



JULY

Hazel Lane

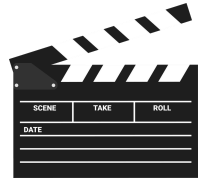
Legend
AR- Activity Room
CQ- Crooked-Q
EP/SW- Erindale Place & Sheridan Way Neighbourhood
CY- Courtyard - Out the Back
FP- Front Porch- by the Main Entrancce

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Canada Day 10:30 DIY Canada Flag Making 1:10 Manicures 2:30 Canada Day Party- CQ Entertainment- James Cormier	2 10-12 Virtual Reality Experience- AR 1:30 Dog visits 2:15 Chair Yoga- CQ 2:30 Pursuit of Passions prep- AR	3 10:30 Group Exercise - CQ 2:30 Pursuit of Passions prep 2:30 Bingo	4 10:30 Group Exercise - CQ 1:00 Ring Toss 2:30 Pursuit of Passions prep- AR 6:30 Jeopardy game	5 National Graham Cracker Day 10:30 Express Yourself 11:00 Friendly Visits 2:30 Sing Along with Susie Q
6 10:30 Church service 11:00 Hymn Sing 2:30 Pursuit of Passions prep- AR	7 Seven Wonders Day 10:00 Trivia 11:00 You and me 2:30 Arm Chair Travel- Canada	8 Freezer Pop Day 10:30 Group Exercise - CQ 1:10 Manicures 2:30 Stepping out 6:30 Documentary	9 10:30 Express Yourself 1:30 Dog visits 2:15 Group Exercise 2:30 Pursuit of Passions prep- AR	10 10:30 Group Exercise - CQ 2:30 Movie and popcorn	11 10:30 Group Exercise - CQ 2:30 Pursuit of Passions prep- AR	12 10:00 Fit for the Fun 11:00 Friendly visits 1:10 Sing-along 2:30 Bingo 6:30 Stepping Out -FP
13 10:30 Church service 11:00 Hymn Sing 1:10 Fun and fitness 2:30 Pursuit of Passions prep- AR 6:30 Stepping out	14 10:30 Chair Yoga-CQ 1:00 Book Club 2:30 Flower Arranging 6:30 Word Connect (EP/SW)	15 10:30 Group Exercise 1:10 Manicures 2:30 RC Communion-AR 6:30 Travelogue	16 10:30 Brains and banters 1:30 Dog Visits 2:15 Group Exercise 2:30 Pursuit of Passions prep - AR	17 10:30 Group Exercise - CQ 2:30 Baking- AR	18 10:30 Group Exercise - CQ 1:00 You and me 2:30 Bocce Ball Tournament 6:30 Movie Night	19 10:30 Neighbourhood Time 2:30 High Tea Social-CQ
20 Ice Cream Day 10:30 Church service 11:00 Hymn Sing 2:30 EML's Ice-cream Parlor	21 10:30 Chair Yoga-CQ 2:30 Pursuit of Passions prep- AR	22 10:30 Group Exercise - CQ 1:30 Birthday Party decoration 2:30 Birthday Party with Jack Garson-CQ 6:30 Pursuit of Passions prep	23 10:00 Neighborhood time 1:30 Dog Visits 2:15 Group Exercise 2:30 Pursuit of Passions Event -	24 Self Care Day 10:30 Group Exercise - CQ 2:30 Spa Afternoon	25 10:30 Group Exercise - CQ 2:30 Arm-Chair Travel- USA	26 10:00 DIY Flower vase making 11:00 Musical Moments 1:10 Shuffle Board (CQ) 2:30 Chair Drumming 6:30 Stepping Out -CY
27 10:30 Church service 11:00 Hymn Sing 1:10 Pool (AR) 2:30 Sip and Chill 6:30 Trivia night	28 10:30 Art Class- AR 2:30 Movie and Popcorn 6:30 Word Connect (ep/sw)	29 10:30 Group Exercise - CQ 1:10 Manicures 2:30 Hands on Exotics- CQ 6:30 Travelogue	30 Day of Friendship 10:30 Friendship card making 10:30 Chair Yoga-CQ 11:00 You and me 1:30 Dog Visits 2:15 Group Exercise 2:30 Circle of friends	31 10:30 Group Exercise - CQ 2:30 Resident Council & Food Committee MTG-CQ 6:00 Stepping out (EP/SW)		

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Popcorn and Movie



July

July 5 (EP/SW) - Canadian Bacon

July 10 (HZL) - Book club: The next chapter

July 18 (HZL) - About My Father

July 26 (EP/SW)- Instant Family

July 28 (HZL)- Irish Wish

We are proud to be Canadian



Five defining elements of Canadian culture include: Multiculturalism and diversity, Emphasis on politeness and respect, A strong sense of community and social responsibility, Love for nature and outdoor activities, and The importance of sports, particularly hockey and lacrosse.



Traditional Indigenous art comes in many forms, from moose hair embroidery, painted caribou hide coats, and deer hide moccasins to porcupine quillwork on birch bark, burden straps of twined hemp, intricate beadwork, and colorful paintings.

