


# JULY

Sanders

- Legend
- C—Chapel  
MS—Main Street  
J,OA—Johnston Open Area

L—Library  
D-Den  
CC-Community Centre

| Sunday  | Monday  | Tuesday   | Wednesday   | Thursday  | Friday  | Saturday   |
|---|---|---|---|---|---|--|
|   |   | <div>1Canada Day</div> <div>12:30 Canada Day BBQ<br/>please sign up in advance<br/>4:00 You &amp; Me<br/>6:30 Circle of Friends</div> | <div>2</div> <div>10:00 Musical Moments<br/>11:00 Express Yourself<br/>1:30 Brains &amp; Banter<br/>2:30 Stepping Out<br/>3:45 Walk &amp; Talk<br/>6:00 You &amp; Me</div>  | <div>3</div> <div>10:00 Musical Moments<br/>11:00 Morning Trivia<br/>2:30 Card Games<br/>3:00 Music with Daiva<br/>3:15 Walk &amp; Talk</div> | <div>4</div> <div>10:00 Brains &amp; Banter<br/>11:00 Musical Moments<br/>2:30 Stepping Out<br/>3:30 Express Yourself<br/>6:30 Happiness Program</div>  | <div>5</div> <div>10:30 Soothing Sensations<br/>3:30 Walk &amp; Talk<br/><br/>Garage Sale 8 - 230<br/>please bring any items to<br/>donate to Johnston den<br/>starting June 30<sup>th</sup></div> |
| <div>6</div> <div>10:30 Express Yourself<br/>11:00 You &amp; Me<br/>2:30 Fun for the fit<br/>3:30 Stepping Out<br/>4:00 Musical Moments</div> | <div>7</div> <div>10:00 Soothing Sensations<br/>11:30 Stepping Out<br/>2:30 Ball Toss<br/>3:30 You &amp; Me</div>   | <div>8</div> <div>10:00 Circle of Friends<br/>11:00 Brains &amp; Banter<br/>2:30 Word games<br/>3:30 Musical Moments</div>            | <div>9</div> <div>10:30 Express Yourself<br/>1:30 You &amp; Me<br/>2:30 Java Music<br/>3:30 Stepping Out<br/>6:30 Card Games<br/><br/>Trip to the Park<br/>930 - 1145<br/>130 - 330<br/>please sign up space is limited</div> | <div>10</div> <div>1:30 You &amp; Me<br/>2:30 Express Yourself<br/>3:30 Hand Massage<br/>6:30 Happiness Program</div>                         | <div>11</div> <div>10:00 Garden club w/Jenny<br/>11:00 Stepping Out<br/>2:30 Manicures and Hand<br/>Massages<br/>4:00 Musical Moments<br/><br/>6:30 pm - 7:30 pm<br/>Come taste the Flavors of<br/>Timeless recipes<br/>endless stories</div> | <div>12</div> <div>10:00 Musical Moments<br/>11:30 Stepping out<br/>2:30 Fun for the fit<br/>3:45 You &amp; Me</div>   |
| <div>13</div> <div>10:00 You &amp; I<br/>2:30 Musical Moments<br/>3:00 Church Services with Phil<br/>3:30 Express Yourself</div>              | <div>14</div> <div>10:00 Soothing Sensations<br/>10:30 Catholic Mass<br/>1:30 Art with Glynnis<br/>2:30 For The Soul<br/>3:30 Brains &amp; Banter<br/>4:00 Stepping out</div> | <div>15</div> <div>1:30 Musical Moments<br/>2:30 Stepping Out<br/>3:30 IN2L games<br/>6:30 You &amp; Me</div>                         | <div>16</div> <div>10:00 Neighbourhood time<br/>10:30 Residents Council<br/>11:00 Express Yourself<br/>1:30 You &amp; Me<br/>2:30 Java Music<br/>3:30 For the fun of fit<br/>6:30 Bingo</div>                                 | <div>17</div> <div>1:30 Brains &amp; Banter<br/>2:30 Manicure &amp;Hand Massage<br/>3:30 Reading Circle<br/>6:30 Happiness Program</div>      | <div>18</div> <div>10:00 Garden club w/Jenny<br/>10:30 Stepping Out<br/>11:00 Express Yourself<br/>2:30 In the Kitchen- Baking<br/>4:00 Stepping Out<br/>6:30 Bingo</div>   | <div>19</div> <div>10:00 Musical Moments<br/>11:00 Neighbourhood Time<br/>2:30 Balloon Tennis<br/>3:30 Walk &amp; Talk</div>   |

