

JULY


Wright

Legend

Do - Downey
Ha - Hagey
Jo - Johnston
Ma - Matthews
Po - Pollock

Wr - Wright
C - Chapel
CC - Community Centre
CY - Courtyard
FC - Fitness Centre

L - Library
MS - Main Street
RH - Retirement

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Canada Day 9:30 Rosary (C) 11:00 Parade 2:00 Canada Day Party with Lynne & Rick (MS) 6:30 Devotions (C)	2 10:30 YMCA Camp (MS) 10:30 Sit 'N Get Fit 2:00 In The Kitchen - 3:30 Balance Class (FC) 6:30 Games Night (CC)	3 9:00 Outing 9:30 Chapel Service (C) 10:30 Zumba (FC) 2:30 Movie In the Lounge Cotton Candy 6:30 Active Games (MS)	4 10:00 Bingo - In Matthews 11:00 Calendar meeting & Residents Bill of Rights 1:30 Express Yourself 2:30 Patio Time 3:30 Banded Strength(FC) 6:30 Crafting Club (CC)	5 10:00 Daily Perk 10:30 Stepping Out 2:00 Entertainment (Po) 3:30 You and Me
	6 10:00 For The Store 11:00 You And Me 2:00 In the Kitchen - Strawberry and Ice-cream 3:00 Circle of Friends	7 10:00 Green Thumbs 1:30 Balloon Badminton 2:30 Card Bingo 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)	8 9:15 Art with Sonal 9:30 Rosary (C) 2:00 Bingo (MS) 3:30 Manicures 3:15 Hand Therapy (FC) 6:30 In The Kitchen	9 10:30 YMCA Camp (MS) 10:30 Sit 'N Get Fit 2:00 Brains and Banter 3:30 Soothing Sensations 3:30 Balance Class (FC) 6:30 Games Night (CC)	10 9:30 Chapel Service (C) 10:30 Zumba (FC) 2:00 Swan Races 3:30 You and Me 6:30 Active Games (MS)	11 10:00 Bingo 11:00 Patio Time 2:00 Short stories 3:00 Sing a long 3:30 Active Games (FC) 6:30 Crafting Club (CC)
13 10:00 For the Soul 11:00 Bowling 1:30 Brains and Banter 3:30 You and Me	14 10:00 Green Thumbs 11:00 Card Bingo 2:00 Water Art 3:30 HIIT (FC) 4:00 You and Me 6:30 Game Show Trivia (CC)	15 9:15 Art with Sonal 9:30 Rosary (C) 2:00 Bingo (MS) 3:30 Manicures 3:15 Hand Therapy (FC) 6:30 Devotions (CC)	16 10:30 YMCA Camp (MS) 10:30 Sit 'N Get Fit 1:30 Card Bingo 2:30 Stepping Out 3:30 Balance Class (FC) 6:30 Games Night (CC)	17 9:30 Chapel Service (C) 10:30 Zumba (FC) 2:00 Residents Council (C) 3:00 Patio Time - Snow Cones 6:30 Active Games (MS)	18 10:00 Bingo - Matthews 11:00 Stepping Out 2:00 Crokinole 3:00 Short Stories 3:30 Banded Strength (FC) 6:30 Crafting Club (CC)	19 10:00 Daily Perk 10:30 Stepping Out 11:00 Patio 2:00 Entertainment (Do) 3:30 You and Me

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<div>20</div> <div>10:00 For the Soul 11:00 You and Me 2:00 In the Kitchen 3:00 Circle of Friends</div>	<div>21</div> <div>10:00 Green Thumbs 1:30 You and Me 2:30 Balloon Volleyball 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia (CC)</div>	<div>22</div> <div>9:15 Art with Sonal 9:30 Rosary (C) 2:00 Bingo (MS) 3:15 Hand Therapy (FC) 3:30 Manicures 6:30 In The Kitchen (CC)</div>	<div>23</div> <div>10:30 YMCA Camp (MS) 10:30 Sit 'N Get Fit 1:30-3:30 Pursuit of Passions Event (RH) 3:30 Balance Class (FC) 6:30 Games Night (CC)</div>	<div>24</div> <div>9:30 Chapel Service (C) 10:30 Zumba (FC) 12:30 Outing 2:00 Pub Afternoon (MS) 3:30 Patio 6:30 Active Games (MS)</div>	<div>25</div> <div>10:00 Bingo 11:00 Stepping Out 2:00 Uno 3:00 Short Stories 3:30 Active Games (FC) 6:30 Crafting Club (CC)</div>	<div>26</div> <div>9:30 Neighborhood Time 10:30 Sun Shine Club 2:00 Entertainment (Wr) 3:30 You and Me</div>
<div>27</div> <div>10:00 For the Soul 11:00 Bowling 1:30 Brains and Banter 3:30 You and Me</div>	<div>28</div> <div>10:00 Green Thumbs 10:30 Card Bingo 2:00 Java Music Club 3:30 Smoothing Sensations 3:30 Total Body Fitness 6:30 Game Show Trivia (CC)</div>	<div>29</div> <div>9:15 Art with Sonal 9:30 Rosary (C) 2:00 Bingo (MS) 3:30 Manicures 3:15 Hand Therapy (FC) 6:30 Devotions (CC)</div>	<div>30</div> <div>10:30 YMCA Camp (MS) 10:30 Sit 'N Get Fit 2:00 Food Committee (Jo) 2:30 Brains and Banter 3:30 Balance Class (FC) 6:30 Games Night (CC)</div>	<div>31</div> <div>9:30 Chapel Service (C) 10:30 Zumba (FC) 2:00 Hang up calendars 3:30 You and Me 6:30 Active Games (MS)</div>		

Entertainment:

July 5th - Entertainment with the Dynamic Duo on Pollock
July 12th - Entertainment with Kevin on Johnston
July 19th - Entertainment with R&S Country on Downey
July 24th - Pub Afternoon with Sheryl Walsh on Main Street
July 26th - Entertainment with Henry on Wright

Outings:

July 3rd - Colour Paradise
July 24th - Farmers Market

Calendar Planning and Resident Bill of Rights

We invite you to attend this meeting on your neighbourhood. Learn about your Bill of Rights. Have your input as we plan next month’s activities, programs, and outings!
Hosted by your Recreation Team Member.

Your Recreation Team:

Full-Time - Tiffany
Part-Time - Deepinder