


JULY

Rymal Neighbourhood

Legend

- CH- Chapel
TH - Town Hall
MS - Main Street
TS - Town Square
- FC - Fitness Centre
CC - Community Centre
CY - Courtyard
BP - Back Patio
- L - Library
CK - Country Kitchen
D - Den
LR - Living Room

Note/Announcement:
Don't forget to flip the page over on the 19th to see the 20th - 31st on the back!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<div>1</div> <div>Canada Day (Wear Red & White)</div> <div>10:00am Entertainment with Lorelee McGuirl in Town Square 11:00am - 3:00pm Canada Day Carnival on the Back Patio 6:15pm Canada Day Bingo-CC</div>	<div>2</div> <div></div> <div>9:30am Neighbourhood Time 11:00am Brains and Banter 1:30pm Hort Happens 12-4pm Recreation Team Meeting 6:15pm Active Games-CC</div>	<div>3</div> <div></div> <div>9:45am Sing-a-long-L 2:00 Resident's Council - CC 6:15pm Trivia Night-CC</div>	<div>4</div> <div></div> <div>8:30am Men's Breakfast-CC 10:00am Neighbourhood Time 10:45 In the Kitchen 11:00am Stay Strong - FC 1:30 pm Circle of Friends 2:15pm Music Therapy with Jen</div>	<div>5</div> <div></div> <div>10:45am Express Yourself-CC 2:00pm Pub with Chris Bruder-MS 3:30pm Brains and Banter</div>
<div>6</div> <div>10:00am Church Service-CH 10:30am Circle of Friends-Scotsdale 2:30pm Church Service-TH 3:15pm Fellowship -TH</div>	<div>7</div> <div>9:30am Neighbourhood Time 10:30am Intergenerational Jamboree-TH 11:00am You & I 2:00pm Bingo-CC 3:30pm Soothing Sensations</div>	<div>8</div> <div>National Freezer Pop Day</div> <div>10:00am Rosary-CH 11:00am Stay Strong-FC 1:00pm For the Soul 1:30pm You and I 2:00pm Travelling Cart: Freezer Pops 3:00pm For the Fun of Fit 6:15pm Games Night-CC</div>	<div>9</div> <div></div> <div>9:30am Neighbourhood Time 10:45am Outing to Hutch's 2:00pm Stepping out 2:00pm Tai Chi-FC 3:15pm Musical Moments 6:15pm Active Games-CC</div>	<div>10</div> <div></div> <div>9:45am Sing-a-long-L 11:00am Fit to Function-FC 2:00pm Movie with Janet: Life with Father-TH 2:30 Express Yourself 6:15pm Trivia Night-CC</div>	<div>11</div> <div></div> <div>11:00am Stay Strong-FC 2:00pm For the Fun of Fit (In Scotsdale)</div>	<div>12</div> <div></div> <div>9:30am Neighbourhood Time 10:45am Express Yourself-CC 2:00pm Entertainment with Cam Woolvett in Carrington 3:30pm Brains and Banter</div>
<div>13</div> <div>9:30am Neighbourhood Time 10:00am Virtual Church Service - CH 10:45am Circle of Friends 2:30pm Church Service-TH 3:15pm Fellowship - TH</div>	<div>14</div> <div>9:30am Neighbourhood Time 10:30am Intergenerational Jamboree-TH 2:00pm Bingo - CC 6:15pm Musical Moments-CC</div>	<div>15</div> <div></div> <div>10:00am Rosary-CH 10:15am In the Kitchen (in Scotsdale) 11:00am Stay Strong-FC 1:00pm For the Soul 2:30pm Armchair Travel: Veracruz, Mexico-TH</div>	<div>16</div> <div></div> <div>9:30am Neighbourhood Time 10:30am Roman Catholic Mass-CH 1:30pm Hort Happens 2:00pm Tai Chi-FC 2:30pm Italian Club-CC 6:15pm Active Games-CC</div>	<div>17</div> <div></div> <div>9:45am Sing-a-long with Janet-CH 11:00am Fit to Function-FC 1:30pm Stepping Out 2:00pm Coffee, Chat & Dash with Janet-CH 3:00pm Express Yourself 6:15pm Trivia Night-CC</div>	<div>18</div> <div></div> <div>9:30am Neighbourhood Time 11:00am In the Kitchen 11:00am Stay Strong - FC 1:30pm Circle of Friends 2:15pm Music Therapy with Jen 3:00pm Happy Hour with Mia Praught-MS</div>	<div>19</div> <div></div> <div>10:45am Express Yourself-CC 2:00pm Country Drive Outing</div>