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|--|---|--|--|--|--|--|
| <div>20</div> <div>10:30 Virtual Mass<br/>11:00 You &amp; Me<br/>2:30 Fun for the fit<br/>3:30 Stepping Out<br/>4:00 Musical Moments</div> | <div>21</div> <div>10:30 Express Yourself<br/>11:00 You &amp; Me<br/>2:30 Word Games<br/>3:30 Fun for the Fit</div>                                 | <div>22</div> <div>10:00 Stepping Out<br/>11:30 Musical moments<br/>2:30 Aternoon Trivia<br/>3:30 You &amp; Me</div> | <div>23</div> <div>10:30 Soothing Sensations<br/>11:00 Stepping out<br/>1:30 Brains and Banter<br/>2:00 Birthday Bash with Manvir<br/>3:30 1:1 Reading<br/>6:30 You &amp; Me</div> | <div>24</div> <div>1:30 Brains and banter<br/>2:30 Fun for the fit<br/>3:30 Musical moments<br/>6:30 Happiness Program</div>                         | <div>25</div> <div>10:00 Garden club w/Jenny<br/>10:30 Food Committee<br/>10:30 Manicure<br/>2:30 Fun for the Fit<br/>4:00 Musical Moments</div> | <div>26</div> <div>10:00 Soothing sensation<br/>11:00 You &amp; Me<br/>2:30 Stepping Out<br/>3:45 Express Yourself</div> |
| <div>27</div> <div>10:00 You &amp; Me<br/>2:30 Musical Moments<br/>3:00 Church Services with Phil<br/>3:30 On the move</div>               | <div>28</div> <div>10:00 Soothing Sensation<br/>11:00 Mix and Match<br/>1:30 Art with Glynnis<br/>2:30 For the soul<br/>3:30 Express Yourself</div> | <div>29</div> <div>1:30 You &amp; Me<br/>2:30 Stepping Out<br/>3:30 IN2L games<br/>6:30 Walk &amp; talk</div>        | <div>30</div> <div>10:00 Neighbourhood time<br/>11:00 Manicures<br/>1:30 For the fun of fit<br/>2:30 Java Music<br/>3:00 Musical Moments<br/>6:30 Bingo</div>                      | <div>31</div> <div>10:00 Express yourself<br/>11:30 Brains &amp; Banter<br/>2:30 Circle of Friends<br/>3:15 Ball Toss<br/>4:00 Walk &amp; Talk</div> |    |  |

**Residents Bill of Rights:**

17. Every resident has the right to be told both who is responsible for and who is providing the resident’s direct care.

18. Every resident has the right to be afforded privacy in treatment and in caring for their personal needs.

19. Every resident has the right to,

i. participate fully in the development, implementation, review and revision of their plan of care,

ii. give or refuse consent to any treatment, care or services for which their consent is required by law and to be informed of the consequences of giving or refusing consent,

iii. participate fully in making any decision concerning any aspect of their care, including any decision concerning their admission, discharge or transfer to or from a long-term care home and to Source: Ontario Provincial Government, Fixing Long-Term Care Act, 2021 Accessed 2022-04-25 | <https://www.ontario.ca/laws/statute/21f39#BK5> | Page 3 of 4 English obtain an independent opinion with regard to any of those matters,

and iv. have their personal health information within the meaning of the Personal Health Information Protection Act, 2004 kept confidential in accordance with that Act, and to have access to their records of personal health information, including their plan of care, in accordance with that Act

Upcoming Events

Upcoming Events:

August 6<sup>th</sup> - Water Day

August 6<sup>th</sup> - Zoo To You -

August 13<sup>th</sup> - Birthday Party with Prince

August 14<sup>th</sup> - Jays Game - please sign up

August 21<sup>st</sup> - Prom Night

August 11<sup>th</sup> and 25<sup>th</sup> - Art 4 You !

August 27<sup>th</sup> - Multi Cultural Day