

AUGUST

Claremont Neighbourhood



WILFRED
SCHLEGEL

Day

Monday, August 4

This day kicks off a month of giving back to the community.

<div>3</div> <div>9:45 Church service-TH 10:35 Neighbourhood Time 11:00 You & I-T 2:30 Trivia-FC</div>	<div>4</div> <div>WILFRED SCHLEGEL DAY</div> <div>9:30 Neighbourhood Time 10:30 Brains & Banter - P 2:30 Circle of Friends - CK 6:15 Ice Cream Social - L 7:00 Bingo-RHTH(\$)</div>	<div>5</div> <div>11:15 Music Therapy w/Erin-OA 1:30 You & I-T 2:30 Neighbourhood Time 6:30 Bingo-FC</div>	<div>6</div> <div>10:00 For the Fun of fit-OA 11:00 Bible Study W/ Pastor Rob -L 2:30 Neighbourhood time 6:30 Pub night w/ Mike Barnes-MS</div>	<div>7</div> <div>9:30 Hymn Sing w/ Pastor Rob - OA 10:00 Circle of friends-CK 11:00 You & I-T 2:30 For the Fun of fit-OA 6:15 Trivia - FC</div>	<div>8</div> <div>9:30 Neighbourhood time 10:00 Brain & banter-OA 11:00 Stepping out-T 2:30 Circle of Friends-CK</div>	<div>9</div> <div>10:00 You & I-T 11:00 Brains & banter-OA 2:30 Popsicle Social-L</div>
<div>10</div> <div>9:45 Church Service -TH 10:35 Neighbourhood Time 11:00 You & I - T 2:30 Soothing Sensations - P</div>	<div>11</div> <div>9:30 Neighbourhood time 10:00 Brains & Banter-OA 11:00 You & I-T 2:30 Circle of Friends-CK 6:15 Ice cream social-L 7:00 Bingo-RHTH(\$)</div>	<div>12</div> <div>11:15 Music Therapy w/Erin-OA 1:30 You & I-T 2:30 Neighbourhood Time 6:30 Musical Moments-FC</div>	<div>13</div> <div>10:00 For the Fun of fit-OA 11:00 Bible Study W/ Pastor Rob -L 2:30 Birthday party w/Jeanette DeSousa-MS 6:30 Active Games-MS</div>	<div>14</div> <div>9:30 Neighbourhood Time 10:30 Stepping Out - T 2:30 Java Music Club -L 6:15 Movie Night - FC</div>	<div>15</div> <div>9:30 Soothing sensations-T 10:00 Catholic Mass-TH 11:00 Neighbourhood time 2:30 Brain & Banter-OA</div>	<div>16</div> <div>9:30 Neighbourhood time 10:00 Brain & banter-OA 11:00 You & I-T 2:30 Express yourself-CC</div>
<div>17</div> <div>9:45 Church service-FC 10:35 Neighbourhood Time 11:00 You & I-T 2:30 Tim Horton outing</div>	<div>18</div> <div>9:30 Neighbourhood Time 10:30 Circle of Friends - CK 2:30 Country Drive (Sign up) 6:15 Ice Cream Social - L 7:00 Bingo-RHTH(\$)</div>	<div>19</div> <div>11:15 Music Therapy w/Erin-OA 1:30 You & I-T 2:30 Neighbourhood Time 6:30 Bingo-FC</div>	<div>20</div> <div>10:00 For the Fun of fit-OA 11:00 Bible Study W/ Pastor Rob -L 2:30 Peach Social Entertainment-MS 6:30 Active Games-MS</div>	<div>21</div> <div>9:30 Hymn Sing w/ Pastor Rob - OA 10:00 12:00 Ruby outing (sign up) 2:30 For the Fun of fit-OA 6:15 Trivia - FC</div>	<div>22</div> <div>9:30 Neighbourhood time 10:00 Brains & banter-OA 11:00 Stepping out-T 2:30 Circle of Friends-CK</div>	<div>23</div> <div>9:30 Neighbourhood Time 10:30 For the Fun of Fit - FC 2:30 Musical Moments - P</div>
<div>24</div> <div>9:45 Church Service - FC 10:35 Neighbourhood Time 11:00 You & I - T 2:30 Java Music Club - CK</div>	<div>25</div> <div>9:30 Soothing sensations-T 10:00 Brain & Banter-OA 11:00 You & I-T 2:30 Circle of Friends-CK 6:15 Ice cream social-L 7:00 Bingo-RHTH(\$)</div>	<div>26</div> <div>11:15 Music Therapy w/Erin-OA 1:30 You & I-T 2:30 Neighbourhood Time 6:30 Musical Moments-FC</div>	<div>27</div> <div>Fun fair</div> <div>9:00 Neighbourhood Time 10:00 Musical Moments 11:00 Bible Study W/ Pastor Rob -L 2:00-4:00 Fun Fair 6:30 Active Games-MS</div>	<div>28</div> <div>9:30 Neighbourhood Time 10:30 Stepping Out - T 2:30 Brains and Banter - FC 6:15 Movie Night - FC</div>	<div>29</div> <div>9:00 Calendar Delivery-T 10:00 Neighbourhood Time 11:00 For the Fun of fit-OA 2:30 Resident Council-FC</div>	<div>30</div> <div>10:35 Neighbourhood Time 11:00 You & I-T 2:30 Stepping out-T</div>

AUGUST

Living In My Today Program Descriptions

Our emphasis is on developing relationships, while the experience of those living with dementia forms the foundation of The Five Pillars of LIVING in My Today.

The Five Pillars

- Meaningful and Active Engagement;
- Enjoyable Mealtimes;
- Empowered Care Partners;
- Thoughtful Design;
- Supportive Approaches to Care.

New Program Descriptions

We are now using broad program names on our calendars to maintain flexibility and ensure engagement for all residents. This approach keeps programming dynamic, inclusive, and responsive to the community's evolving needs.

New Program Descriptions Neighbourhood Time

- Neighbourhood time sets up shared living spaces with resources to catch resident's attention and invite them to give them a try.

In The Kitchen

- Creates moments of opportunity for reminiscence, learning, and fellowship through its recognition that the kitchen is not only used to prepare and consume food. Replaces; Baking, cooking, etc.

Circle of Friends

- Creates intentional opportunities for residents to cultivate new connections in a supportive environment that promotes shared experiences and camaraderie. Replaces; Tea & Chats, News & Views, etc.

Brains & Banter

- A stimulating and social activity, combining engaging brain games with lively conversation. Replaces; Trivia, Word Games, & Puzzles.

Musical Moments

- Supports residents to engage with music in meaningful ways. Replaces; Music on Demand, Sing-Alongs, etc.

New Program Descriptions Stepping Out

- A guided walk that supports residents to enjoy the outdoors and village community. Replaces; Walk & Talks, Walks on Main Street, etc.

You & I

- Replaces One to One & Friendly Visits

For the Fun of Fit

- Fitness activities that focus on having fun and building relationships, while also challenging hand-eye coordination, balance, and range of motion. Replaces; Active Games, Mini Putt, Bean Bag Toss, etc.

Express Yourself

- Honours creativity and creates a supportive environment for residents to explore and express themselves. Replaces; Crafts or anything creative.

Soothing Sensations

- A program that focuses on sensory enrichment. Replaces; Sensory programming

For the Soul

- Spiritual programs that connect us to others. Replaces; Spiritual programs, Gratitude Circles, & Joke programs.