

# JULY

## Williamsburg & Becker

### Legend

C—Chapel

TH—Town Hall

MF— Main Floor

TS—Town Square

SC—Social Club

FE—Front Entrance

L—Library

EM—Emma's

HS—Hobby Shop

JPL — Jack Purcell Lounge

BP— Back Patio

FC—Fitness Centre

MFC — Main Floor Café

PC—Patio Courtyard


● — Outing/Sign up

◆ — Resident Run Program

■ — Entertainment

**July we are Celebrating:  
Canada Day**

**Summer Neighbourhood BBQ  
July 16<sup>th</sup> at 11:45 & 1:15**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1 Canada Day</b> 10:15 Documentary: "Canada: The Story of Us" TH 2-4 Canada Day Celebration: Food, Activities, Entertainment with "Katie Lammert" & More! BP ■ 7:30 Trivia HS  *No Fitness Classes	<b>2</b> 9:30 VON Exercises FC 10:15 Get Active (Standing) FC 10:30 Meeting of the Minds TH 2:00 Get Active (Seated) FC 3:00 Happy Hour MFC 3:00-4:00 Alterations w/ Maria HS 2:30 & 7:30 Movie: "To Catch a Thief"	<b>3 Barb's Produce 9-1 FE</b> 10:00 Chair Yoga FC 10:15 Garden Club HS 10:30 Help Mobility Virtual Reality Experience TH *Sign-up 10:30 Bible Study C 2:30 TV Series: "Pride & Prejudice" TH 3:00 Outside Walks MFC 3:00 Yarning for a Cause L 7:30 Bingo HS	<b>4</b> 9:30 VON Exercise FC 2:30 Hand Therapy HS 2:30 Euchre SC ◆ 2:30 Food Committee Meeting L 3:30 Musical Bingo HS 2:30 & 7:30 Movie: "Hoosiers"  Nelly's Comfort Shoes 11-4 TS	<b>5</b> 10-12 & 1-3 Wheelchair Walker Wash FE 1:30 Activity Package Pick-up HS 3:00 Happy Hour MFC 2:30 & 7:30 Movie: "Away From Her" TH  *No Fitness Classes
	<b>6</b> 10:15 Giant Crossword L 11:00 DrumFIT FC 1:30 Shake Loose a Memory HS 3:00 Chapel Service C 3:45 Fellowship Café MFC 4:00 Sunday Series "Waiting for God" TH	<b>7</b> 10:00 Better Balance FC 10:30 Catholic Communion C 2:00 Get Active (Seated) FC 2:30 Euchre SC ◆ 3:00 Arbour Ladies Legacy L 7:30 Patio Party w/ Live Music by "Alchemy Unplugged" BP ■	<b>8 Cameron Cards 10:30-2 TS</b> 10:15 Documentary: "Canada: The Story of Us" TH 10:30 Piano w/ Karen G. TS ■ 10:30 Men's Conversation Connection C 1:00 Donkey Sanctuary ● 3:00 Praying the Rosary C 