

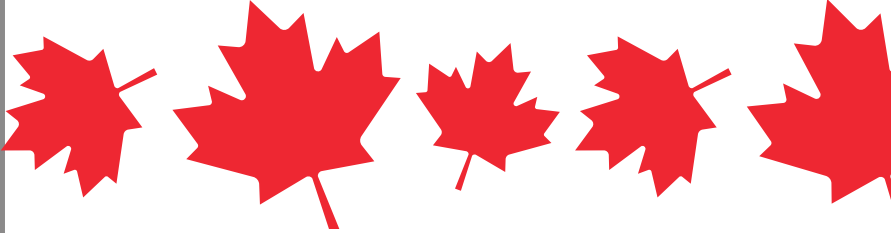

# JULY

Brant

**Legend**  
C—Chapel  
TH—Town Hall  
CC- Community Centre  
TS—Town Square  
SC—Social Club

**Residents Bill Of Rights**  
23. Every Resident Has The Right To Pursue Social, Cultural, Religious, Spiritual Or Other Interests, To Develop His Or Her Potential And To Given Reasonable Assistance By The Licensee To Pursue These Interests And To Develop Their Potential

**Note/Announcement:**  
Programs are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1 Canada Day</b> 9:00 Neighborhood Time 10:00 Opening Ceremony 1:30 Soothing Sensations 2:30 Art Therapy 3:00 Geri Defeo-TH	<b>2</b> 9:00 Neighbourhood Time 10:30 For The Soul 1:00 Total Body Fitness 2:00 Stepping Out 2:30 Music Therapy 3:30 Circle of Friends	<b>3</b> 9:00 Neighbourhood Time 10:30 Brains and Banter 11:15 Fun & Fit 1:00 Spiritual Care 3:00 Express Yourself 3:00 Horticulture Therapy	<b>4</b> 11:15 Line Dancing-FC 12:00 Neighbourhood Time 2:00 You and Me 3:30 In The Kitchen 6:00 Circle of Friends	<b>5</b> 9:00 Neighbourhood Time 10:30 For The Fun of Fit 2:00 Stepping Out 3:00 Sing Along– TH
<b>6</b> 12:00 Neighbourhood Time 1:30 Stepping Out 2:15 Church—TH 3:30 Circle of Friends 6:30 Movie Matinee	<b>7</b> 11:00 Spiritual Care 12:00 Neighbourhood Time 2:00 Stepping Out 3:00 Express Yourself 6:00 You and Me	<b>8 National Freezer Pop Day</b> 9:00 Neighborhood Time 10:30 Musical Moments 1:30 Stepping Out 2:30 Art Therapy 2:30 Popsicle Social – Patio 3:30 Stepping Out	<b>9</b> 9:00 Neighbourhood Time 10:30 For The Soul 1:00 Total Body Fitness 2:00 Stepping Out 2:30 Music Therapy	<b>10</b> 9:00 Neighbourhood Time 10:30 Circle of Friends 11:15 Fun & Fit 1:00 Spiritual Care 2:30 Concerts in Care – TH 3:00 Horticulture Therapy	<b>11</b> 11:15 Line Dancing-FC 12:00 Neighbourhood Time 3:00 Wine & Cheese – CC 6:00 Circle of Friends	<b>12</b> 9:00 Neighbourhood Time 10:30 In The Kitchen-CC 2:00 Stepping Out 3:00 Natalie Marie Performs – TH
<b>13</b> 9:00 Neighbourhood Time 10:30 Movie Matinee-TH 2:15 Church—TH 3:30 Circle of Friends	<b>14</b> 10:30 Mother Goose 11:00 Spiritual Care 12:00 Neighbourhood Time 2:00 Brains and Banter 3:30 For The Fun of Fit 6:00 You and Me	<b>15</b> 9:00 Neighborhood Time 10:30 Musical Moments 1:30 Soothing Sensations 2:30 Art Therapy 2:30 You and Me 3:30 Stepping Out	<b>16 World Snake Day</b> 9:00 Neighbourhood Time 10:30 For The Soul 1:00 Total Body Fitness 2:00 Stepping Out 2:30 Music Therapy 3:30 Little Rays Reptile Zoo-MS	<b>17</b> 9:00 Neighbourhood Time 10:30 Circle of Friends 11:15 Fun & Fit 1:00 Spiritual Care 3:00 Horticulture Therapy	<b>18</b> 11:15 Line Dancing-FC 12:00 Neighbourhood Time 1:30 Little Hobby Hill Farm – CC 3:30 In The Kitchen 6:00 Circle of Friends	<b>19</b> 9:00 Neighbourhood Time 10:30 Express Yourself 2:00 Stepping Out 3:00 Ron Tansley Performs – TH
<b>20 Ice Cream Day</b> 12:00 Neighbourhood Time 2:15 Church—TH 3:30 Ice Cream Social – MS 6:30 Movie Matinee	<b>21</b> 8:00 Breakfast Club 9:00 Neighbourhood Time 10:30 For The Fun of Fit 11:00 Spiritual Visits 2:00 Brains and Banter	<b>22</b> 9:00 Neighborhood Time 10:30 Musical Moments 1:30 Soothing Sensations 2:30 Art Therapy 3:00 Birthday Social – CC	<b>23</b> 1:00 Total Body Fitness 2:00 Stepping Out 2:30 Music Therapy 3:30 Circle of Friends 6:00 You and Me	<b>24 International Self Care</b> 9:00 Neighbourhood Time 11:15 Fun & Fit 11:00 Tai Chi – RH Patio 1:00 Spiritual Care 3:00 Laughter Yoga – TH 3:00 Horticulture Therapy	<b>25</b> 11:15 Line Dancing-FC 12:00 Neighbourhood Time 2:00 You and Me 3:30 In The Kitchen 6:00 Circle of Friends	<b>26</b> 9:00 Neighbourhood Time 10:30 In The Kitchen-CC 2:00 Stepping Out 3:00 Prince Performs - TH
<b>27</b> 9:00 Neighbourhood Time 10:30 Movie Matinee-TH 2:15 Church—TH 3:30 Circle of Friends	<b>28</b> 11:00 Spiritual Care 12:00 Neighbourhood Time 2:00 Brains and Banter 3:30 For The Fun of Fit 6:00 You and Me	<b>29 National Lasagna Day</b> 9:00 Neighborhood Time 10:30 Musical Moments 12:00 Diners: Lasagna Day 2:30 Art Therapy 2:30 You and Me 3:30 Circle of Friends	<b>30</b> 9:00 Neighbourhood Time 10:30 For The Soul 1:00 Total Body Fitness 2:00 Stepping Out 2:30 Music Therapy 3:30 Circle of Friends	<b>31</b> 9:00 Neighbourhood Time 10:30 Circle of Friends 11:15 Fun & Fit 2:00 Soothing Sensations 3:00 For The Fun of Fit		