JULY


Rymal Neighbourhood

Legend

- CH- Chapel
- TH - Town Hall
- MS - Main Street
- TS - Town Square
- FC - Fitness Centre
- CC - Community Centre
- CY - Courtyard
- BP - Back Patio
- L - Library
- CK - Country Kitchen
- D - Den
- LR - Living Room

Your Rec Team:

Marie

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>20</div> <div>10:00am Church Service-CH</div> <div>10:30am Circle of Friends-Scotsdale</div> <div>2:30pm Church Service-TH</div> <div>3:15pm Fellowship -TH</div>	<div>21</div> <div>9:30am Neighbourhood Time</div> <div>10:30am Intergenerational Jamboree-TH</div> <div>10:45 Hawaiian Party in the Lounge!</div> <div>2:00pm Bingo-CC</div>	<div>22</div> <div>10:00am Rosary-CH</div> <div>11:00am Stay Strong-FC</div> <div>1:00pm For the Soul</div> <div>2:00 In the Kitchen - Let’s Make Banana Bread!</div> <div>6:15pm Games Night-CC</div>	<div>23</div> <div>Gorgeous Grandma Day</div> <div>9:30am Neighbourhood Time</div> <div>10:30am Gorgeous Grandma Makeovers-TH</div> <div>1-3pm Gorgeous Grandma Photoshoot</div> <div>2:00pm Stepping out</div> <div>2:00pm Tai Chi-FC</div> <div>3:15pm Musical Moments</div> <div>5:00pm Diner’s Club: Diner’s Club-MS</div>	<div>24</div> <div>9:45am Sing-a-long with Janet-CH</div> <div>11:00am Fit to Function-FC</div> <div>1:30pm Stepping Out</div> <div>2:30pm Pursuit of Passions: Timeless Recipes, Endless Stories-MS</div> <div>6:15pm Trivia Night-CC</div>	<div>25</div> <div>10:00am Outing to the Watering Can Market</div> <div>11:00am Stay Strong-FC</div> <div>3:00pm Birthday Bash-CC</div>	<div>26</div> <div>Day of the Cowboy (Dress in Western Wear)</div> <div>9:30am Neighbourhood Time</div> <div>10:45am Express Yourself-CC</div> <div>2:30pm Country Entertainment-TS</div> <div>3:30pm Brains and Banter</div>
<div>27</div> <div>9:30am Neighbourhood Time</div> <div>10:00am Church Service - CH</div> <div>10:45am Circle of Friends</div> <div>2:30pm Church Service-TH</div> <div>3:15pm Fellowship - TH</div>	<div>28</div> <div>9:30am Neighbourhood Time</div> <div>10:30am Intergenerational Jamboree-TH</div> <div>2:00pm Bingo - CC</div> <div>6:15pm Musical Moments-CC</div>	<div>29</div> <div>10:00am Rosary-CH</div> <div>10:15am In the Kitchen (in Scotsdale)</div> <div>11:00am Stay Strong-FC</div> <div>1:00pm For the Soul</div>	<div>30</div> <div>9:30am Neighbourhood Time</div> <div>11:00am Brains and Banter</div> <div>1:30pm Hort Happens</div> <div>2:00pm Entertainment with Jim Young in Stonechurch</div> <div>3:00pm Tai Chi-FC</div> <div>3:30pm Stepping Out</div> <div>6:15pm Active Games-CC</div>	<div>31</div> <div>9:45am Sing-a-long with Janet-CH</div> <div>11:00am Fit to Function-FC</div> <div>1:30pm Stepping Out</div> <div>2:00pm Coffee, Chat & Dash with Janet-CH</div> <div>3:00pm Express Yourself</div> <div>6:15pm Trivia Night-CC</div>		

Happy Summer! Don’t forget your sunhat and sunscreen.



The Village of
WENTWORTH HEIGHTS

Birthdays This Month:

- Judy Grant - July 12th
- Michael Ehnert - July 24th
- Hildegard Bolter - July 28th