & Banter 2:00 Bingo (MS) 3:15 Tai Chi (FC) 6:30 Devotions (CC)</div>	<div>4</div> <div>10:00 Contemplating Life with Mike (C) 10:30 DrumFit (Wr) 10:45 Art with Sonal 2:00 PEGTalk: Helen Keller (C) 3:30 Balance Class (FC) 6:30 Games Night (CC)</div>	<div>5</div> <div>9:30 Chapel Service (C) 10:30 Zumba (FC) 11:00 Soothing Sensations 2:00 Game Show (C) 3:30 Green Thumbs 6:30 Active Games (MS)</div>	<div>6</div> <div>10:00 Bingo on Wright 11:00 You & Me 1:30 Tie Dye (CC) 3:30 Pilates (FC) 6:30 Crafting Club (CC)</div>	<div>7</div> <div>9:30 Neighborhood Time 11:00 Musical Moments 2:00 Entertainment (Do) 3:00 Manicures & Nail Care</div>
<div>8</div> <div>10:00 For the Soul 11:00 Neighborhood Time 2:00 Sundaes for Seniors 3:00 Daily Perk</div>	<div>9</div> <div>10:00 Circle of Friends 11:00 Express Yourself 3:00 Brains & Banter 6:30 Game Show Trivia (CC)</div>	<div>10</div> <div>9:30 Rosary (C) 2:00 Bingo (MS) 3:00 Patio Time 3:15 Hand Therapy (FC) 6:30 In The Kitchen (CC)</div>	<div>11</div> <div>PRIDE DAY </div> <div>10:00 Pride Fair (MS) 10:45 Art with Sonal 3:30 Balance Class (FC) 6:30 Games Night (CC)</div>	<div>12</div> <div>9:30 Chapel Service (C) 10:30 Zumba (FC) 11:00 Circle of Friends 2:00 Brains & Banter 3:30 Green Thumbs 6:30 Active Games (MS)</div>	<div>13</div> <div>10:00 Bingo on Wright 2:00 In the Kitchen 3:30 Active Games (FC) 3:30 Daily Perk 6:30 Crafting Club (CC)</div>	<div>14</div> <div>9:30 Neighborhood Time 11:00 Express Yourself 2:00 Entertainment (Jo) 3:00 For the Fun of Fit</div>
<div>15</div> <div>Father's Day</div> <div>10:00 For the Soul 11:00 Circle of Friends 2:00 Father's Day Event 3:00 For the Fun of Fit</div>	<div>16</div> <div>10:00 Soothing Sensations 11:00 Stepping Out 2:00 Bingo 3:30 Daily Perk 3:30 HIIT (FC) 6:30 Game Show Trivia (CC)</div>	<div>17</div> <div>9:30 Rosary (C) 1:30 Outing to Walmart 2:00 Bingo (MS) 3:00 Patio Time 3:15 Tai Chi (FC) 6:30 Devotions (CC)</div>	<div>18</div> <div>10:30 DrumFit (Wr) 10:45 Art with Sonal 2:00 For the Fun of Fit 3:30 Balance Class (FC) 6:30 Games Night (CC)</div>	<div>19</div> <div>9:30 Chapel Service (C) 10:30 Zumba (FC) 2:00 Pub Afternoon (MS) 3:30 Green Thumbs 6:30 Active Games (MS)</div>	<div>20</div> <div>First Day of Summer</div> <div>10:00 Bingo on Wright 2:00 Express Yourself 3:00 Patio Time 3:30 Pilates (FC) 6:30 Crafting Club (CC)</div>	<div>21</div> <div>10:00 You & Me 11:00 Stepping Out 2:00 Entertainment (Ma) 3:00 Circle of Friends</div>

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22 10:00 For the Soul 11:00 Calendar Meeting and Resident Bill of Rights 2:00 Sundaes for Seniors 3:00 Neighborhood Time	23 10:00 Circle of Friends 11:00 Daily Perk 2:00 For the Fun of Fit 3:30 Total Body Fitness (FC) 3:30 Neighborhood Time 6:30 Game Show Trivia (CC)	24 9:00 Outing to St. Jacobs 9:30 Rosary (C) 2:00 Bingo (MS) 3:00 Express Yourself 3:15 Hand Therapy (FC) 6:30 In The Kitchen (CC)	25 KmW Clothing Sale 9:30 Bingo 10:00 Contemplating Life with Mike (C) 10:30 DrumFit (Wr) 10:45 Art with Sonal 2:00 Food Committee (C) 3:00 Daily Perk 3:30 Balance Class (FC) 6:30 Games Night (CC)	26 9:30 Chapel Service (C) 10:30 Zumba (FC) 2:00 Resident's Council (C) 2:00 In the Kitchen 3:30 Green Thumbs 6:30 Active Games (MS)	27 10:00 Bingo on Wright 2:00 Musical Moments 3:30 Active Games (FC) 3:30 Daily Perk 6:30 Crafting Club (CC)	28 10:00 Patio Time 11:00 Stepping Out 2:00 Family Games (MS) 3:00 Soothing Sensations
29 10:00 For the Soul 11:00 Musical Moments 2:00 Sundaes for Seniors 3:00 Brains & Banter	30 10:00 Neighborhood Time 2:00 For the Fun of Fit 3:30 Express Yourself 3:30 HIIT (FC) 6:30 Game Show Trivia (CC)	<div>  <div> Join the CELEBRATION </div> </div> <div>     </div> <div> #ElderWisdom 10th Anniversary </div>				

Entertainment:

June 7 - Entertainment with Jim on Downey

June 14th - Entertainment with Jontue on Johnston

June 19th - Pub Afternoon with Monique on Main Street

June 21st - Entertainment with Manvir on Matthews

Outings:

June 17 - Bus Outing to Walmart with Downey

June 24 - Van Outing to St. Jacobs Market

Calendar Planning and Resident Bill of Rights

We invite you to attend this meeting on your neighbourhood. Learn about your Bill of Rights. Have your input as we plan next month's activities, programs, and outings!

Hosted by your Recreation Team Member.

Your Recreation Team:

Full-Time - Harman

Part-Time - Jacobi