3:30 Stretch Class FC 7:30 Trivia HS	<b>9</b> 9:30 VON Exercises FC 10:15 Get Active (Standing) FC 10:30 Meeting of the Minds TH 2:00 Get Active (Seated) FC 3:00 Happy Hour MFC 3:00-4:00 Alterations w/ Maria HS 2:30 & 7:30 Movie: "Charade" TH  Suzanne M Jewelry 10-2 TS Barb's Produce 9-1 FE	<b>11</b> 9:30 Von Exercise FC 9:45 Guelph Enabling Gardens: Tea n' Tales ● 10:30 Movie Crew Meeting HS 2:30 Euchre SC ◆ 2:30 Hand Therapy HS 2:30 & 7:30 Movie: "Life of Pi" TH	<b>12</b> 10:15 Word Mining HS 11:15 Mini Golf FC 1:30 Activity Package Pick-up HS 2:30 Parallel Bar Balance FC 3:00 Happy Hour MFC 2:30 & 7:30 Movie: "Fisherman's Friend" TH
<b>13</b> 10:15 Giant Crossword L 11:00 DrumFIT FC 1:30 Shake Loose a Memory HS 3:00 Chapel Service 3:45 Fellowship Café MFC 4:00 Sunday Series "Waiting for God" TH	<b>14</b> 10:00 Better Balance FC 10:30 Catholic Communion C 10:30 Valens Conservation Area & Picnic Lunch ● 2:00 Get Active (Seated) FC 2:30 Euchre SC ◆ 2:30 Outings Meeting HS 3:00 Arbour Ladies Legacy L 7:30 Patio Party w/ Live Music by "Debbie Beauchamp" BP ■	<b>15</b> 10:15 Documentary: "Canada: The Story of Us" TH 2:30 Schlegel-UW Research Institute of Aging Presentation: Medication Management Study TH 2:45 Art Hour: Garden Button Art HS 3:30 Tech Help - Call ext. 811 3:30 Stretch Class FC 7:30 Trivia HS	<b>16 Creations Boutique 10-2</b> 9:30 Von Exercise FC 10:15 Get Active (Standing) FC 10:30 Meeting of the Minds TH 11:45 & 1:15 Neighbourhood Barbeque Lunch 2:00 Get Active (Seated) FC 3:00 Happy Hour MFC 3:00-4:00 Alterations w/ Maria HS 2:30 & 7:30 Movie: "Catch Me if You Can" TH	<b>17</b> 10:30 Garden Club HS 10:30 Bible Study C 2:30 TV Series: "Pride & Prejudice" TH 3:00 Outside Walks MFC 3:00 Yarning for a Cause L 7:30 Bingo HS  Barb's Produce 9-1 FE	<b>18</b> 9:30 VON Exercise FC 2:30 Hand Therapy HS 2:30 Euchre SC ◆ 3:30 Musical Bingo HS 2:30 & 7:30 Movie: "Living" TH	<b>19</b> 10:15 Word Mining HS 11:15 Corn Hole FC 1:30 Activity Package Pick-up HS 2:30 Parallel Bar Balance FC 3:00 Happy Hour MFC 7:30 Movie: "Woman in Gold" TH

