



# AUGUST

## Emma's Neighbourhood


<b>Legend</b>		
C—Chapel	FE—Front Entrance	BP— Back Patio
TH—Town Hall	L—Library	FC—Fitness Centre
MF— Main Floor	EM—Emma's	MFC — Main Floor Café
TS—Town Square	HS—Hobby Shop	PC—Patio Courtyard
SC—Social Club		

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div></div> <div><div><div>WILFRED SCHLEGEL</div><div>Monday, August 4</div></div><div>Day</div><div><div>This day kicks off a month of giving back to the community. #WilfredSchlegelDay</div></div></div>					<div>1</div> <div>930am Neighbourhood Time 11:00am Circle of Friends 1:30pm Neighbourhood Time 2:15pm Express Yourself 3:00 Ball Fitness- k 3:30pm Resource Gathering and collection</div>	<div>2</div> <div>930am Neighbourhood Time 11:00am Circle of Friends 1:30pm Neighbourhood Time 2:30pm Bingo 4:00pm Watering and Enjoying the Gardens</div>
<div>3</div> <div>930am Neighbourhood Time 11:00am Virtual Church Service 1:30pm Neighbourhood Time 2:30pm Bean Bag Toss 4:00pm Stepping Out</div>	<div>4</div> <div>WILFRED SCHLEGEL DAY Week 1 Theme: Gardening  930am Neighbourhood Time 10:30am Watering and Enjoying the Gardens 1:30pm Neighbourhood Time 2:30pm Pub Cart 3:00pm Walking Club with PAL 4:00pm Bingo</div>	<div>5</div> <div>930am Neighbourhood Time 11:00am Brain and Banter 1:30pm Neighbourhood Time 2:15pm For the Soul 3:00pm Emma's Fitness- K 3:30pm Manicures 4:15pm You and me</div>	<div>6</div> <div>1:00pm Neighbourhood Time 1:30pm Circle of Friends 2:30pm Dance Social 4:15pm You and me 6:05pm Movie Night</div>	<div>7</div> <div>930am Neighbourhood Time 10:30am Watering and Enjoying the Gardens 1:30pm Neighbourhood Time 2:30pm Musical Moments (Sing Along) 3:00pm Balloon Volleyball 4:00pm You and me</div>	<div>8</div> <div>930am Neighbourhood Time 11:00am Circle of Friends 1:30pm Neighbourhood Time 2:15pm Express Yourself 3:00 Ball Fitness- k 3:30pm Resource Gathering and collection</div>	<div>9</div> <div>930am Neighbourhood Time 11:00am Circle of Friends 1:30pm Neighbourhood Time 2:30pm Bingo 4:00pm Watering and Enjoying the Gardens</div>
<div>10</div> <div>1:00pm Neighbourhood Time 2:00pm Virtual Church Service 2:30pm Bean Bag Toss 4:00pm Stepping Out 6:00 Neighbourhood Time</div>	<div>11</div> <div>Week 2 Theme: Bees  930am Neighbourhood Time 10:30am Watering and Enjoying the Gardens 1:30pm Neighbourhood Time 2:30pm Pub Cart 4:00pm Bingo</div>	<div>12</div> <div>930am Neighbourhood Time 11:00am Brain and Banter 1:30pm Neighbourhood Time 2:15pm For the Soul 3:00pm Emma's Fitness-K 3:30pm Manicures 4:15pm You and me</div>	<div>13</div> <div>1:00am Neighbourhood Time 1:30am Circle of Friends 2:30pm Entertainment with John Pebble 4:15pm You and me 6:05pm Movie Night</div>	<div>14</div> <div>930am Neighbourhood Time 10:30am Watering and Enjoying the Gardens 1:30pm Neighbourhood Time 2:30pm Musical Moments (Sing Along) 3:00pm Balloon Volleyball 4:00pm You and me</div>	<div>15</div> <div>930am Neighbourhood Time 11:00am Circle of Friends 1:30pm Neighbourhood Time 2:15pm Express Yourself 3:30pm Resource Gathering and collection</div>	<div>16</div> <div>930am Neighbourhood Time 11:00am Circle of Friends 1:30pm Neighbourhood Time 2:30pm Bingo 4:00pm Watering and Enjoying the Gardens</div>

