

# JULY

## Neighbourhood Name

### Legend

R - Recreation Room

B - Bellwood's (1st Neighborhood)

T - Trinity (2nd Neighborhood)

BTV - Bellwood's TV Lounge

TTV - Trinity TV Lounge

TP - Travelling Program on Bellwood's & Trinity


MD - Main Street Dinning Room

TD - Trinity Dinning Room

BD - Bellwood's Dinning Room

P - Patio



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1 Canada Day</b> 10am: Entertainment with Jay Franco 12 -2pm: Canada BBQ on the Patio 3pm: Trinity Farmers Market	<b>2</b> 10am: Hallway Bingo - T 2pm: : Hallway Bingo - B 3:30: Sound Therapy- TP	<b>3</b> 10:30am: Yoga with Pedro - R 10:30am: Neighbourhood Time - TP 1:30pm: Music Therapy - TP 2pm: Java Music - P 3:30pm: Balloon Volley Ball - T	<b>4</b> 10am: Drum Fit - R 2pm: Hands on Exotics- TD 3:30pm: You & Me - TP 6pm: Karaoke - TP	<b>5</b> 10am: Hallway Bingo - T 2pm: Hallway Bingo - B 3:30pm: Games on the Patio- P
<b>6</b> 10am: Virtual Sunday Mass - R 10:30am: Neighbourhood Time - TP 2pm: Sunshine Strolls 2:30: Rosary with Gloria - R 3:30pm: Flavor Fun - TP	<b>7</b> 10am: Rosary with Gloria - R 10:30am: Neighbourhood Time - TP 1:30pm: Sensory with Pedro -R 2pm: Tea & Talk - R 6pm: Circle of friends - R	<b>8</b> 10am: - Evangelical- R 2pm: Art Therapy- BD 3pm: Trinity Farmers Market 6pm: You & Me - TP	<b>9</b> 10am: Hallway Bingo - T 2pm: Flower Arrangement- TB 3:30: -Sound Therapy- TP 6pm: Hallway Bingo - B	<b>10</b> 10:30am: Yoga with Pedro - R 10:30am: Neighbourhood Time - TP 1:30pm: Music Therapy - TP 2pm: Java Music - P 3:30pm: Lemonade Social - TP	<b>11</b> 10am: Music & Movement - R 2pm: Sound Therapy - TP 3:30pm: You & Me - TP 6pm: Out in the Garden - P	<b>12</b> 10am: Hallway Bingo - T 2pm: Hallway Bingo - B 3:30pm: Helping Hands- TP
<b>13</b> 10am: Virtual Sunday Mass - R 10:30am: Neighbourhood Time - TP 2pm: Sunshine Strolls 2:30: Rosary with Gloria - R 3:30pm: Game Hour - TP	<b>14</b> 10am: Roman Catholic Mass- R 10:30am: Neighbourhood Time - TP 1:30pm: Sensory with Pedro -R 2pm: Pursuit of passion - TP 6pm: Horticulture -TP	<b>15</b> 10am: Resident Council - R 1:30pm: Music with Yolanda -R 2pm: Art Therapy- BD 3pm: Trinity Farmers Market 6pm: Bowling - TP	<b>16</b> 10am: Hallway Bingo - T 2pm: - You & Me - TP 3:30: -Sound Therapy- TP 6pm: Hallway Bingo - B	<b>17</b> 10:30am: Yoga with Pedro - R 10:30am: Neighbourhood Time - TP 2pm: Java Music - P 3:30pm: Spa Hour - TP	<b>18</b> 10am: Drum Fit - R 2pm: Touch & Feel -TP 2pm: Sound Therapy - TP 3:30pm: You & Me - TP 6pm: Karaoke - TP	<b>19</b> 10am: Hallway Bingo - T 2pm: Hallway Bingo - B 3:30pm: Games on the Patio- P
<b>20 Ice Cream Day</b> 10am: Virtual Sunday Mass - R 10:30am: Neighbourhood Time - TP 2pm: Ice Cream - TP 2:30: Rosary with Gloria - R 3:30pm: Spa Hour - TP	<b>21</b> 10am: Evangelical - R 10:30am: Neighbourhood Time - TP 1:30pm: Sensory with Pedro -R 2pm: Tea & Talk - R 6pm: You + Me -TP	<b>22</b> 10am: Evangelical - R 1:30pm: Music with Yolanda -R 2pm: Art Therapy- BD 3pm: Trinity Farmers Market 6pm: Bean Bay Toss-TP	<b>23</b> 10am: Hallway Bingo - T 2pm: Balloon Volleyball - TP 3:30: You + Me -TP 6pm: Hallway Bingo - B	<b>24 International Self Care Day</b>  <b>10 am - 4pm -Kew Beach COMMUNITY OUTING</b>  2 pm - Music Therapy - TP	<b>25</b> 10am: Music & Movement- R 2pm: Sound Therapy - TP 3:30pm: You & Me - TP 6pm: Out in the Garden - P	<b>26</b> 10am: Hallway Bingo - T 2pm: Hallway Bingo - B 3:30pm: Helping Hands- TP
<b>27</b> 10am: Virtual Sunday Mass - R 11am: Intergeneration Program - R 2pm: Sunshine Strolls 2:30: Rosary with Gloria - R 3:30pm: Game Hour - TP	<b>28</b> 10am: Rosary with Gloria - R 10:30am: Neighbourhood Time - TP 1:30pm: Sensory with Pedro -R 2pm: VR Travel - R 6pm: Pub night -TP	<b>29</b> 10am: Creative Baking- MD 1:30pm: Music with Yolanda -R 2pm: Art Therapy- BD 3pm: Trinity Farmers Market 6pm: Bowling -TP	<b>30</b> 10am: Hallway Bingo - T 2pm: Tea & Talk - P 3:30: -Sound Therapy- TP 6pm: Hallway Bingo - B	<b>31</b> 10am: Yoga with Pedro - R 10:30am: Neighbourhood Time - TP 1:30pm: Sensory with Pedro -R 2pm: Birthday Celebration - P	