# JULY

## Pal Programs

Monday

- 1:45 Sweat Squad

Tuesday

- 10:15 Standing

Balance

- 1:45 Group Fitness

Thursday

- 10:15 Basketball & Ball

Toss

- 1:45 Yoga

Saturday (Week 1)

- 10:15 Tai Chi

Sunday (Week 1)

- 1:45 Basketball & Ball

Toss



## Socials

12- Cookie and Coffee

14- Popsicle Social

20-Ice Cream Social

22- Birthday Social

26- Tim horton's Social



## Art and Craft

7- Teddy Bear Day



## Movie Day

Popcorn will be provided

Movies

13-Mamma Mia-1

27- Mamma Mia-2



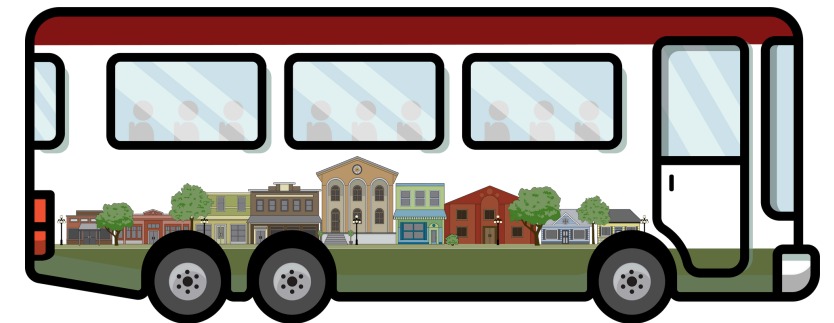
## Outings

9-Hutch's Ice cream

15- Sunshine Donut

23- Scenic Drive

28- Bayfront Park



## Happy Hour

11-Wine & Cheese



## Diner's Club

29- Lasagna Day

## Breakfast Club

21- Eggs and Toast