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<b>17</b> 930am Neighbourhood Time 11:00am Virtual Church Service 1:30pm Neighbourhood Time 2:30pm Bean Bag Toss 4:00pm Stepping Out	<b>18</b> Week 3 Theme: Summer 930am Neighbourhood Time 10:30am Watering and Enjoying the Gardens 1:30pm Neighbourhood Time 2:30pm Pub Cart 3:00pm Walking Club with PAL 4:00pm Bingo	<b>19</b> 930am Neighbourhood Time 11:00am Brain and Banter 1:30pm Neighbourhood Time 2:15pm For the Soul 3:00pm Emma’s Fitness- K 3:30pm Manicures 4:15pm You and me	<b>20</b> 1:00pm Neighbourhood Time 1:30pm Circle of Friends 2:30pm Dance Social 4:15pm You and me 6:05pm Movie Night	<b>21</b> 930am Neighbourhood Time 10:30am Watering and Enjoying the Gardens 1:30pm Neighbourhood Time 2:30pm Musical Moments (Sing Along) 3:00pm Balloon Volleyball 4:00pm You and me	<b>22</b> 930am Neighbourhood Time 11:00am Circle of Friends 1:30pm Neighbourhood Time 2:15pm Express Yourself 3:30pm Resourse Gathering and collection	<b>23</b> 930am Neighbourhood Time 11:00am Circle of Friends 1:30pm Neighbourhood Time 2:30pm Bingo 4:00pm Watering and Enjoying the Gardens
<b>24</b> 1:00pm Neighbourhood Time 2:00pm Virtual Church Service 2:30pm Bean Bag Toss 4:00pm Stepping Out 6:00 Neighbourhood Time	<b>25</b> Week 4 Theme: Butterflies  930am Neighbourhood Time 10:30am Watering and Enjoying the Gardens 1:30pm Neighbourhood Time 2:30pm Pub Cart 3:00pm Walking Club with PAL 4:00pm Bingo	<b>26</b> 930am Neighbourhood Time 11:00am Brain and Banter 1:30pm Neighbourhood Time 2:15pm For the Soul 3:30pm Manicures 4:15pm You and me	<b>27</b> 1:00pm Neighbourhood Time 1:30pm Circle of Friends 2:30pm Dance Social 3:00pm Emma’s Fitness- K 4:15pm You and me 6:05pm Movie Night	<b>28</b> 930am Neighbourhood Time 10:30am Watering and Enjoying the Gardens 1:30pm Neighbourhood Time 2:30pm Musical Moments (Sing Along) 3:00pm Balloon Volleyball 4:00pm You and me	<b>29</b> 930am Neighbourhood Time 11:00am Circle of Friends 1:30pm Neighbourhood Time 2:15pm Express Yourself 3:30pm Resourse Gathering and collection	<b>30</b> 930am Neighbourhood Time 11:00am Circle of Friends 1:30pm Neighbourhood Time 2:30pm Bingo 4:00pm Watering and Enjoying the Gardens
<b>31</b> 930am Neighbourhood Time 11:00am Virtual Church Service 1:30pm Neighbourhood Time 2:30pm Bean Bag Toss 4:00pm Stepping Out						

# AUGUST

## Living In My Today Program Descriptions

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Our emphasis is on developing relationships, while the experience of those living with dementia forms the foundation of The Five Pillars of LIVING in My Today.

### The Five Pillars

- Meaningful and Active Engagement;
- Enjoyable Mealtimes;
- Empowered Care Partners;
- Thoughtful Design;
- Supportive Approaches to Care.

### New Program Descriptions

We are now using broad program names on our calendars to maintain flexibility and ensure engagement for all residents.

This approach keeps programming dynamic, inclusive, and responsive to the community's evolving needs.

## New Program Descriptions

### Neighbourhood Time

Neighbourhood time sets up shared living

- spaces with resources to catch resident's attention and invite them to give them a try.

### In The Kitchen

Creates moments of opportunity for

- reminiscence, learning, and fellowship through its recognition that the kitchen is not only used to prepare and consume food. Replaces; Baking, cooking, etc.

### Circle of Friends

Creates intentional opportunities for residents

- to cultivate new connections in a supportive environment that promotes shared experiences and camaraderie. Replaces; Tea & Chats, News & Views, etc.

### Brains & Banter

A stimulating and social activity, combining

- engaging brain games with lively conversation. Replaces; Trivia, Word Games, & Puzzles.

### Musical Moments

Supports residents to engage with music in

- meaningful ways. Replaces; Music on Demand, Sing-Alongs, etc

## New Program Descriptions

### Stepping Out

- A guided walk that supports residents to enjoy the outdoors and village community. Replaces; Walk & Talks, Walks on Main Street, etc.

### You & I

- Replaces One to One & Friendly Visits

### For the Fun of Fit

- Fitness activities that focus on having fun and building relationships, while also challenging hand-eye coordination, balance, and range of motion. Replaces; Active Games, Mini Putt, Bean Bag Toss, etc.

### Express Yourself

- Honours creativity and creates a supportive environment for residents to explore and express themselves. Replaces; Crafts or anything creative.

### Soothing Sensations

- A program that focuses on sensory enrichment. Replaces; Sensory programming

### For the Soul

- Spiritual programs that connect us to others. Replaces; Spiritual programs, Gratitude Circles, & Joke programs