

AUGUST

Neighbourhood Name



WILFRED
SCHLEGEL

Day

Monday, August 4

This day kicks off a month of giving back to the community.

3	4 WILFRED SCHLEGEL DAY CIVIC Holiday	510:00 Total Body Fitness - Str 11:00 Total Body Fitness - T 3:30 Total Body Fitness - E	610:00 Total Body Fitness - A 3:00 Fun and Fitness - K 3:30 Taichi - H	710:00 Total Body Fitness - N 11:00 Total Body Fitness - H 3:30 Taichi - Str	810:00 Total Body Fitness - R 11:00 Total Body Fitness - S 2:45 Hand therapy - K 3:30 Fun and Fitness - W	9
10	1110:00 Total Body Fitness - K 11:00 Total Body Fitness - S 2:45 Hand therapy - N 3:00 Fun and Fitness - A 3:00 Fun and Fitness - R	1210:00 Total Body Fitness - Str 11:00 Total Body Fitness - T 3:30 Total Body Fitness - E	1310:00 Total Body Fitness - A 3:00 Fun and Fitness - K 3:30 Taichi - H	1410:00 Total Body Fitness - N 11:00 Total Body Fitness - H 3:30 Taichi - Str	1510:00 Total Body Fitness - R 11:00 Total Body Fitness - S 2:45 Hand therapy - Str 3:30 Fun and Fitness - W	16
17	1810:00 Total Body Fitness - K 11:00 Total Body Fitness - S 2:45 Hand therapy - E 3:00 Fun and Fitness - A 3:00 Fun and Fitness - R	1910:00 Total Body Fitness - Str 11:00 Total Body Fitness - T 3:30 Total Body Fitness - E	2010:00 Total Body Fitness - A 3:00 Fun and Fitness - K 3:30 Taichi - H	2110:00 Total Body Fitness - N 11:00 Total Body Fitness - H 3:30 Taichi - Str	2210:00 Total Body Fitness - R 11:00 Total Body Fitness - S 2:45 Hand therapy - A 3:30 Fun and Fitness - W	23
24	2510:00 Total Body Fitness - K 11:00 Total Body Fitness - S 2:45 Hand therapy - H 3:00 Fun and Fitness - A 3:00 Fun and Fitness - R	2610:00 Total Body Fitness - Str 11:00 Total Body Fitness - T 3:30 Total Body Fitness - E	2710:00 Total Body Fitness - A 3:00 Fun and Fitness - K 3:30 Taichi - H	2810:00 Total Body Fitness - N 11:00 Total Body Fitness - H 3:30 Taichi - Str	2910:00 Total Body Fitness - R 11:00 Total Body Fitness - S 2:45 Hand therapy - K 3:30 Fun and Fitness - W	30