

JULY

Trussler

Legend

- Trussler (TL)
 - Newbery (NB)
 - Strasburg (SB)
 - Aberdeen (AB)
 - Roseville (RV)
- Kingsdale (KD)
 - Sandhills (SH)
 - Waldau (WD)
 - Haysville (HV)
 - Eby (EB)
- LTC Pinehaven Community Room (PPC)
 - LTC Chapel Room (CR)
 - Ret. Fireside Lounge (FS)
 - Ret. Hobby Room (HR)
 - Ret. Dining Room (RET DR)

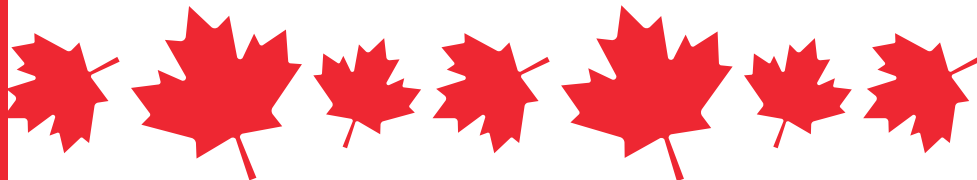


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Canada Day 10:15 Travelogue of Canada (NB) 2:00 Canada Day Celebrations (EBY) 3:00 Neighbourhood Time	2 10:30 Catholic Mass (RV) 11:00 Neighbourhood Time 2:00 Strawberry Social (EBY) 3:00 Worship Service 6:15 Nail Care	3 10:00 Total Body Fitness (NB) 10:45 Brains & Banter 2:00 Express Yourself 3:00 Neighbourhood Time	4 10:30 Exercises 11:00 Spiritual Moments 2:00 Patio Time 3:30 Neighbourhood Time	5 10:30 Rosary (PCC) 11:00 Neighbourhood time 1:45 Bingo 3:15 Stepping Out
6 10:15 TV Church 11:00 Colour Me Calm 1:45 Java Music 3:00 Neighbourhood Time	7 10:30 Exercises 11:00 Horticulture Therapy 3:00 Neighbourhood Time 3:30 Hand Therapy -PAL (NB)	8 TimBit Day 10:30 Brains & Banter 11:00 Total Body Fitness 2:00 Suzie Q (EBY) 3:00 Music Therapy 3:00 Neighbourhood Time	9 11:00 Neighbourhood Time 2:00 Zumba-Youtube 3:00 Worship Service 6:15 Nail Care	10 9:30-12:00 - Mike Schout Wetlands Preserve 10:00 Total Body Fitness (NB) 2:00 Express Yourself 3:00 Neighbourhood Time	11 10:30 Exercises 11:00 Spiritual Moments 2:30 Celebration of Life(RET DR) 3:30 Neighbourhood Time	12 10:15 Brain& Banter 11:00 Neighbourhood time 2:00 Baking 3:30 Neighbourhood time
13 10:15 TV Church 11:00 Colour Me Calm 2:00 Horseracing (NB) 3:30 Neighbourhood Time	14 10:30 Exercises 11:00 Neighbourhood Time 1:45 Plant 101	15 10:00 Neighbourhood Time 11:00 Total Body Fitness 3:00 Music Therapy	16 11:00 Neighbourhood Time 2:00 Zumba-Youtube 3:00 Active Games 6:15 Nail Care	17 10:00 Total Body Fitness (NB) 10:45 Resident Meeting 2:00 Express Yourself 3:00 Neighbourhood Time	18 10:30 Exercises 11:00 Spiritual Moment 2:00 Patio Time 3:30 Neighbourhood Time	19 10:15 Brains & Banter 11:30 Neighbourhood time 1:45 Bingo 3:15 Stepping Out
20 10:15 TV Church 11:00 Colour Me Calm 1:45 Java Music 3:00 Neighbourhood Time	21 10:30 Exercises 11:00 Horticulture Therapy 3:00 Neighbourhood Time	22 10:30 Brains & Banter 11:00 Total Body Fitness 1:45 Bowling (NB) 3:00 Music Therapy 3:00 Neighbourhood Time	23 11:00 Neighbourhood Time 2:00 Dyanmic Dou 3:00 Worship Service 6:15 Nail Care	24 10:00 Total Body Fitness (NB) 10:45 Brains & Banter 2:00 Express Yourself 3:30 Neighbourhood Time	25 10:30 Exercises 11:00 Spiritual Moments 2:00 Patio Time 3:30 Neighbourhood Time	26 10:15 Brain& Banter 11:00 Neighbourhood time 2:00 Baking 3:30 Neighbourhood time
27 10:15 TV Church 11:00 Colour Me Calm 2:00 Horseracing (NB) 3:30 Neighbourhood Time	28 10:30 Exercises 11:00 Horticulture Therapy 1:45 Food Committee 2:00 Neighbourhood Time 3:30 Hand Therapy (PAL)	29 10:30 Brains & Banter 11:00 Total Body Fitness 1:45 Bowling (NB) 3:00 Music Therapy 3:00 Neighbourhood Time	30 11:00 Neighbourhood Time 2:00 Zumba-Youtube 3:00 Worship Service 5:15Takeout Dinner from Johnny Greekos	31 10:00 Total Body Fitness (NB) 10:15 Resident Council 2:00 Cheryl (NB) 3:00 Neighbourhood Time 6:00 Henry Winters		

