

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

AUGUST

EMMAS



WILFRED SCHLEGEL *Day*
Monday, August 4
 This day kicks off a month of giving back to the community.

1
 10:00 Neighbourhood Time
 11:00 Patio Buddies
 2:00 Express yourself
 3:30 Brains and Banter

2
 0:00 Neighbourhood Time
 11:00 Circle of Friends
 2:00 Bingo
 3:00 For the Fun of Fit

3
 10:00 Neighbourhood Time
 11:00 Patio Buddies
 2:00 Movies and treat
 3:00 Brains and Banter

4 WILFRED SCHLEGEL DAY
 10:00 Neighbourhood Time
 2:00 Wilfred Schlegel Day event
 2:30 SMART Exercise
 6:30 Soothing Sensation

5
 10:00 Neighbourhood Time
 11:00 For the Spirit
 2:00 Manicures
 3:00 Stepping Out
 4:00 Hymns Sing-a-long

6
 10:00 Neighbourhood Time
 10:30 Catholic Mass
 11:00 Musical Moments
 2:00 For the Soul
 2:00 Entertainment
 3:00 For the Fun of Fit

7
 11:00 PAL exercise
 2:00 In the Kitchen
 3:00 Stepping Out
 3:45 Entertainment
 5:00 BBQ on Emmas

8
 10:00 Neighbourhood Time
 11:00 Patio Buddies
 1:30 Outing
 3:30 Social

9
 10:00 Neighbourhood Time
 11:00 Circle of Friends
 2:00 Bingo
 3:00 For the Fun of Fit

10
 10:00 Neighbourhood Time
 11:00 Patio Buddies
 2:00 Movies and treat
 3:00 Brains and Banter

11
 10:00 Neighbourhood Time
 2:30 SMART Exercise
 3:00 Bingo
 6:30 Soothing Sensation

12 TIMBITS TUESDAY
 10:00 Neighbourhood Time
 11:00 For the Spirit
 2:00 Manicures
 3:00 Stepping Out
 4:00 Hymns Sing-a-long

13
 10:00 Neighbourhood Time
 10:30 Lutheran Comm.
 11:00 In the Kitchen
 2:00 For the Soul
 3:00 For the Fun of Fit
 3:45 Musical Moments

14
 9:30 Outing
 11:00 PAL exercise
 2:00 Circle of Friends
 3:00 Patio Buddies
 6:00 Reading Circle

15
 10:00 Neighbourhood Time
 11:00 Express Yourself
 2:00 Brains and Banter
 3:30 Stepping Out

16
 0:00 Neighbourhood Time
 11:00 Circle of Friends
 2:00 Bingo
 3:00 For the Fun of Fit

17
 10:00 Neighbourhood Time
 11:00 Patio Buddies
 2:00 Movies and treat
 3:00 Brains and Banter

18
 10:00 Neighbourhood Time
 1:30 Outing
 2:30 SMART Exercise
 6:30 Soothing Sensation

19
 10:00 Neighbourhood Time
 11:00 For the Spirit
 2:00 Manicures
 3:00 Stepping Out
 4:00 Hymns Sing-a-long

20
 10:00 Neighbourhood Time
 11:00 In the Kitchen
 2:00 Multicultural Festival
 3:00 For the Fun of Fit
 3:45 Musical Moments

21
 10:00 Neighbourhood Time
 11:00 PAL exercise
 2:00 Entertainment
 3:00 Stepping Out

22
 10:00 Neighbourhood Time
 11:00 Patio Buddies
 1:30 In the Kitchen
 3:30 Social

23
 0:00 Neighbourhood Time
 11:00 Circle of Friends
 2:00 Bingo
 3:00 For the Fun of Fit

24
 10:00 Neighbourhood Time
 11:00 Patio Buddies
 2:00 Movies and treat
 3:00 Brains and Banter

25
 10:00 Neighbourhood Time
 2:30 SMART Exercise
 3:00 Bingo
 6:30 Soothing Sensation

26
 10:00 Neighbourhood Time
 11:00 For the Spirit
 2:00 Entertainment
 3:00 Manicures

27
 10:00 Neighbourhood Time
 10:30 Protestant Comm.
 10:45 Zumba
 2:00 For the Soul
 3:00 For the Fun of Fit
 3:45 Musical Moments

28
 10:00 Neighbourhood Time
 11:00 PAL exercise
 1:30 Outing
 3:00 Stepping Out
 6:00 Reading Circle

29
 10:00 Neighbourhood Time
 11:00 Patio Buddies
 1:30 In the Kitchen
 3:30 Social

30
 0:00 Neighbourhood Time
 11:00 Circle of Friends
 2:00 Bingo
 3:00 For the Fun of Fit

31
 10:00 Neighbourhood Time
 11:00 Patio Buddies
 2:00 Movies and treat
 3:00 Brains and Banter



● — Outing
 ◆ — Resident Run Program
 ■ — Off the Neighbourhood

AUGUST

SPECIAL EVENTS

- Wilfred Schlegel day event on August 4th from 2pm-4pm.
- BBQ on Emmas on 7th August at 5:00pm.
- Timbits Tuesday on 12th August.
- Multicultural Festival on 20th August at 2:00pm.
- Kevin Coates performance on 21st August at 2:00pm
- Tom Denomme performance on Emmas at 2:00pm on 26th August .
- Zumba Classes on 27th August at 10:45am.

OUTINGS

- **July** 8th at 1:30pm- Dairy Queen- Fairview Mall
- July 14th at 1:30pm - Country Drive
- July 22nd at 1:30pm - Walk on a trail.
- July 28th at 1:30pm - St Jacob Market.

VENDORS

- Vicky's Jem's & Jewels in the library on August 7th from 11:00am to 3:00 pm in library.
- Card workshop in the hobby shop on August 11th from 10:00am.
- Factory Shoes Kitchener in the library on August 13th from 10:00am to 3:00pm.
- Platteville Paperwork is in the library on August 20th from 10:00am to 2:00pm.

SPIRITUAL EVENTS

- Church Service is offered every First Sunday at 10:30am in John Sweeney and the Second Sunday at 2:30pm in the John Sweeney.
- For the Spirit is offered every Tuesday at 11:00am
- For the Soul is offered every Wednesday mornings at 2:00 pm