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**Recreation programs are subject to change, date, time and location.**

For the most up-to-date schedule, please see the Today Boards posted on Main Street.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>20 Ice Cream Day</b> 10:15 Giant Crossword L 11:00 DrumFIT FC 1:30 Shake Loose a Memory HS 3:00 Chapel Service C 3:30 Ice Cream Sundae Bar Social MFC  *No Sunday Series	<b>21</b> 10:00 Better Balance FC 10:30 Catholic Communion C 2:00 Get Active (Seated) FC 2:30 Euchre SC ◆ 3:00 Arbour Ladies Legacy L 7:30 Patio Party w/ Live Music by “The Gwillimbury Gang” BP ■	<b>22</b> 10:15 Documentary: “Canada: The Story of Us” TH 10:30 Piano w/ Karen G TS ■ 10:30 Men’s Conversation Connection C 2:30 GATHER Grief and Loss Support Group C *Sign-up 2:30-4:30 Tech Help w/ The GPL L*Sign-up 3:30 Stretch Class FC 7:30 Trivia HS	<b>23</b> 9:30 VON Exercises FC 10:15 Get Active (Standing) FC 10:30 Meeting of the Minds TH 2:00 Get Active (Seated) FC 2:30 Residents’ Council Presents: the film “Nonnas” TH 3:00-4:00 Alterations w/ Maria HS 3:45 Happy Hour MFC 7:30 Movie: “Good Morning Vietnam” TH	<b>24 International Self Care Day</b> 10:00 Chair Yoga FC 10:30 Garden Club HS 10:30 Bible Study C 2:30 TV Series: “Pride & Prejudice” TH 3:00 Outside Walks MFC 3:00 Yarning for a Cause L 7:30 Bingo HS  Barb’s Produce 9-1 FE	<b>25</b> 9:30 Von Exercise FC 11:15 The Boathouse Tea Room Lunch ● 2:30 Hand Therapy HS 2:30 Euchre SC ◆ 3:30 Musical Bingo HS 2:30 & 7:30 Movie: “Wildhood” TH	<b>26</b> 10:15 Word Mining HS 11:15 Spot the Target FC 1:30 Activity Package Pick-up HS 2:30 Parallel Bar Balance FC 2:30 Movie: “Footloose” TH 3:00 Happy Hour MFC 7:30 Comedy Hour TH
<b>27</b> 10:15 Giant Crossword L 11:00 DrumFIT FC 1:30 Shake Loose a Memory HS 3:00 Chapel Service C 3:45 Fellowship Café MFC 4:00 Sunday Series “Waiting for God” TH	<b>28</b> 10:00 Better Balance FC 10:00 Hamilton Art Gallery and Lunch ● 10:30 Catholic Communion C 2:00 Get Active (Seated) FC 2:30 Euchre SC ◆ 3:00 Arbour Ladies Legacy L 7:30 Patio Party w/ Live Music by “Shepherd’s Knot” BP ■	<b>29</b> 10:15 Documentary: “Canada: The Story of Us” TH 2:30 Film of Faith: “Pre- Wedding Jitters” TH 2:30 Art Hour: Sunflower Painting HS 3:30 Tech Help - Call ext. 811 3:30 Stretch Class FC 7:30 Trivia HS Schlegel-UW RIA Study Info Booth 1-3 TS	<b>30</b> 9:30 VON Exercises FC 10:15 Get Active (Standing) FC 10:30 Meeting of the Minds TH 2:00 Get Active (Seated) FC 3:00 Pursuit of Passions Event: Timeless Recipes, Endless Stories TS 3:00-4:00 Alterations w/ Maria HS 2:30 & 7:30 Movie: “Gran Torino” TH	<b>31</b> 10:00 Chair Yoga FC 10:30 Garden Club HS 10:30 Bible Study C 2:30 TV Series: “Pride & Prejudice” TH 3:00 Outside Walks MFC 3:00 Yarning for a Cause L 3:00 Neighbourhood Birthday Party HS 7:30 Bingo Barb’s Produce 9-1 FE		

### Monthly Outings ●

Donkey Sanctuary - Tuesday, July 8 at 1:30 PM (FE)

Guelph Enabling Gardens: Tea n’ Tales - Friday, July 11 at 9:45 AM (FE)

Beach Day: Valens Conservation & Picnic - Monday, July 14 at 10:30 AM (FE)

The Boathouse Team Room Lunch - Friday, July 25 at 11:15 AM (FE)

Hamilton Art Gallery and Stacked Pancake House Lunch - Monday, July 28 10:00 AM (FE)

**Please note:** Outings may be subject to change depending on the weather.

### Shopping Shuttle

Thursdays at 10:00 AM and 2:00 PM at the Front Entrance

**\*Please sign-up outside the Hobby Shop for all Outings/Shuttles**

### Monthly Meetings

Food Committee Meeting - Friday, July 4 at 2:30 PM in L

Movie Crew Meeting - Friday, July 11 at 10:30 AM in HS

Outings Meeting - Monday, July 14 at 2:30 PM HS

Residents’ Council Meeting – Wednesday, July 23 PM in TH

### New!

Summertime Patio Parties - Every Monday Evening at 7:30 PM on the Back Patio by the Pond

### Williamsburg & Becker Neighbourhood BBQ

Wednesday, July 16

Scheduled for regular meal times.

11:45 AM & 1:15 PM

Main Dining Room

There will be no Seniors’ Fireside

Chat for July & August

### Recreation Contact Information:

atwilliamsburgrec@schlegelvillages.com

or call ext. 811