

JULY

Erindale Place & Sheridan Way

Legend

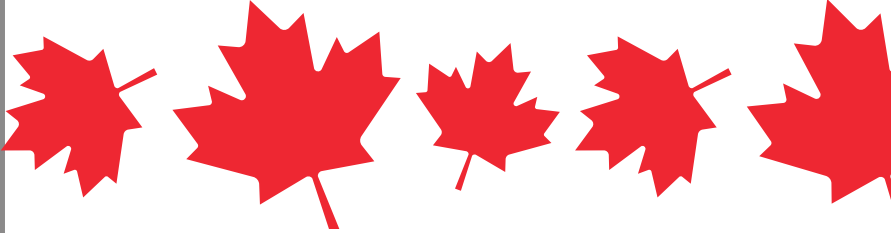

AR- Activity Room

CQ- Crooked-Q

HZL-Hazel Lane Neighbourhood

CY- Courtyard - Out the Back

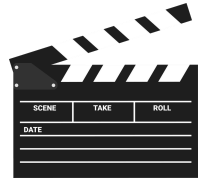
FP- Front Porch- by the Main Entrancce

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Canada Day 10:30 Picture BINGO 2:30 Canada Day Party- CQ Entertainment- James Cormier 6:30 Travelogue	2 10-12 Virtual Reality Experience- AR 1:30 Dog visits 2:30 Pursuit of Passions prep 3:00 Group Exercise 6:30 Manicures	3 10:30 Group Exercise-CQ 2:30 Pursuit of Passions prep - AR 6:00 Stepping Out	4 10:30 Group Exercise-CQ 2:30 Pursuit of Passions prep - AR	5 10:30 Fun 'n' Fitness 2:30 BINGO 6:30 Movie Night- Canadian Bacon
6 10:30 Church Service 11:00 Hymn Sing 2:30 Pursuit of Passions prep - AR 6:30 Neighborhood Time	7 10:30 Manicures 2:30 Arm Chair Travel- Canada 6:30 Word Connect	8 Freezer Pop Day 10:30 Group Exercise-CQ 2:30 Stepping out	9 10:30 Gardening 2:30 Pursuit of Passions Event- AR 3:00 Group Exercise 6:30 Stepping Out	10 10:30 Group Exercise-CQ 2:30 Express Yourself 6:00 Manicures	11 10:30 Group Exercise-CQ 2:30 Pursuit of Passions prep - AR 6:30 Hangman	12 10:30 Chuck the Duck 2:30 BINGO 4:00 Stepping out
13 10:30 Church Service 11:00 Hymn Sing 2:30 Pursuit of Passions prep - AR	14 10:30 Chair Yoga-CQ 2:30 Flower Arranging 6:30 Word Connect	15 10:30 Group Exercise 2:30 RC Communion- AR 6:30 Travelogue	16 10:30 Art Class-AR 2:30 Pursuit of Passions prep - AR 3:00 Group Exercise 6:30 Manicures	17 10:30 Group Exercise-CQ 2:30 Baking-AR 6:00 Stepping Out	18 10:30 Group Exercise-CQ 2:30 BINGO	19 10:30 Balloon Tennis 2:30 High Tea Social-CQ 6:30 Neighborhood Time
20 Ice Cream Day 10:30 Church Service 11:00 Hymn Sing 2:30 EML's Ice-cream Parlor 6:30 Friendly Visits	21 10:30 Chair Yoga-CQ 2:30 Pursuit of Passions prep - AR 6:30 Word Connect	22 10:30 Group Exercise-CQ 2:30 Birthday Party with Jack Garson-CQ	23 Pursuit of Passions Event 10:30 Neighborhood time 2:30 Pursuit of Passions Event- AR 3:00 Group Exercise 6:30 Stepping Out	24 Self Care Day 10:30 Group Exercise-CQ 2:30 Spa Afternoon 6:00 Manicures	25 10:30 Group Exercise-CQ 2:30 Arm-Chair Travel- USA 6:30 Hangman	26 10:30 Java Music Club 2:30 Movie & Popcorn
27 10:30 Church Service 11:00 Hymn Sing 2:30 Stepping out	28 10:30 Art Class- AR 2:30 Manicures 6:30 Word Connect	29 10:30 Group Exercise-CQ 2:30 Hands on Exotics- CQ 6:30 Travelogue	30 International Day of Friendship 10:30 Chair Yoga-CQ 2:15 Card Making 3:00 Group Exercise 6:30 Manicures	31 10:30 Group Exercise-CQ 1:30 Dog visits 2:30 Resident Council & Food Committee Meeting-CQ 6:00 Stepping out		

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Popcorn and Movie



July

July 5 (EP/SW) - Canadian Bacon

July 10 (HZL) - Book club: The next chapter

July 18 (HZL) - About My Father

July 26 (EP/SW)- Instant Family

July 28 (HZL)- Irish Wish

We are proud to be Canadian



Five defining elements of Canadian culture include: Multiculturalism and diversity, Emphasis on politeness and respect, A strong sense of community and social responsibility, Love for nature and outdoor activities, and The importance of sports, particularly hockey and lacrosse.



Traditional Indigenous art comes in many forms, from moose hair embroidery, painted caribou hide coats, and deer hide moccasins to porcupine quillwork on birch bark, burden straps of twined hemp, intricate beadwork, and colorful paintings.

