

JUNE

Pollock

Legend

Do - Downey
Ha - Hagey
Jo - Johnston
Ma - Matthews
Po - Pollock

Wr - Wright
C - Chapel
CC - Community Centre
CY - Courtyard
FC - Fitness Centre

L - Library
MS - Main Street
RH - Retirement

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 For the Soul 2:00 Sundaes for Seniors 3:00 Floral Arranging 4:00 Soothing Sensations	2 2:00 Elder Wisdom Launch (C) 3:30 HIIT (FC) 6:30 Game Show Trivia (CC)	3 9:30 Rosary (C) 10:30 Sit 'N Get Fit 2:00 Bingo (MS) 3:15 Tai Chi (FC) 4:00 Stepping out 6:30 For the Soul (C)	4 9:00 Neighbourhood Time 9:30 Daily Perk 10:00 Contemplating Life with Mike (C) 1:15 Art with Sonal 2:00 PEGTalk: Helen Keller (C) 3:30 Balance Class (FC) 6:30 Games Night (CC)	5 9:30 Chapel Service (C) 10:30 Zumba (FC) 11:00 Musical Moments 2:00 Game Show (C) 2:00 Green Thumbs 6:30 Active Games (MS)	6 9:30 Outing 1:30 Tie Dye (CC) 3:30 Pilates (FC) 6:30 Crafting Club (CC)	7 9:30 Baking Cherry Pie 11:00 Stepping Out 2:00 Entertainment (Do)
8 10:00 For the Soul 11:00 For the fun of fit 2:00 Sundaes for Seniors	9 9:30 Keep it up 10:30 Brains & Banter 11:00 Stepping Out 2:00 Hello Pollock! 6:30 Game Show Trivia (CC)	10 9:30 Rosary (C) 10:30 Sit 'N Get Fit 2:00 Bingo (MS) 3:15 Hand Therapy (FC) 6:30 In The Kitchen (CC)	11 PRIDE DAY  10:00 Pride Fair 1:15 Art with Sonal 2:00 Stepping Out 3:30 Balance Class (FC) 6:30 Games Night (CC)	12 9:30 Chapel Service (C) 10:30 Zumba (FC) 10:30 Travelling Cart: Tim Hortons 2:00 Green Thumbs 2:30 Brains and Banter 6:30 Active Games (MS)	13 2:00 Bingo (Do) 3:30 Active Games (FC) 4:00 Keep it up 6:30 Crafting Club (CC)	14 9:00 Neighbourhood Time 10:30 Podcast on the Patio 2:00 Entertainment (Jo)
15 Father's Day 10:00 For the Soul 11:00 Stepping Out 2:00 Father's Day Event (C)	16 2:00 Hello Pollock! 3:30 HIIT (FC) 6:30 Game Show Trivia (CC)	17 9:30 Rosary (C) 10:30 Sit 'N Get Fit 2:00 Bingo (MS) 3:15 Tai Chi (FC) 3:30 Resident Council & Calendar Planning 6:30 For the Soul (C)	18 9:00 Neighbourhood Time 9:30 Daily Perk 1:15 Art with Sonal 2:00 Karaoke 3:30 Balance Class (FC) 6:30 Games Night (CC)	19 9:30 Chapel Service (C) 10:30 Zumba (FC) 11:00 Active Games 2:00 Green Thumbs 2:00 Pub Afternoon (MS) 6:30 Active Games (MS)	20 First Day of Summer 9:00 Neighbourhood Time 2:00 Bingo on Pollock! 3:30 Pilates (FC) 6:30 Story Club (CC)	21 9:30 Keep it Up 11:00 Sunshine Club 2:00 Entertainment (Ma)

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22 10:00 For the Soul 11:00 For the Fun of fit 2:00 Sundaes for Seniors	23 9:30 Baking: Bread Pudding 12:00 Diner's Club Mary Browns 2:00 Hello Pollock! 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)	24 9:30 Rosary (C) 10:30 Sit 'N Get Fit 2:00 Bingo (MS) 3:15 Hand Therapy (FC) 6:30 In The Kitchen (CC)	25 KmW Clothing Sale 9:00 Express Yourself 10:00 Daily Perk 10:00 Contemplating Life with Mike (C) 1:15 Art with Sonal 2:00 Food Committee (C) 2:30 Stepping Out 3:30 Balance Class (FC) 6:30 Games Night (CC)	26 9:30 Chapel Service (C) 10:30 Zumba (FC) 1:30 Outing 2:00 Green Thumbs 2:00 Resident's Council (C) 6:30 Active Games (MS)	27 2:00 Bingo (Do) 3:30 Active Games (FC) 4:00 Stepping Out 6:30 Crafting Club (CC)	28 9:00 Neighbourhood Time 11:00 Sunshine Club 2:00 Family Games (MS)
29 10:00 For the Soul 2:00 Sundaes for Seniors 3:00 Movie Time!	30 2:00 Hello Pollock! 3:30 HIIT (FC) 6:30 Game Show Trivia (CC)	<div>  <div> Join the CELEBRATION </div> </div> <div>     </div> <div> #ElderWisdom 10th Anniversary </div>				

Entertainment:

June 7 - Entertainment with Jim on Downey

June 14th - Entertainment with Jontue on Johnston

June 19th - Pub Afternoon with Monique on Main Street

June 21st - Entertainment with Manvir on Matthews

Outings:

June 6 - Casino -Summit

June 26 - DQ - Summit

Calendar Planning and Resident Bill of Rights

We invite you to attend this meeting on your neighbourhood. Learn about your Bill of Rights. Have your input as we plan next month's activities, programs, and outings!

Hosted by your Recreation Team Member.

Your Recreation Team:

Full-Time - Summit

Part-Time - Sydney