

JULY

Strasburg





- Trussler (TL)
- Newbery (NB)
- Strasburg (SB)
- Aberdeen (AB)
- Roseville (RV)
- Kingsdale (KD)

- Sandhills (SH)
- Waldau (WD)
- Waldau (WD)
- Haysville (HV)
- Eby (EB)

- Ret. Williamburg/Becker (WB)
- Ret Egerton (EG)
- Ret. Emma (EM)


- LTC Pinehaven Community Room (PPC)
- LTC Chapel Room (CR)
- Ret. Fireside Lounge (FS)
- Ret. Hobby Room (HR)
- Ret. Dining Room (RET DR)

 "Oh Canada, our
true north
strong and free!"

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Canada Day 10:00 Total Body Fitness 11:00 Church  1:30 Nail Care 2:00 Canada Day Social 6:15 Neighbourhood Time	2 Strawberry Social - 2:00 Eby 9:45 Exercise 11:00 Hymn Sing 1:30 Horse Racing  3:00 Horticulture Therapy 3:00 Neighbourhood Time	3 9:45 Music Therapy 10:15 Chime Choir 11:00 Exercise 1:30 Bingo 3:00 Neighbourhood Time 3:30 Tai Chi	4 10:00 Exercise 10:30 Bowling 1:30 Book Club 3:00 Neighbourhood Time	5 10:00 Exercise 10:30 Bingo 1:30 Short Stories 2:30 Board Games 3:30 Pet Visits 3:30 Neighbourhood Time
6 10:00 Exercise 10:30 TV Church 11:00 Short Stories 1:30 Kick Ball 3:00 Neighbourhood Time	7 10:00 Exercise 10:30 Word Games 1:30 Art Group 2:00 Spiritual Moments 3:00 Neighbourhood Time 3:00 Planting Friendships	8 Timbit Day 10:00 Total Body Fitness 11:00 Church 1:30 Nail Care 3:00 Raise Your Voice 6:15 Neighbourhood Time	9 9:30 Schout Wetlands Walk 1:30 Horse Racing 3:00 Horticulture Therapy 3:00 Neighbourhood Time	10 9:45 Music Therapy 10:15 Chime Choir 11:00 Exercise 1:30 Bingo 3:00 Neighbourhood Time 3:30 Tai Chi	11 10:00 Exercise 10:30 Bowling 2:30 Celebration of Life RET 1:30 Book Club 3:00 Neighbourhood Time	12 10:00 Exercise 2:30 Foodie Friends 3:30 Pet Visits 3:30 Neighbourhood Time
13 10:00 Exercise 10:30 TV Church 11:00 Short Stories 1:30 Apostolic Hymn Sing 3:00 Neighbourhood Time	14 10:00 Exercise 10:30 Word Games 1:30 Art Group 2:00 For the spirit 3:00 Neighbourhood Time	15 10:00 Total Body Fitness 11:00 Church 1:30 Nail Care 2:00 Afternoon Movie 6:15 Neighbourhood Time	16 9:45 Exercise 11:00 Hymn Sing 1:30 Horse Racing 3:00 Horticulture Therapy 3:00 Neighbourhood Time	17 9:45 Music Therapy 10:15 Chime Choir 11:00 Exercise 1:30 Bingo 3:00 Neighbourhood Time 3:30 Tai Chi	18 10:00 Exercise 10:30 Bowling 2:00 Erin Marie Performs 3:00 Neighbourhood Time	19 Smile Week Begins 10:00 Exercise 10:30 Bingo 1:30 Book Club 2:30 Board Games 3:30 Pet Visits 3:30 Neighbourhood Time
20 National Ice Cream Day 10:00 Exercise 10:30 TV Church 11:00 Short Stories 2:00 Ice Cream Social with Smiles & Giggles 3:00 Neighbourhood Time	21 9:30 Walmart Outing 10:30 Word Games 1:30 Make a Smile Cup Center Piece 2:00 Spiritual Moments 3:00 Neighbourhood Time 3:00 Planting Friendships	22 10:00 Total Body Fitness 11:00 Church 1:30 Nail Care 2:30 Smile Jokes 6:15 Neighbourhood Time	23 9:45 Exercise 11:00 Hymn Sing 1:30 Create a Smile Mural 3:00 Horticulture Therapy 3:00 Neighbourhood Time	24 9:45 Music Therapy 10:15 Chime Choir 11:00 Exercise 1:30 Bingo 2:30 Decorate a Smile Cookie 3:30 Tai Chi	25 10:00 Exercise 10:30 Bowling 1:30 Book Club 2:30 Smile Photo Booth 3:30 Neighbourhood Time	26 10:00 Exercise 10:30 Bingo 1:30 Short Stories 2:30 Board Games 3:30 Pet Visits 3:30 Neighbourhood Time
27 Spud Day 10:00 Exercise 10:30 TV Church 10:30 Make Potato & Celery Soup 1:30 Kick Ball 3:00 Neighbourhood Time	28 Food Council - 1:45 10:00 Exercise 10:30 Word Games 1:30 Art Group 2:00 Spiritual Moments 3:00 Neighbourhood Time 3:00 Planting Friendships	29 10:00 Total Body Fitness 11:00 Church 1:30 Nail Care 2:30 Resident Meeting 3:30 Raise Your Voice 6:15 Neighbourhood Time	30 9:45 Exercise 11:00 Hymn Sing1:30 1:30 Horse Racing 3:00 Horticulture Therapy 3:00 Neighbourhood Time	31 Resident Council - 10:15 9:45 Music Therapy 10:15 Chime Choir 11:00 Exercise 1:30 Bingo 3:00 Neighbourhood Time 3:30 Tai Chi		

JULY



Happy Birthday!  *Eh*

Georgina (Lynn) S July 2nd

Helen D July 15th

Mary S July 18th

Wilfred W July 28th



Spiritual Programs

10:30 Catholic Service July 2 (RV)

10:30 Rosary - July 5(RV)

10:30 Communion - July 9(PC)

10:30 July 16 Lets talk About it Pride PC

Protestant Communion - July 23 (PC)

 **HAPPY**
Canada Day 

July Entertainments

July 1 2:00 Canada Day Erin Marie - Eby Patio

July 2 2:00 Strawberry Social - Lynne & Rick Eby

July 3 6:15 Tom Demonne - Kingsdale

July 7 2:00 with Manvir - Haysville

July 7 3:15 with Manvir - Sandhills

July 8 2:00 with Susie Q - Eby

July 8 3:30 with Susie Q - Roseville

July 9 2:00 Pegtalks -Strasburg

July 17 6:15 Tom Denomme - Haysville

July 18 2:00 with Erin Marie - Strasburg

July 18 3:30 with Erin Marie - Waldau

July 21 2:00 with Beth & Cindy -Aberdeenn

July 22 6:15 Tom Denomme - Aberdeen

July 23 2:00 with Dynamic Duo - Trussler

July 23 3:30 with Dynamic Duo - Kingsdale

July 31 3:30 with Sheryl W - Newberry

Bus Outings

July 9th - Schout Wetlands

Walk in Nature

July 21st - Walmart Outing

CANADA

O Canada!

Our home and native land!

**True patriot love in all of us
command.**

**With glowing hearts we see thee
rise,**

The True North strong and free!

From far and wide,

**O Canada, we stand on guard for
thee.**

**God keep our land glorious and
free!**

**O Canada, we stand on guard for
thee.**

**O Canada, we stand on guard for
thee.**