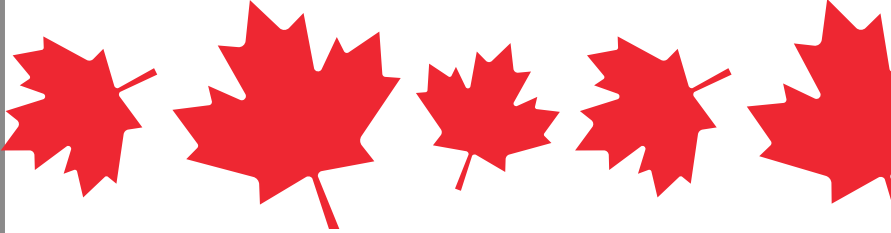



JULY

Dunlop Neighbourhood

- Legend**
C—Chapel
TH—Town Hall
FC-- Fitness Center
TS—Town Square
CC--Community Center
- FT-- Travel
L—Library
EMS-- Main Street
OA-- Open Area
- BP— Back Patio
FC—Fitness Centre
MFC — Main Floor Café
PC—Patio Courtyard
- — Outing
◆ —Resident Run Program
■ — Off the Neighbourhood

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Canada Day 10:00 Nieghbourhood time OA 11:00 Raising of the Flag 12:00 BBQ-DR 2:00 Canada Day Entertainment-MS	2 9:00 Musical Moment OA 11:00 Bible Study W/ Pastor Rob -L 2:30 Neighbourhood time 6:30 Active Games-MS	3 9:00 Manicures CK 11:00 Music W Pastor Rob OA 2:15 Neighbourhood Time OA 6:30 Movie OA	4 9:30 Soothing sensations-T 10:00 In the Kitchen-CK 11:00 Stepping out-T 2:30 Brain & Banter-CK 3:00 Stepping out T	5 10:00 For the Fun of fit-OA 11:00 Stepping out-T 2:30 Trivia CC 2:30 Brain & banter-CK
6 9:45 Church service-TH 10:35 Neighbourhood Time 11:00 You & I-T 2:30 Circle of Friends-CK	7 12:00 Assisting in dining room 2:45 Neighborhood time 3:30 Movie OA 6:16 Ice Cream Social L	8 10:00 Nieghbourhood time OA 11:00 Stepping out T 2:15 For the fun of fit OA 3:45 Movie OA 6"30 Bingo OA	9 9:00 Musical moments OA 11:00 Bible study L For the soul 6:30 Pub night w/ Ryan Andrews-MS	10 9:00 Manicures CK 11:00 Music W Pastor Rob OA 2:15 Neighbourhood Time OA 6:30 Movie OA	11 9:30 Soothing sensations-T 10:00 In the Kitchen-CK 11:00 You & I-T 2:30 Brain & Banter-CK 3:00 Stepping out T	12 9:00 Nieghbourhood time 11:00 Musical moment OA 2:15 Circle of friends OA 3:45 Movie OA
13 9:45 Church service-TH 2:15 In the kitchen 3:45 Move OA	14 12:00 Assisting in dining room 2:30 Country Drive (Sign up only) 2:45 Nieghbourhood time 3:30 Movie OA 6:15 Ice cream social L	15 10:00 Nieghbourhood time 11:00 Circle of friend CK 2:30 3:45 Movie OA 6:30 Bingo CC	16 9:00 Musical moments OA 11:00 Bible study L For the soul 6:30 Pub night w/ Ryan Andrews-MS	17 9:00 Manicures CK 11:00 Music W Pastor Rob OA 2:15 Neighbourhood Time OA 6:30 Movie OA	18 9:30 Soothing sensations-T 10:00 Catholic Mass-TH 11:00 Brain & Banter-CK 2:30 Resident Council-FC 3:00 Stepping Out	19 10:00 You & I-T 11:00 Brain & banter-CK 2:30 Bingo - FC
20 9:45 Church service-TH 10:35 Neighbourhood Time 11:00 You & I-T 2:30 Ice cream float-L 3:45 Movie OA	21 12:00 Assisting in dining room 2:45Nieghbourhood time 3:30 Movie OA 6:15 Ice cream Social L	22 10:00 Nighbourhood time 10:am Windreach farm outing (Sign up Only) 2:15 Brains & Banter 3:45 Movie OA 6:30 Bingo CC	23 9:00 Musical moments OA 11:00 Bi study L 2:30 Watermelon social Entertainment MS 6:30 Active games -MS	24 9:00 Manicures CK 11:00 Music W Pastor Rob OA 2:30 Celebration of life TH 2:15 Neighbourhood Time OA 6:30 Movie OA	25 9:30 Soothing sensations-T 10:00 In the Kitchen-CK 11:00 You & I-T 2:30 Brain & Banter-CK 3:00 Stepping out	26 9:00 Nieghbourhood time 11:00 Musical moment OA 2:15 Circle of friends OA 3:45 Movie OA
27 9:45 Church service-TH 11:00 Neighborhood time 2:15 In the kitchen	28 12:00 Assisting in dining room 2:30 Stepping out 3:45 Movie OA 6:15 Ice cream social L	29 10:00 Nighbourhood time 11:00 Stepping out T 2:15:00 Express your self CK 3:45 Movie OA 6:30 Bingo CC	30 9:00 Musical Moments OA 11:00 Bibel study 2:30 Birthday party w/Corby Leigh Kemp-MS 6:30 Active Games-MS	31 9:00 Manicures CK 11:00 Music W Pastor Rob OA 2:15 Neighbourhood Time OA 6:30 Movie OA		

JULY

Living In My Today Program Descriptions

Our emphasis is on developing relationships, while the experience of those living with dementia forms the foundation of The Five Pillars of LIVING in My Today.

The Five Pillars

Meaningful and Active Engagement;
Enjoyable Mealtimes;
Empowered Care Partners;
Thoughtful Design;
Supportive Approaches to Care.

New Program Descriptions

We are now using broad program names on our calendars to maintain flexibility and ensure engagement for all residents. This approach keeps programming dynamic, inclusive, and responsive to the community's evolving needs.

New Program Descriptions Neighbourhood Time

- Neighbourhood time sets up shared living spaces with resources to catch resident's attention and invite them to give them a try.

In The Kitchen

Creates moments of opportunity for reminiscence, learning, and fellowship through its recognition that the kitchen is not only used to prepare and consume food. Replaces; Baking, cooking, etc.

Circle of Friends

Creates intentional opportunities for residents to cultivate new connections in a supportive environment that promotes shared experiences and camaraderie. Replaces; Tea & Chats, News & Views, etc.

Brains & Banter

A stimulating and social activity, combining engaging brain games with lively conversation. Replaces; Trivia, Word Games, & Puzzles.

Musical Moments

Supports residents to engage with music in meaningful ways. Replaces; Music on Demand, Sing-Alongs, etc.

New Program Descriptions Stepping Out

A guided walk that supports residents to enjoy the outdoors and village community. Replaces; Walk & Talks, Walks on Main Street, etc.

You & I

Replaces One to One & Friendly Visits

For the Fun of Fit

Fitness activities that focus on having fun and building relationships, while also challenging hand-eye coordination, balance, and range of motion. Replaces; Active Games, Mini Putt, Bean Bag Toss, etc.

Express Yourself

Honours creativity and creates a supportive environment for residents to explore and express themselves. Replaces; Crafts or anything creative.

Soothing Sensations

A program that focuses on sensory enrichment. Replaces; Sensory programming

For the Soul

Spiritual programs that connect us to others. Replaces; Spiritual programs, Gratitude Circles, & Joke programs.