Sunday Monday Tuesday Wednesday Thursday Friday Saturday

AUGUST

Dunlop Neighbourhood



WILFRED SCHLEGEL

Monday, August 4

This day kicks off a month of giving back to the community.

9:30 Soothing sensations-T 10:00 In the Kitchen-CK 11:00 Stepping out-T 2:30 3:00 Stepping out T 10:00 For the Fun of fit-OA 11:00 Stepping out-T 2:30 Popsicle social L 3:45 Movie OA

9:45 Church service-TH 10:35 Neighbourhood Time 11:00 You & I-T 2:30 Circle of Friends-CK 3:45 Movie OA	4 WILFRED SCHLEGEL DAY 12:00 Assisting in dining room 2:45 Neighborhood time 3:30 Movie OA 6:16 Ice Cream Social L	10:00 Nieghbourhood time 11:00 Stepping out T 2:30 Music Therapy OA 3:45 Movie OA 6:30 Bingo CC	9:00 Musical Moment OA 11:00 Bible Study W/ Pastor Rob -L 2:30 Neighbourhood time 6:30 Pub Night with Mike Barnes MS	9:00 Musical Moment OA 11:00 Bible Study W/ Pastor Rob -L 2:30 Neighbourhood time 6:30 Active Games-MS	9:30 Soothing sensations-T 10:00 In the Kitchen-CK 11:00 Stepping out-T 2:30 Brain & Banter-CK 3:00 Stepping out T	10:00 For the Fun of fit-OA 11:00 Stepping out-T 2:30 Brain & banter-CK 3:45 Movie OA
9:45 Church service-TH 10:35 Neighbourhood Time 11:00 You & I-T 2:30 Circle of Friends-CK 3:45 Movie OA	11 12:00 Assisting in dining room 2:45 Neighborhood time 3:30 Movie OA 6:16 Ice Cream Social L	10:00 Nieghbourhood time 11:00 Stepping out 2:30 Music Therapy OA 3:45 Movie OA 6:30 Musical moments FC CC	9:00 Musical Moment OA 11:00 Bible Study W/ Pastor Rob -L 2:30 Birthday Party Entertainment MS 6:30 Active Games-MS	9:00 Musical Moment OA 11:00 Bible Study W/ Pastor Rob -L 2:30 Neighbourhood time 6:30 Active Games-MS	9:30 Soothing sensations-T 10:00 Catholic Mass TH 10:00 In the Kitchen-CK 11:00 Stepping out-T 2:30 Brain & Banter-CK 3:00 Stepping out T	10:00 For the Fun of fit-OA 11:00 Stepping out-T 2:30 Trivia CC 2:30 Brain & banter-CK 3:45 Movie OA
17	18	19	20	21	22	23
9:45 Church service-FC 10:35 Neighbourhood Time 11:00 You & I-T 2:30 Circle of Friends-CK 3:45 Movie OA	12:00 Assisting in dining room 2:45 Neighborhood time 3:30 Movie OA 6:16 Ice Cream Social L	10:00 Nieghbourhood time 11:00 Stepping out T 2:30 Music Therapy OA 3:45 Movie OA 6:30 Bingo CC	9:00 Musical Moment OA 11:00 Bible Study W/ Pastor Rob -L 2:30 Peach social entertainment MS 6:30 Active Games-MS	9:00 Musical Moment OA 11:00 Bible Study W/ Pastor Rob -L 2:30 Neighbourhood time 6:30 Active Games-MS	9:30 Soothing sensations-T 10:00 In the Kitchen-CK 11:00 Stepping out-T 2:30 Brain & Banter-CK 3:00 Stepping out T	10:00 For the Fun of fit-OA 11:00 Stepping out-T 2:30 Java Music Club CK 2:30 Brain & banter-CK 3:45 Movie OA

31

9:45 Church service-FC 10:35 Neighbourhood Time 11:00 You & I-T 2:30 Circle of Friends-CK 3:45 Movie OA



Legend

C—Chapel
TH—Town Hall
MS- Main Street
TS—Town Square

OA—Open Area BP— Back
L—Library FC—Fitnes
FC- Fitness Center MFC — Mac
CC — Community Center T— Travel

BP— Back Patio
FC—Fitness Centre
MFC — Main Floor Café
T. Travel

— Outing—Resident Run Program

— Resident Run Program
 — Off the Neighbourhood

Note/Announcement:
Please see back of
calendar for Program

Descriptions.

AUGUST

Living In My Today Program Descriptions

Our emphasis is on developing relationships, while the experience of those living with dementia forms the foundation of The Five Pillars of LIVING in My Today.

The Five Pillars

Meaningful and Active Engagement; Enjoyable Mealtimes; Empowered Care Partners; Thoughtful Design; Supportive Approaches to Care.

New Program Descriptions

We are now using broad program names on our calendars to maintain flexibility and ensure engagement for all residents. This approach keeps programming dynamic, inclusive, and responsive to the community's evolving needs.

New Program Descriptions Neighbourhood Time

• Neighbourhood time sets up shared living spaces with resources to catch resident's attention and invite them to give them a try.

In The Kitchen

Creates moments of opportunity for reminiscence, learning, and fellowship through its recognition that the kitchen is not only used to prepare and consume food.

Replaces; Baking, cooking, etc.

Circle of Friends

Creates intentional opportunities for residents to cultivate new connections in a supportive environment that promotes shared experiences and camaraderie. Replaces; Tea & Chats, News & Views, etc.

Brains & Banter

A stimulating and social activity, combining engaging brain games with lively conversation. Replaces; Trivia, Word Games, & Puzzles.

Musical Moments

Supports residents to engage with music in meaningful ways. Replaces; Music on Demand, Sing-Alongs, etc.

New Program Descriptions Stepping Out

A guided walk that supports residents to enjoy the outdoors and village community. Replaces; Walk & Talks, Walks on Main Street, etc.

You & I

Replaces One to One & Friendly Visits

For the Fun of Fit

Fitness activities that focus on having fun and building relationships, while also challenging hand-eye coordination, balance, and range of motion. Replaces; Active Games, Mini Putt, Bean Bag Toss, etc.

Express Yourself

Honours creativity and creates a supportive environment for residents to explore and express themselves. Replaces; Crafts or anything creative.

Soothing Sensations

A program that focuses on sensory enrichment. Replaces; Sensory programming

For the Soul

Spiritual programs that connect us to others. Replaces; Spiritual programs, Gratitude Circles, & Joke programs.