JULY

July Village Wide Events

- July 1 2:00 Canada Day Social with Erin Marie
on Eby patio
- July 2 2:00 Strawberry Social with Lynne and
Rick on Eby patio
- July 3 10:30/2:00 Creative Adventures with
Susan in PHCC
- July 3 6:15 with Tom Denomme on Kingsdale
- July 7 2:00 with Manvir on Haysville
- July 7 3:15 with Manvir on Sandhills
- July 8 2:00 with Susie Q on Eby
- July 8 3:30 with Susie Q on Roseville
- July 9 2:00 with PEGTalks on Strasburg
- July 13 1:30 with Apostolic Hymn Sing on
Strasburg
- July 17 6:15 with Tom Denomme on Haysville
- July 18 2:00 with Erin Marie on Strasburg
- July 18 3:30 with Erin Marie on Waldau
- July 21 2:00 with Beth and Cindy on Aberdeen
- July 22 6:15 with Tom Denomme on Aberdeen
- July 23 2:00 with Dynamic Duo on Trussler
- July 23 3:30 with Dynamic Duo on Kingsdale
- July 31 3:30 with Sheryl W on Newberry



Happy Birthday!

Ekateri - Thursday July 17th

Bus Outing

Please Keep in Mind all Outings are dependent on Weather.
Participants are selected by taking turns from our outing list to
ensure fairness. If you would like to add your name to our
future outing list, please let Recreation know!

THURSDAY JULY 10, 2025

MIKE SCHOUT WETLANDS PRESERVE

9:30 A.M. - 12:00 P.M.

Spiritual Events

July 2 10:30 Catholic Service (RV)

July 5 10:30 Rosary (RV)

July 9 10:30 Communion (PC)

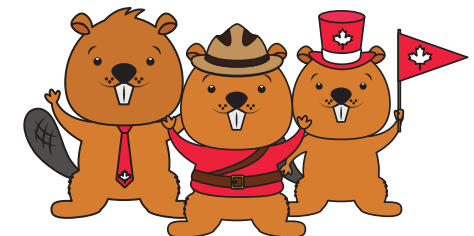
July 16 10:30 Lets talk About it Pride PC

July 23 10:30 Protestant Communion (PC)

Resident Meetings:

Food Committee: 1:45pm July 28th
(PHCC)

Residents' Council: 10:15am July 31
(PHCC)



O Canada!

Our home and native land!
True patriot love in all thy sons command.

With Glowing hearts we see thee rise,
The True North Strong and Free!

From far and wide,
O Canada, we stand on guard for thee,

God Keep our Land glorious and free!
O Canada, we stand on guard for thee.

