


JULY

Scotsdale Neighbourhood

Legend

- CH - Chapel
TH - Town Hall
MS - Main Street
TS - Town Square
- FC - Fitness Centre
CC - Community Centre
CY - Courtyard
BP - Back Patio
- L - Library
CK - Country Kitchen
D - Den
LR - Living Room

Note/Announcement:
Don't forget to flip the page over on the 19th to see the 20th - 31st on the back!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Canada Day (Wear Red & White) 10:00am Entertainment with Lorelee McGuirl in Town Square 11:00am - 3:00pm Canada Day Carnival on the Back Patio 6:15pm Canada Day Bingo-CC	2 10:00am Hort Happens 12-4pm Recreation Team Meeting 6:15pm Active Games-MS	3 9:30am Neighbourhood Time 9:45am Sing-Along-L 10:00am Country Drive Outing 11:00am Brains & Banter 2:00pm Circle of Friends 2:00pm Residents’ Council-CC 3:30pm Express Yourself 6:15pm Trivia Night-CC	4 8:30am Men’s Breakfast-CC 11:00am Stay Strong-FC 2:00pm Circle of Friends in Rymal	5 9:30am Neighbourhood Time 10:45am Express Yourself-CC 2:00pm Pub with Chris Bruder-MS 3:00pm Brains & Banter
		6 9:30am Neighbourhood Time 10:00am Church Service-CH 10:30am Circle of Friends-CC 2:30pm Church Service-TH 3:15pm Fellowship-TH	7 10:30am Intergenerational Jamboree-TH 11:00am Brains & Banter in Rymal 2:00pm Bingo - CC	8 National Freezer Pop Day 9:30am Neighbourhood Time 10:00am Rosary-CH 11:00am In The Kitchen 11:00am Stay Strong-FC 2:00pm For the Soul 2:00pm Travelling Cart: Freezer Pops 3:30pm For The Fun of Fit 6:15pm Games Night - CC	9 10:45am Outing to Hutch’s 1:30pm Soothing Sensations 2:00pm Tai Chi-FC 3:00pm Express Yourself 6:15pm Active Games-MS	10 9:30am Neighbourhood Time 9:45am Sing-Along-L 11:00am Brains & Banter 11:00am Fit to Function-FC 2:00pm Movie with Janet: Life with Father-TH 3:30pm Express Yourself 6:15pm Trivia Night-CC
13 10:00am Church Service-CH 10:30am Circle of Friends-CC 2:30pm Virtual Church Service-TH 3:15pm Fellowship-TH	14 10:30am Intergenerational Jamboree-TH 2:00pm Bingo - CC 2:00pm You and I 3:30pm Stepping Out 6:15pm Musical Moments - CC	15 9:30am Neighbourhood Time 10:00am Rosary-CH 11:00am In The Kitchen 11:00am Stay Strong-FC 2:00pm For the Soul 2:30pm Armchair Travel: Veracruz, Mexico-TH	16 10:00am Hort Happens 10:30am Roman Catholic Mass-CH 1:30pm Stepping Out 2:00pm Tai Chi-FC 2:30pm Italian Club-CC 6:15pm Active Games-MS	17 9:30am Neighbourhood Time 9:45am Sing-Along-L 11:00am Brains & Banter 11:00am Fit to Function-FC 2:00pm Coffee, Chat & Dash with Janet-CH 2:00pm Circle of Friends 3:30pm Express Yourself 6:15pm Trivia Night-CC	18 11:00am Stay Strong-FC 2:00pm Circle of Friends in Rymal 3:00pm Happy Hour with Mia Praught-MS	19 9:30am Neighbourhood Time 10:45am Express Yourself-CC 3:00pm Brains & Banter

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Your Rec Team:

Elisa

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>20</div> <div>9:30am Neighbourhood Time</div> <div>10:00am Church Service-CH</div> <div>10:30am Circle of Friends-CC</div> <div>2:30pm Church Service-TH</div> <div>3:15pm Fellowship-TH</div>	<div>21</div> <div>10:30am Intergenerational Jamboree-TH</div> <div>11:00am Brains & Banter in Rymal</div> <div>2:00pm Bingo - CC</div>	<div>22</div> <div>9:30am Neighbourhood Time</div> <div>10:00am Rosary-CH</div> <div>11:00am In The Kitchen</div> <div>11:00am Stay Strong-FC</div> <div>2:00pm For the Soul</div> <div>2:00pm You and I</div> <div>3:30pm For The Fun of Fit</div> <div>6:15pm Games Night - CC</div>	<div>23</div> <div>Gorgeous Grandma Day</div> <div>10:30am Gorgeous Grandma Makeovers-TH</div> <div>1-3pm Gorgeous Grandma Photoshoot</div> <div>1:30pm Soothing Sensations</div> <div>2:00pm Tai Chi-FC</div> <div>5:00pm Diner’s Club: Greek Food-MS</div> <div>6:30pm Circle of Friends-CC</div>	<div>24</div> <div>9:30am Neighbourhood Time</div> <div>9:45am Sing-Along-L</div> <div>11:00am Brains & Banter</div> <div>11:00am Fit to Function-FC</div> <div>2:30pm Pursuit of Passions: Timeless Recipes, Endless Stories-MS</div> <div>6:15pm Trivia Night-CC</div>	<div>25</div> <div>9:30am Neighbourhood Time</div> <div>10:00am Outing to the Watering Can Market</div> <div>11:00am Stay Strong-FC</div> <div>2:15pm Music Therapy with Jen</div> <div>3:00pm Birthday Bash-CC</div> <div>4:00pm You & I</div>	<div>26</div> <div>Day of the Cowboy (Dress in Western Wear)</div> <div>10:45am Express Yourself-CC</div> <div>2:30pm Country Entertainment-TS</div> <div>3:30pm Brains & Banter in Rymal</div>
<div>27</div> <div>10:00am Church Service-CH</div> <div>10:30am Circle of Friends-CC</div> <div>2:30pm Church Service-TH</div> <div>3:15pm Fellowship-TH</div>	<div>28</div> <div>10:30am Intergenerational Jamboree-TH</div> <div>2:00pm Bingo - CC</div> <div>2:00pm You and I</div> <div>3:30pm Stepping Out</div> <div>6:15pm Musical Moments - CC</div>	<div>29</div> <div>9:30am Neighbourhood Time</div> <div>10:00am Rosary-CH</div> <div>11:00am In The Kitchen</div> <div>11:00am Stay Strong-FC</div> <div>2:00pm For the Soul</div> <div>2:00pm You and I</div> <div>3:30pm For The Fun of Fit</div>	<div>30</div> <div>10:00am Hort Happens</div> <div>2:00pm Entertainment with Jim Young in Stonechurch</div> <div>3:00pm Tai Chi-FC</div> <div>3:30pm Express Yourself</div> <div>6:15pm Active Games-MS</div>	<div>31</div> <div>9:30am Neighbourhood Time</div> <div>9:45am Sing-Along-L</div> <div>11:00am Brains & Banter</div> <div>11:00am Fit to Function-FC</div> <div>2:00pm Circle of Friends</div> <div>2:00pm Coffee, Chat & Dash with Janet-CH</div> <div>3:30pm Express Yourself</div> <div>6:15pm Trivia Night-CC</div>		

Happy Summer! Don’t forget your sunhat and sunscreen.



Birthdays This Month:

- Li Ma - July 5th
- Martin Tucovic - July 7th
- Joan Mitchell - July 10th
- Christine Egan - July 24th