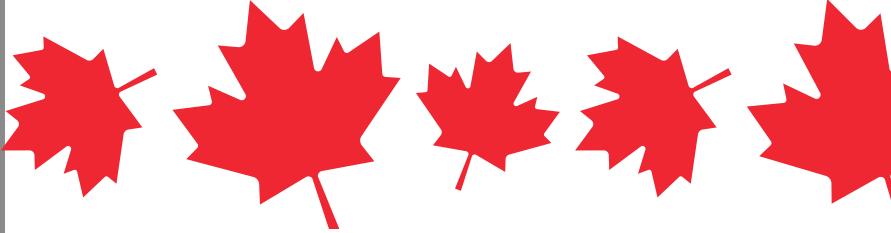



# JULY

## Dryden Neighbourhood

- Legend**  
C—Chapel  
TH—Town Hall  
MF— Main Floor  
TS—Town Square  
SC—Social Club
- FE—Front Entrance  
L—Library  
EM—Emma’s  
HS—Hobby Shop  
JPL — Jack Purcell Lounge
- BP— Back Patio  
FC—Fitness Centre  
MFC — Main Floor Café  
PC—Patio Courtyard

**Note/Announcement:**  
words go here.....

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> <b>Canada Day</b> 11:00 Raising of the Flag 2:00 Canada Day Entertainment- MS	<b>2</b> 1:00 Bible Study W/ Pastor Rob -L 1:30 Neighbourhood time 2:30 Music -OA 6:30 Active Games -MS	<b>3</b> 9:30 Neighbourhood Time 10:30 In the Kitchen -BP 2:30 Java Music Club -L 3:30 Hymn Singing with Pastor Rob -OA 6:15 Movie Night - FC	<b>4</b> 9:30 Neighbourhood Time 10:30 You and I 2:30 Bingo -OA	<b>5</b> 9:30 Neighbourhood Time 10:30 Stepping Out 2:30 For the Fun of Fit -OA
<b>6</b> 9:45 Church service-TH 11:00 Neighbourhood Time 2:30 Musical Moments	<b>7</b> 9:30 Neighbourhood Time 10:30 Manicures -T 2:30 In the Kitchen -BP	<b>8</b> 9:30 Neighbourhood Time 10:30 Soothing Sensations -P 2:30 For the Fun of Fit -OA	<b>9</b> 1:00 Bible Study W/ Pastor Rob -L 2:30 Neighbourhood time 6:30 Pub night w/ Ryan Andrews-MS	<b>10</b> 9:30 Neighbourhood Time 10:30 Express Yourself -OA 2:30 For the Fun of Fit -OA 3:30 Hymn Singing with Pastor Rob -OA 6:15 Movie Night - FC	<b>11</b> 9:30 Neighbourhood Time 10:30 For the Soul 2:30 Bingo	<b>12</b> 9:30 Neighbourhood Time 10:30 Stepping Out 2:30 Circle of Firends
<b>13</b> 9:45 Church service-TH 11:00 Neighbourhood Time 2:30 Musical Moments -OA	<b>14</b> 9:30 Neighbourhood Time 10:30 Manicures -T 2:30 Country Drive (Sign-Up)	<b>15</b> 9:30 Neighbourhood Time 10:30 Express Yourself -OA 2:30 Brains and Banter -OA	<b>16</b> 1:00 Bible Study W/ Pastor Rob -L 1:30 Neighbourhood time 2:30 Brains and Banter -OA 6:30 Active Games -MS	<b>17</b> 9:30 Neighbourhood Time 10:30 In the Kitchen -BP 2:30 Stepping Out 3:30 Hymn Singing with Pastor Rob -OA 6:15 Movie Night - FC	<b>18</b> 9:00 Neighbourhood Time 10:00 Catholic Mass 2:30 Residents Council- FC	<b>19</b> 9:30 Neighbourhood Time 10:30 You and I 2:30 Bingo - FC
<b>20</b> <b>Ice Cream Day</b> 9:45 Church service-TH 11:00 Neighbourhood Time 2:30 Ice cream float-L	<b>21</b> 9:00 Neighbourhood Time 10-1 Windreach Farms Outing 2:30 Manicures -T	<b>22</b> 9:30 Neighbourhood Time 10:30 Soothing Sensations -P 2:30 For the Fun of Fit -OA	<b>23</b> 1:00 Bible Study W/ Pastor Rob -L 1:30 Neighbourhood time 2:30 Watermelon Social Entertainment- MS 6:30 Active Games -MS	<b>24</b> 9:30 Neighbourhood Time 10:30 Express Yourself -OA 2:30 Celebration of Life- TH 3:30 Hymn Singing with Pastor Rob -OA 6:15 Movie Night - FC	<b>25</b> 9:30 Neighbourhood Time 10:30 For the Soul 2:30 Bingo -OA	<b>26</b> 9:30 Neighbourhood Time 10:30 Stepping Out 2:30 Circle of Friends
<b>27</b> 9:45 Church service-TH 11:00 Neighbourhood Time 2:30 Musical Moments -OA	<b>28</b> 9:30 Neighbourhood Time 10:30 Manicures -T 2:30 For the Fun of Fit -OA	<b>29</b> 9:30 Neighbourhood Time 10:30 Java Music Club -P 2:30 Brains and Banter -OA	<b>30</b> 1:00 Bible Study W/ Pastor Rob -L 1:30 Neighbourhood time 2:30 Birthday Party with Entertainment- MS 6:30 Active Games -MS	<b>31</b> 9:30 Neighbourhood Time 10:30 In the Kitchen -OA 2:30 Brains and Banter -FC 3:30 Hymn Singing with Pastor Rob -OA 6:15 Movie Night - FC		

# JULY

## Living In My Today Program Descriptions

Our emphasis is on developing relationships, while the experience of those living with dementia forms the foundation of The Five Pillars of LIVING in My Today.

### The Five Pillars

Meaningful and Active Engagement;  
Enjoyable Mealtimes;  
Empowered Care Partners;  
Thoughtful Design;  
Supportive Approaches to Care.

### New Program Descriptions

We are now using broad program names on our calendars to maintain flexibility and ensure engagement for all residents. This approach keeps programming dynamic, inclusive, and responsive to the community's evolving needs.

## New Program Descriptions Neighbourhood Time

- Neighbourhood time sets up shared living spaces with resources to catch resident's attention and invite them to give them a try.

### In The Kitchen

Creates moments of opportunity for reminiscence, learning, and fellowship through its recognition that the kitchen is not only used to prepare and consume food. Replaces; Baking, cooking, etc.

### Circle of Friends

Creates intentional opportunities for residents to cultivate new connections in a supportive environment that promotes shared experiences and camaraderie. Replaces; Tea & Chats, News & Views, etc.

### Brains & Banter

A stimulating and social activity, combining engaging brain games with lively conversation. Replaces; Trivia, Word Games, & Puzzles.

### Musical Moments

Supports residents to engage with music in meaningful ways. Replaces; Music on Demand, Sing-Alongs, etc.

## New Program Descriptions Stepping Out

A guided walk that supports residents to enjoy the outdoors and village community. Replaces; Walk & Talks, Walks on Main Street, etc.

### You & I

Replaces One to One & Friendly Visits

### For the Fun of Fit

Fitness activities that focus on having fun and building relationships, while also challenging hand-eye coordination, balance, and range of motion. Replaces; Active Games, Mini Putt, Bean Bag Toss, etc.

### Express Yourself

Honours creativity and creates a supportive environment for residents to explore and express themselves. Replaces; Crafts or anything creative.

### Soothing Sensations

A program that focuses on sensory enrichment. Replaces; Sensory programming

### For the Soul

Spiritual programs that connect us to others. Replaces; Spiritual programs, Gratitude Circles, & Joke programs.